

# Hormonal Therapy In the Setting of CRPC

Leonard G. Gomella, MD  
Chairman  
Department of Urology  
Sidney Kimmel Cancer  
Center  
Philadelphia, PA

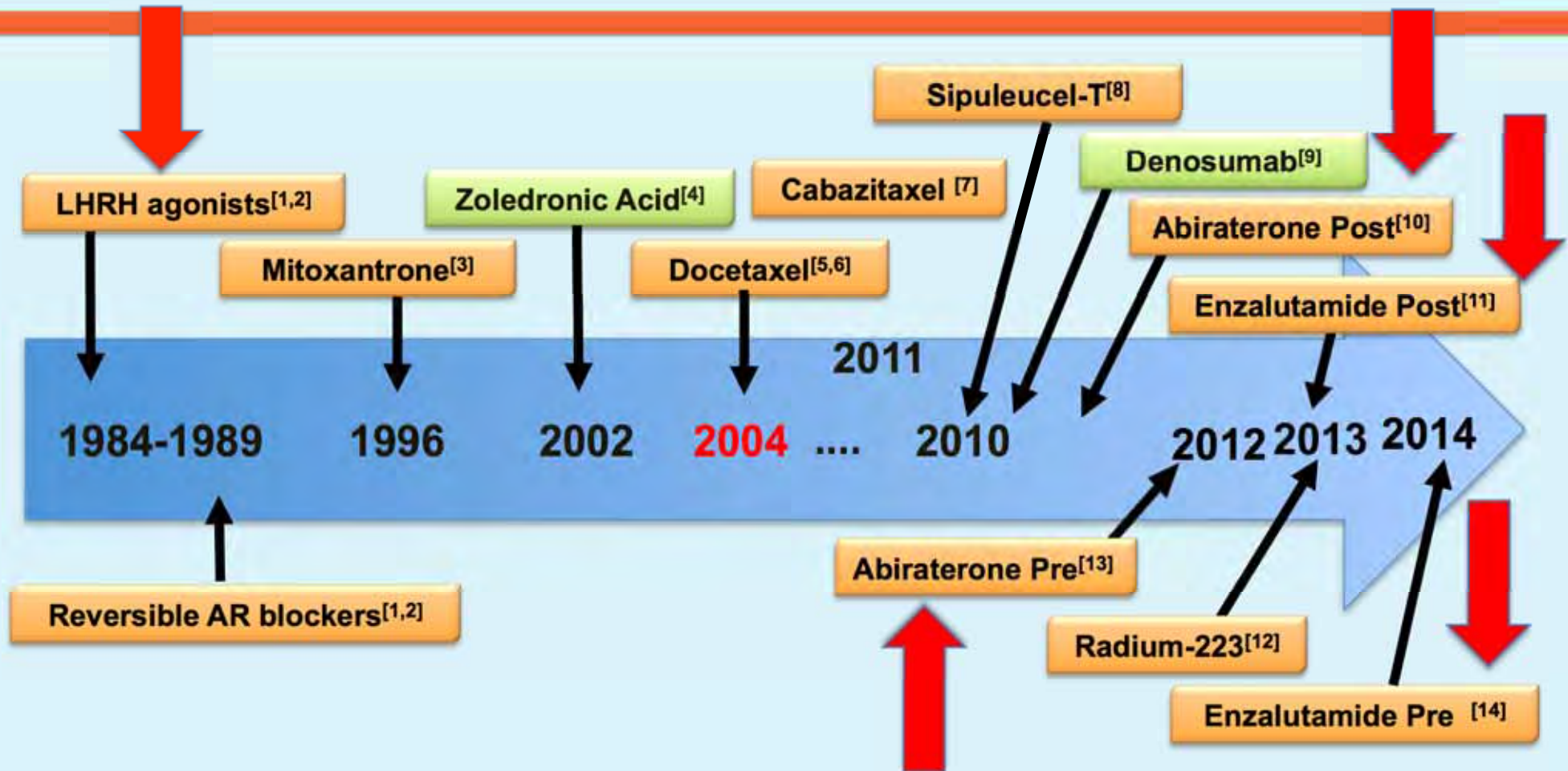


**Jefferson**<sup>™</sup>

HEALTH IS ALL WE DO

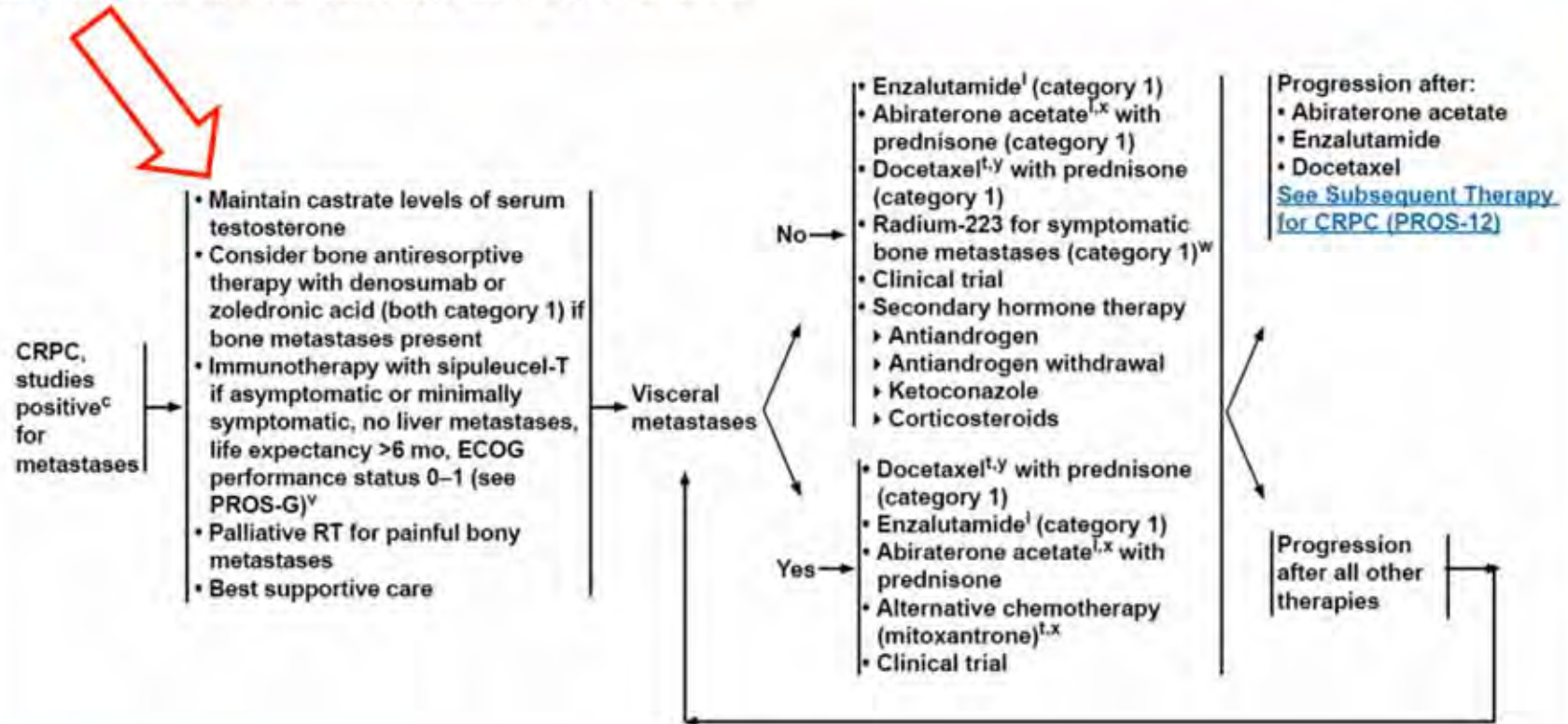


# Before 2010, the last agent approved for the treatment of CRPC was docetaxel



1. The Leuprolide Study Group. NEJM 1984;311:1281-1286. 2. Crawford ED, et al. NEJM. 1989;321:419-424. 3. Tannock IF, et al. J Clin Oncol. 1996;14:1756-1764. 4. Saad F, et al. JNCI 2002;94:1458-1468. 5. Petrylak DP, et al. NEJM. 2004;351:1513-1520. 6. Tannock IF, et al. NEJM. 2004;351:1502-1512. 7. de Bono JS, et al. Lancet. 2010;376:1147-1154. 8. Kantoff PW, et al. NEJM. 2010;363:411-422. 9. Fizazi K, et al. Lancet. 2011;377:813-822. 10. de Bono JS, et al. NEJM. 2011;364:1995-2005. 11. Scher HI, et al. NEJM. 2012 Sep 27;367(13):1187-97. 12. Parker et al. NEJM. 2013;369:213-223. 13. Beer T et al. 2014 ASCO GU San Francisco, CA 14. Beer T NEJM 2014; 371:424-433

ADVANCED DISEASE: FIRST-LINE SYSTEMIC THERAPY FOR CRPC



<sup>c</sup>See Principles of Imaging (PROS-B).

<sup>e</sup>See Principles of Androgen Deprivation Therapy (PROS-F).

<sup>l</sup>See Principles of Immunotherapy and Chemotherapy (PROS-G).

<sup>y</sup>Sipuleucel-T has not been studied in patients with visceral metastases.

<sup>w</sup>Radium-223 is not approved for use in combination with docetaxel or any other chemotherapy. See Principles of Radiation Therapy (PROS-D, page 2 of 2).

<sup>x</sup>For patients who are not candidates for docetaxel-based regimens.

<sup>y</sup>Although most patients without symptoms are not treated with chemotherapy, the survival benefit reported for docetaxel applies to those with or without symptoms. Docetaxel may be considered for patients with signs of rapid progression or visceral metastases despite lack of symptoms.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any cancer patient is in a clinical trial. Participation in clinical trials is especially encouraged.

# Castration-Resistant Prostate Cancer (CRPC)

New Definition: 2 consecutive rises in PSA while on ADT and serum T <50 ng/mL

- Check serum T periodically on ADT

“Androgen resistant”, “androgen independent”, “hormone refractory” terms longer used

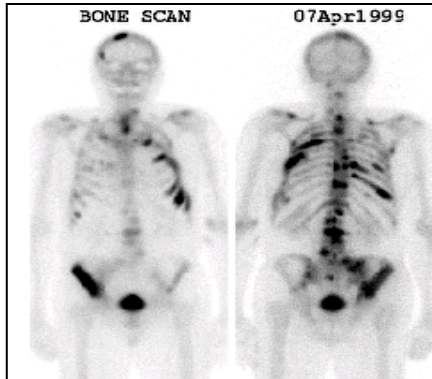
- Prostate cancer in CRPC maintains response to hormonal axis

Do people who have a lower T with ADT do better?

- Some data suggests yes

LHRH agonists, antagonists or surgical castration do not ablate T to the lowest levels possible

# Treatment of Metastatic PC



**Androgen Deprivation  
+/- AR antagonists**

↓  
*Cell Cycle Arrest/Death  
(40/60%)*

**Remission**

↓  
*12-36 months*

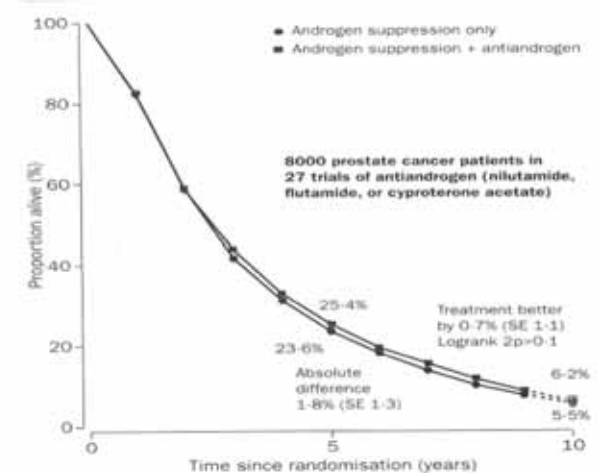
**Relapse**

*Cell Cycle resumes*

**“Castration Resistant” (CRPC)**

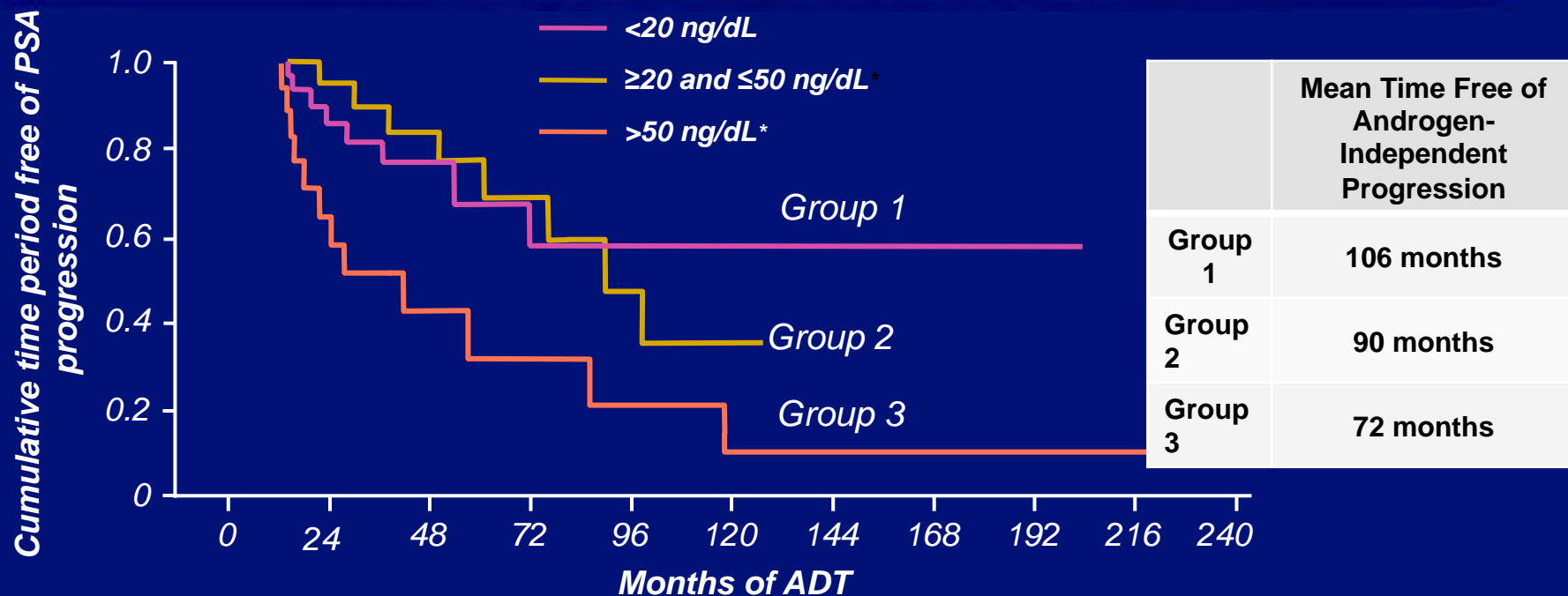
**Agents that re-activate androgen pathways**

Castration +/- Antiandrogen



# Hormone Naïve Disease- Importance of Lower T Levels: A Hypothesis-Generating Analysis From a Retrospective Study

Retrospective analysis of 73 patients with nonmetastatic prostate cancer who received 3-month depot of LHRH agonist



Patients with testosterone levels <32 ng/dL had an average of an additional 4 years until castrate-resistant progression

# Secondary “Hormonal” Therapy:

Responses Rarely Durable

Type of Therapy	Response Rate
<b>Steroids</b>	<b>10%-20%</b>
<b>Ketoconazole</b>	<b>30%-60%</b>
<b>Estrogens</b>	<b>40%-60%</b>
<b>Anti-androgens</b>	<b>20%</b>
<b>Anti-androgen Withdrawal</b>	<b>20% rarely durable</b>

# CRPC Maintains Sensitivity to Low Levels of Androgens

Androgen biosynthesis from adrenal precursors and De novo synthesis

Cells become hypersensitive to small amounts of androgen through alterations in the androgen receptor (AR), including

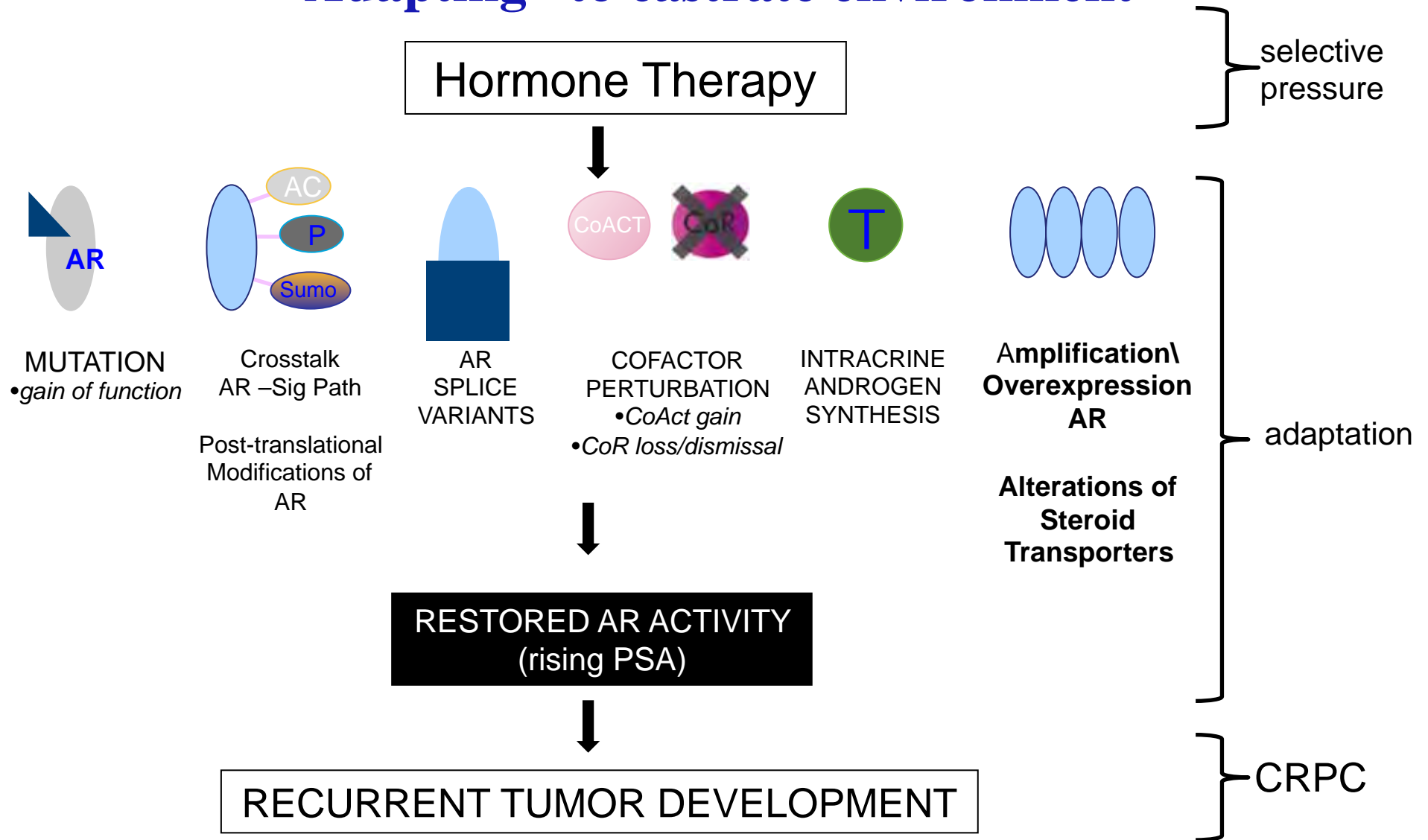
- Increase in the expression of ARs
- Mutations in the AR structure
- Activation of the AR independent of androgens

Reducing androgens to lowest levels possible is desirable in CRPC

1. Chen CD *et al. Nature Med* 2004; 10: 33–39.
2. Taplin ME *et al. J Clin Oncol* 2003; 21: 2673–2678.
3. Pienta KJ *et al. Clin Cancer Res* 2006; 12: 1665–1671




# CRPC Prostate Cancer: “Adapting” to castrate environment



# New Theories for CRPC

Based on Translational Discoveries

- CaP responds to castration by synthesizing androgens from weaker androgens and/or cholesterol
- Androgen Receptor (AR) may respond to castration with molecular and biochemical alterations that cause hypersensitivity to low levels of androgens
  -  AR upregulation/mutations/promiscuous activation
- Progressing prostate cancer with low/castrate levels of testosterone is STILL sensitive to androgens

---

# Newer CRPC "Hormonal Agents"

## (Androgen Biosynthesis Inhibitors/Androgen Receptor Pathway)

FDA Approved\*

- Abiraterone acetate (ABI)\*
- Enzalutamide (MDV3100) (ARSI)\*
- TOK001 (Galeterone: ABI/ARSI/AR degradation)
- ARN 509 (ARSI)
- EPI-001 (AR N-Terminal)
- SNARE-1 (selective nuclear receptor exporter-1)

Terminated:

- TAK700 (Orteronel: ABI) (ELM-PC4 pre chemo no survival advantage)
-

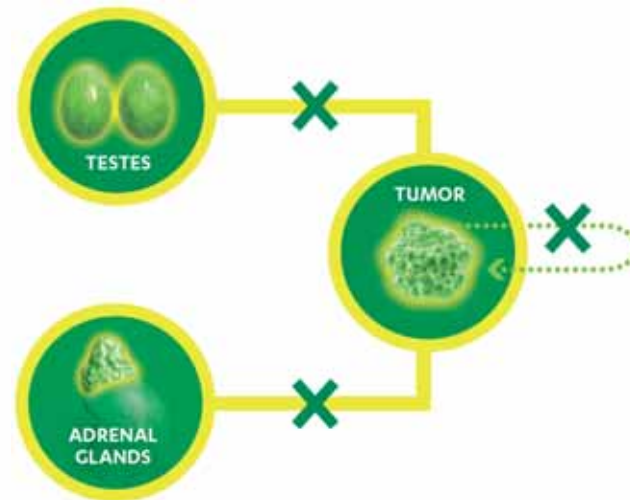
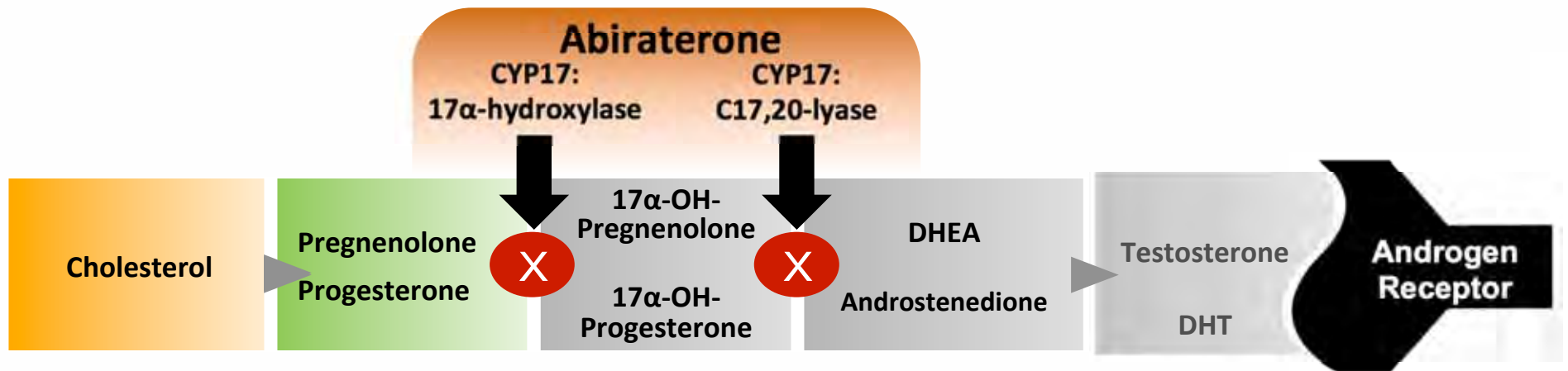
# Agents with OS Benefit in mCRPC

Drug <sup>1-3</sup>	Trial	Comparator	Primary Endpoint	FDA Approval
<b>Chemotherapy-naïve</b>				
Abiraterone acetate + prednisone	COU-AA-302	Placebo + prednisone	OS benefit 5.2 months*	2012
Sipuleucel-T	IMPACT	Placebo	OS benefit 4.1 months	2010
Radium-223	ALSYMPCA	Placebo	OS benefit 3.6 months	2013
Enzalutamide	PREVAIL	Placebo	OS benefit 4 months	2014
<b>Post-chemotherapy</b>				
Abiraterone acetate + prednisone	COU-AA-301	Placebo + prednisone	OS benefit 4.6 months	2011
Enzalutamide	AFFIRM	Placebo	OS benefit 4.8 months	2012
Cabazitaxel + prednisone	TROPIC	Mitoxantrone + prednisone	OS benefit 2.4 months	2010
Docetaxel + prednisone	TAX327	Mitoxantrone + prednisone	OS benefit 2.4 months	2004

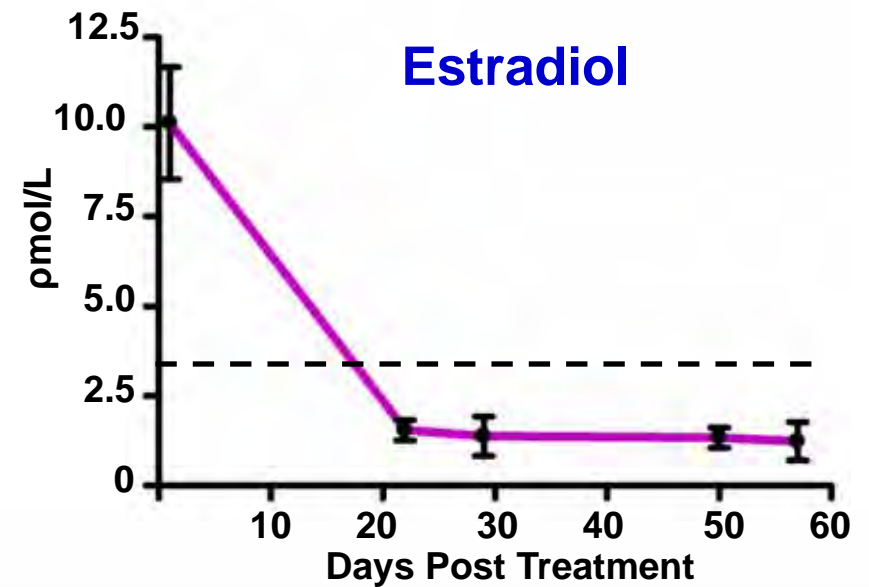
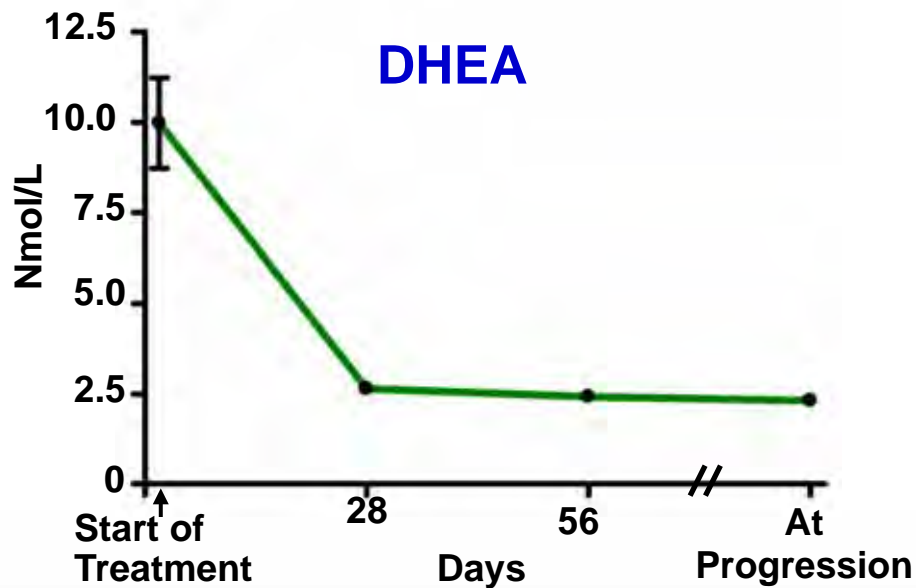
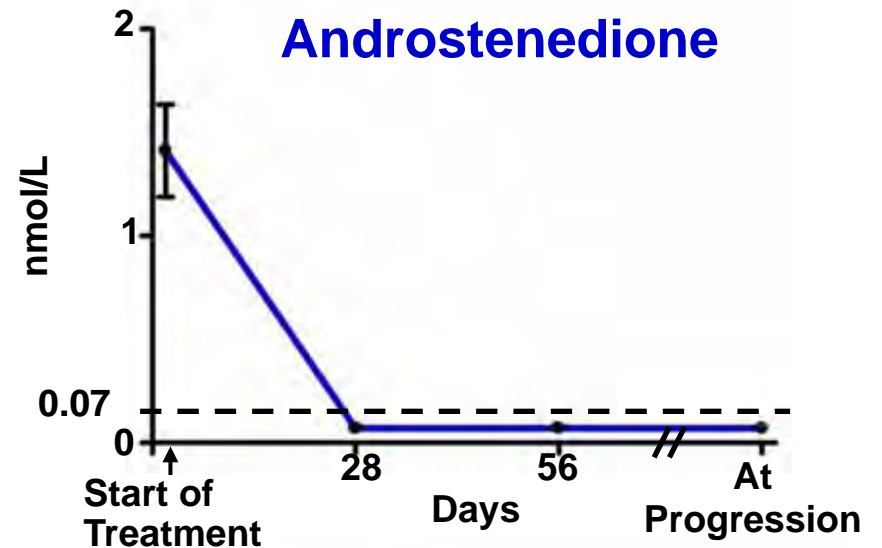
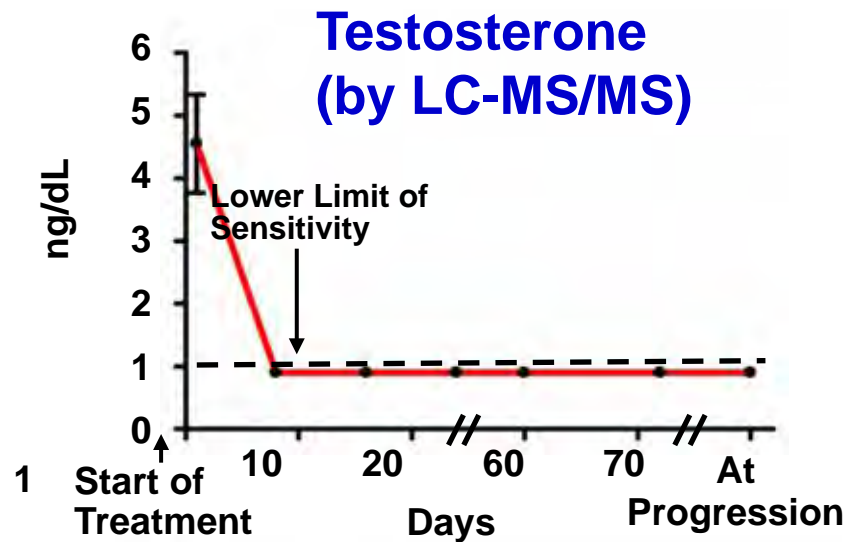
\* $P=0.0151$ . Did not meet the prespecified value for statistical significance.

1. Ryan CJ et al. *N Engl J Med*. 2013;368:138-148. 2. El-Amm J et al. *Ther Adv Med Oncol*. 2013;5:25-40. 3. Medivation Press Release. October 2013. <http://investors.medivation.com/releasedetail.cfm?ReleaseID=798880>. Accessed November 4, 2013. 4. TAXOTERE [package insert]. Tombal B, et al. EAU Congress. March 20-24, 2015; Madrid, Spain.

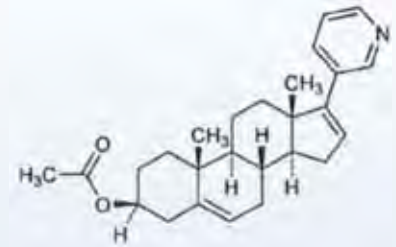
# Abiraterone: Mechanism of Action



# Abiraterone Suppresses Steroids Downstream of C17,20-lyase



# Abiraterone Administration



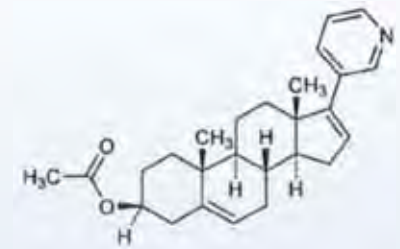
- Administration

- 1,000 mg (4 , 250mg tablets) once daily on an empty stomach with prednisone 5mg BID
- Monitor BP/LFT/potassium

- Dose Modifications

- Dosage adjustment necessary if hepatotoxicity occurs
  - ALT/AST 5x NL or bilirubin 3x NL stop medication
  - Resume at 750mg daily once ALT/AST 2.5x NL or bilirubin 1.5x NL

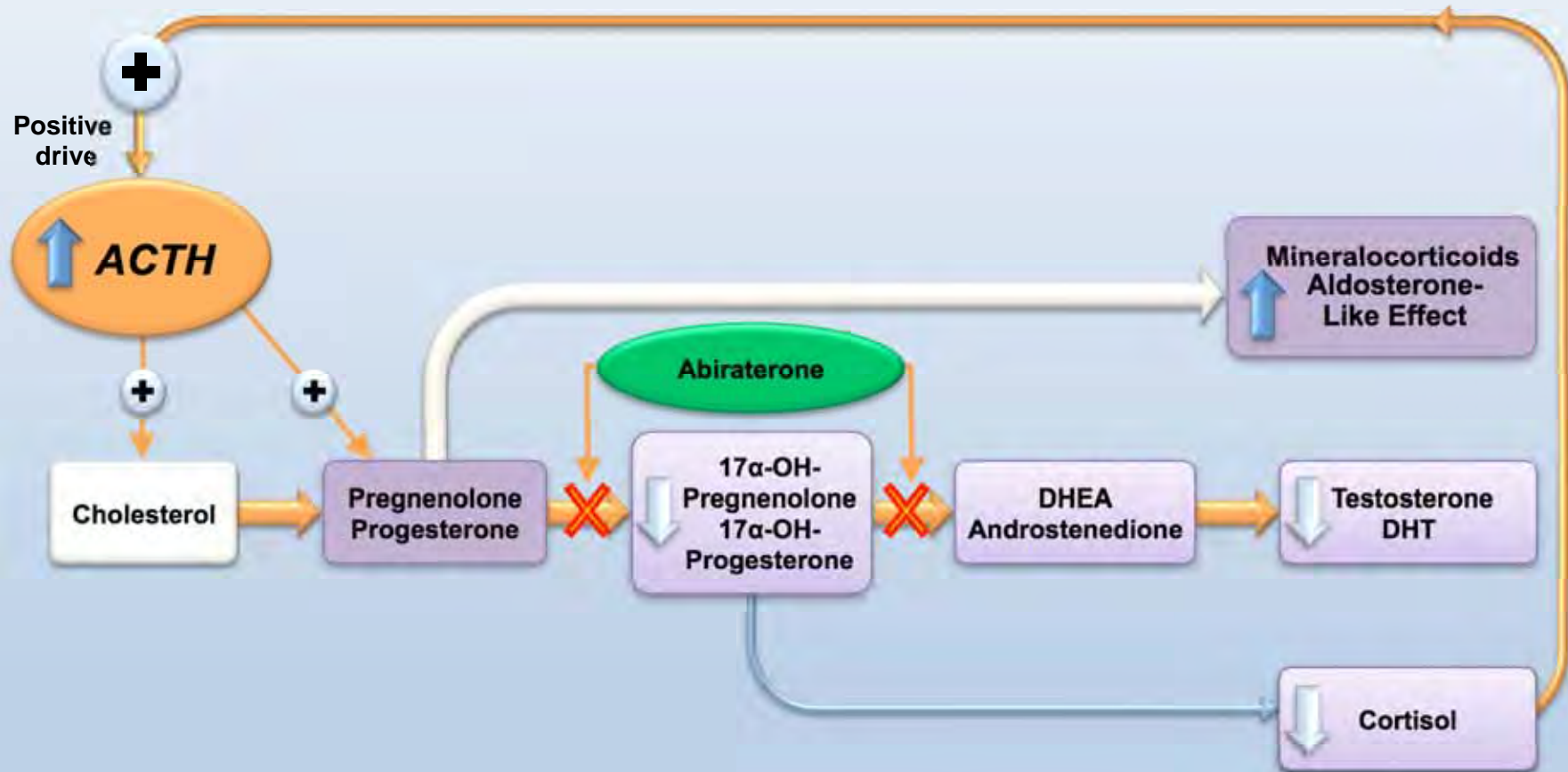
# Abiraterone Acetate Adverse Effects



- Most AEs occurred during the first 3 months of treatment
- Most AEs are grade 1-2
- Most common AEs
  - Fatigue
  - Arthralgia
  - Fluid retention-peripheral edema
  - Hypokalemia
  - Hypertension
  - Cardiac Disorders
  - Atrial fibrillation
  - ALT and AST increased
  - Increased hot flashes



# Abiraterone: Why with prednisone?



To block effects of decreased cortisol on increasing ACTH and increased mineralocorticoid effects

# Incidence of CS-Associated AEs in mCRPC patients

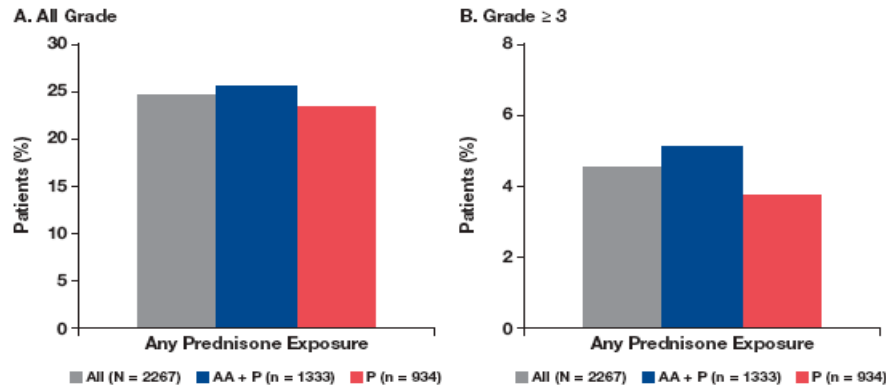


Figure 1. Incidence of CS-Associated All-Grade and Grade ≥ 3 AEs

- Conclusion:** With a median exposure of 8.3 months (range, 0.1-34.9 months; total 2006 years), low-dose P given with or without AA is associated with an overall low incidence of CS-associated AEs, and long-term treatment with AA + P is well tolerated

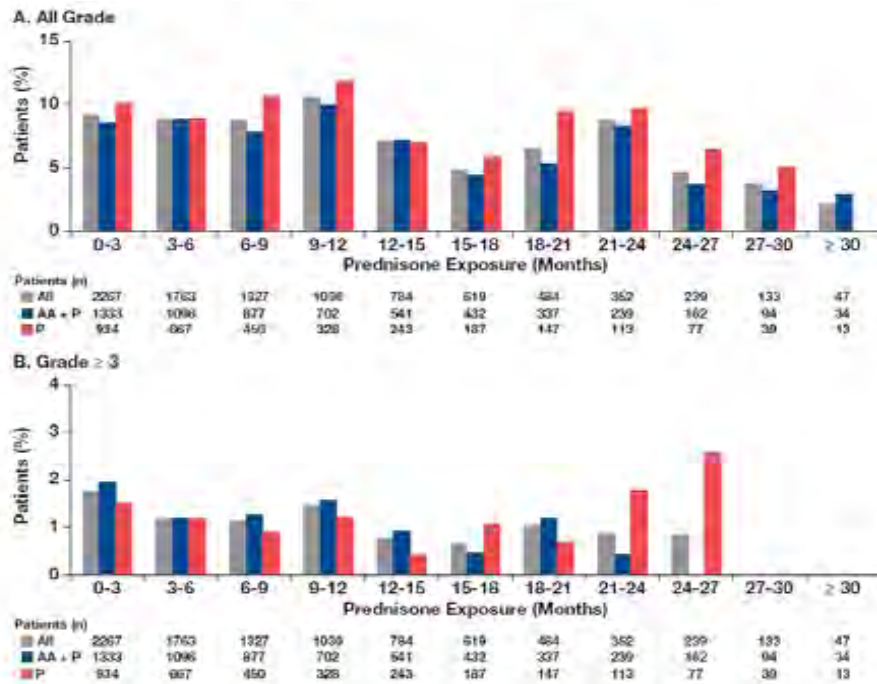


Figure 2. Incidence of CS-Associated All-Grade and Grade ≥ 3 AEs by Exposure

Assessment of Corticosteroid (CS)-Associated Adverse Events (AEs) With Long-Term Exposure to Low-Dose Prednisone (P) Given With Abiraterone Acetate (AA) in Metastatic Castration-Resistant Prostate Cancer (mCRPC) Patients

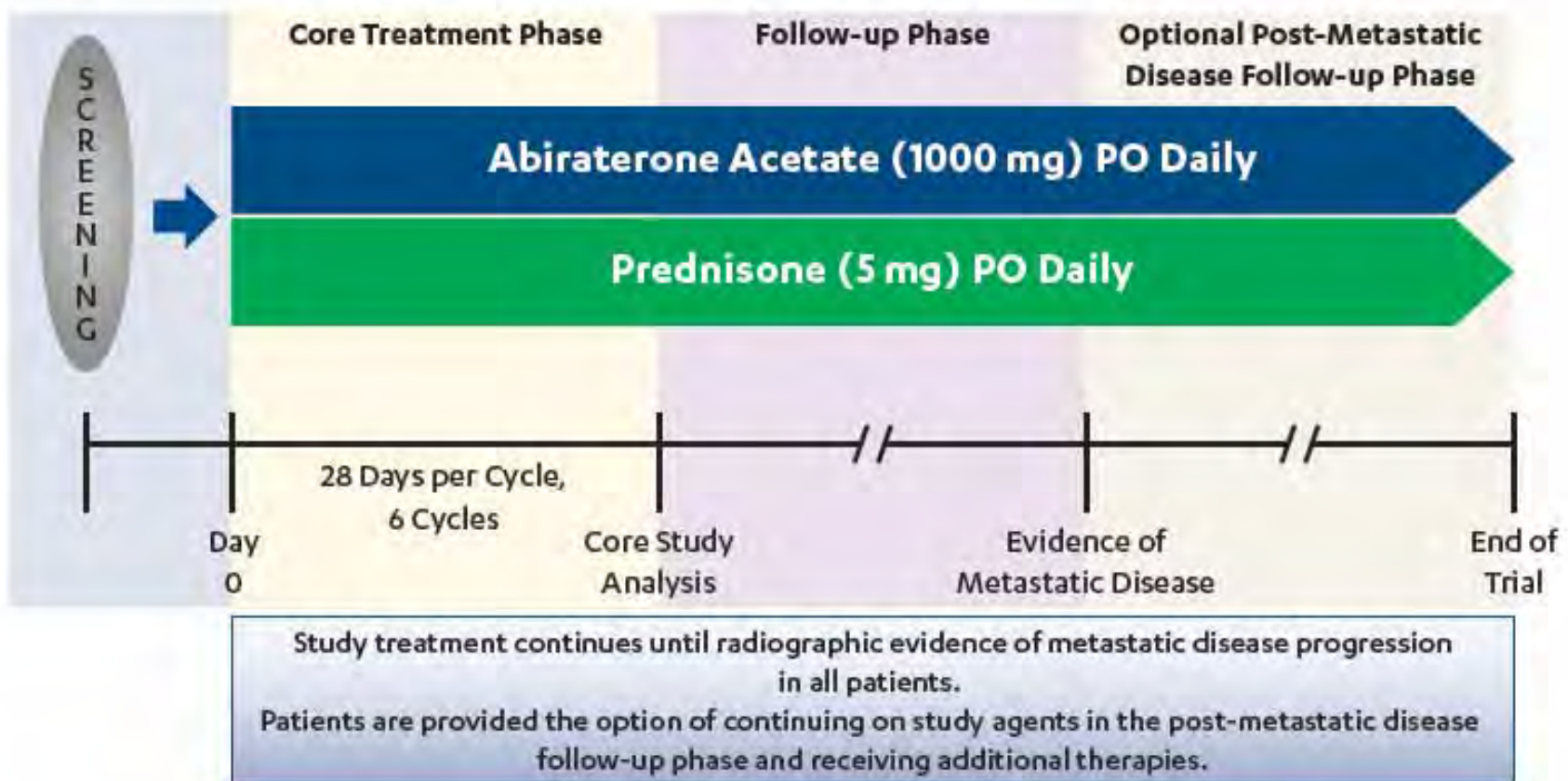
Gomella, et al AUA 2015

# Androgen Deprivation Therapy Clinical Trials

Patient Population	Description	Study ID	NCT Number	Phase 2	Phase 3
Metastatic PC	Post-chemotherapy	COU-AA-301	NCT00638690		Completed
	Pre-chemotherapy	COU-AA-302	NCT00887198		Completed
Metastatic PC	M0 with rising PSA despite castrate levels of testosterone	IMAAGEN	NCT01314118	Ongoing, not recruiting	
Metastatic breast cancer	AA + Exemestane in postmenopausal women with ER+ metastatic breast cancer	BCA2001	NCT01381874	Ongoing, not recruiting	

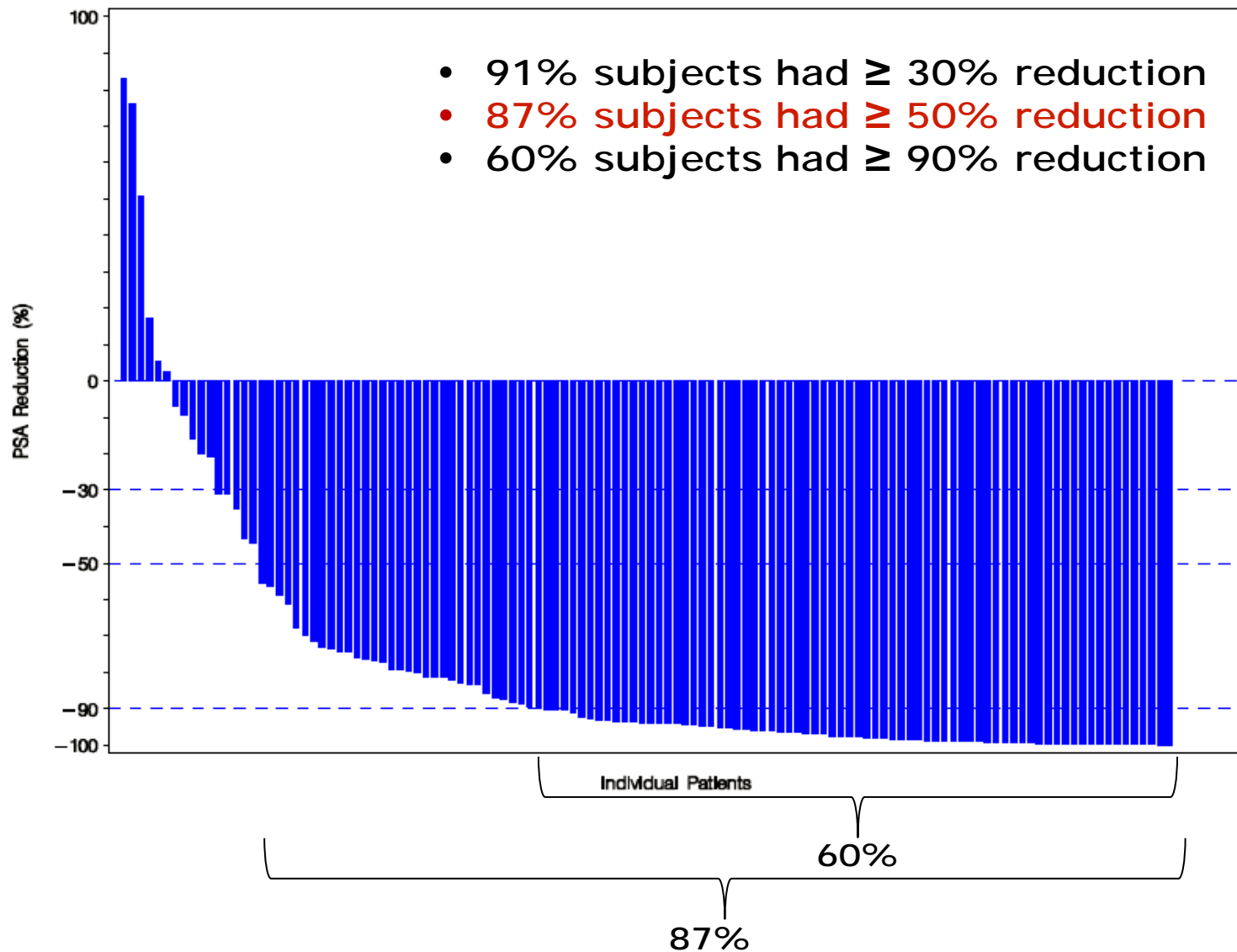
Trials not include IIT

# IMAAGEN: M0 CRPC PSA of $\geq 10$ ng/mL/ PSADT of $\leq 10$ mo

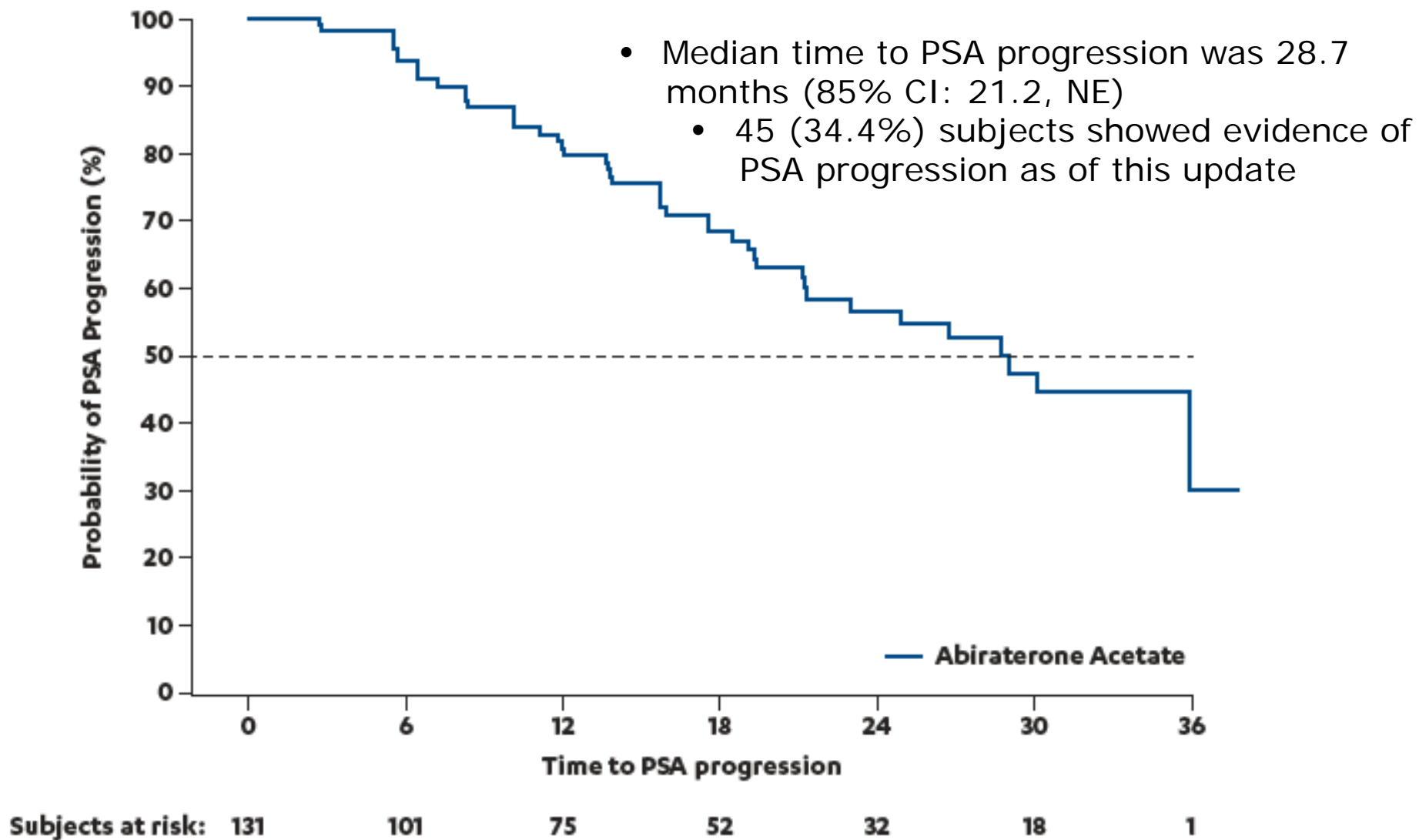


5 mg pred/day different than label

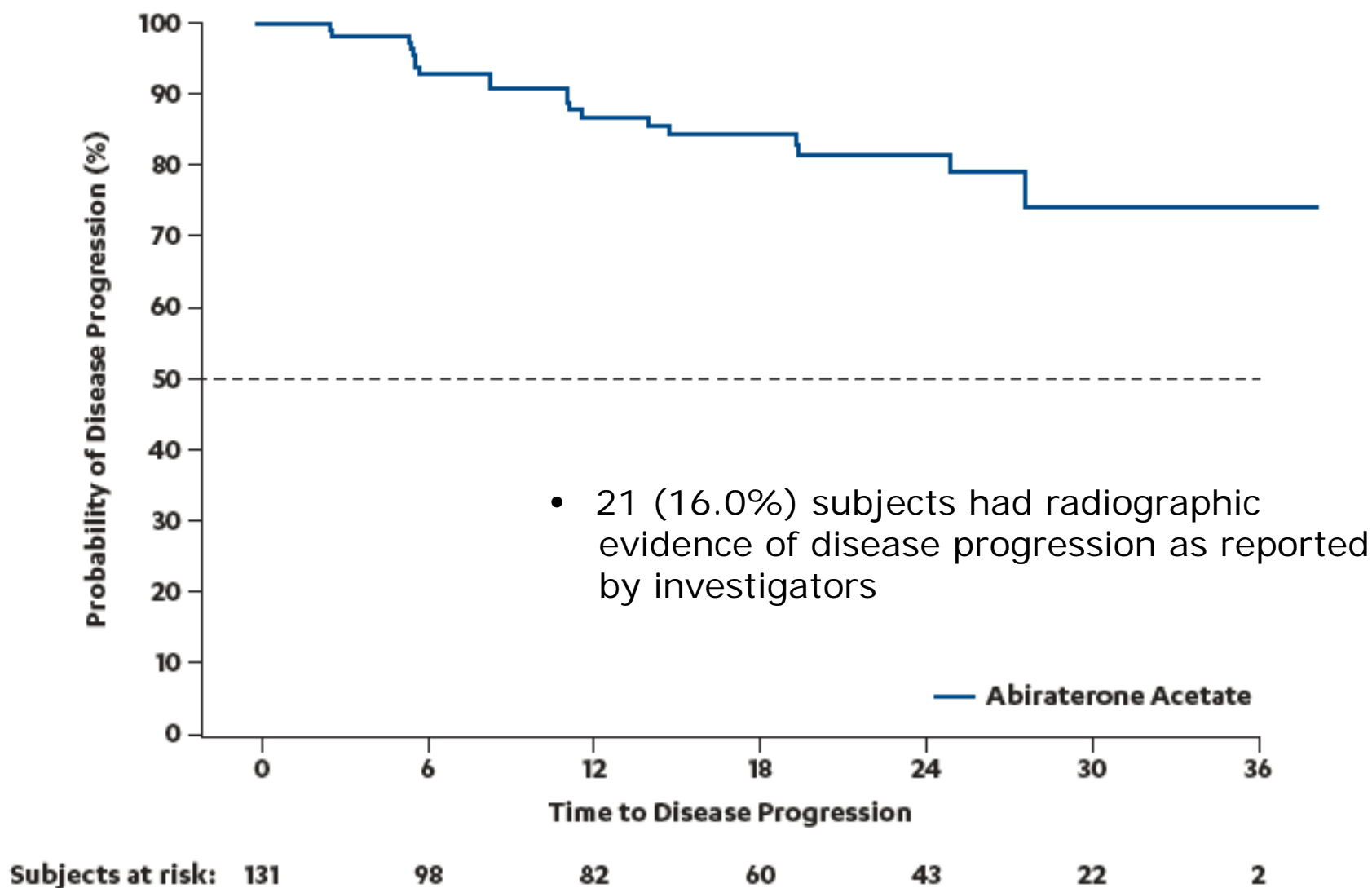
# PSA Response During Cycles 1-6



# A Progression



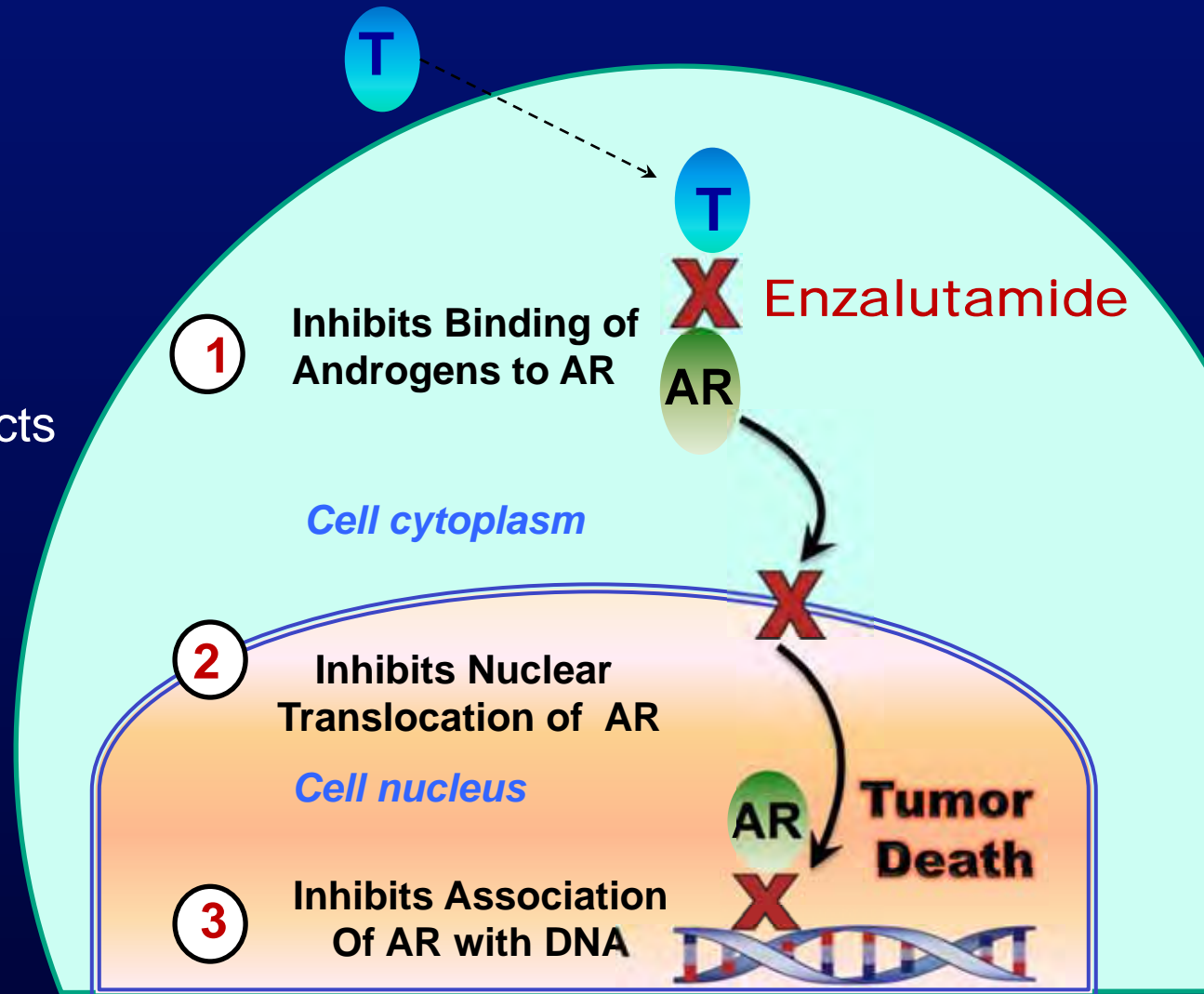
# Radiographic Evidence of Disease Progression



# MDV3100 (Enzalutamide)

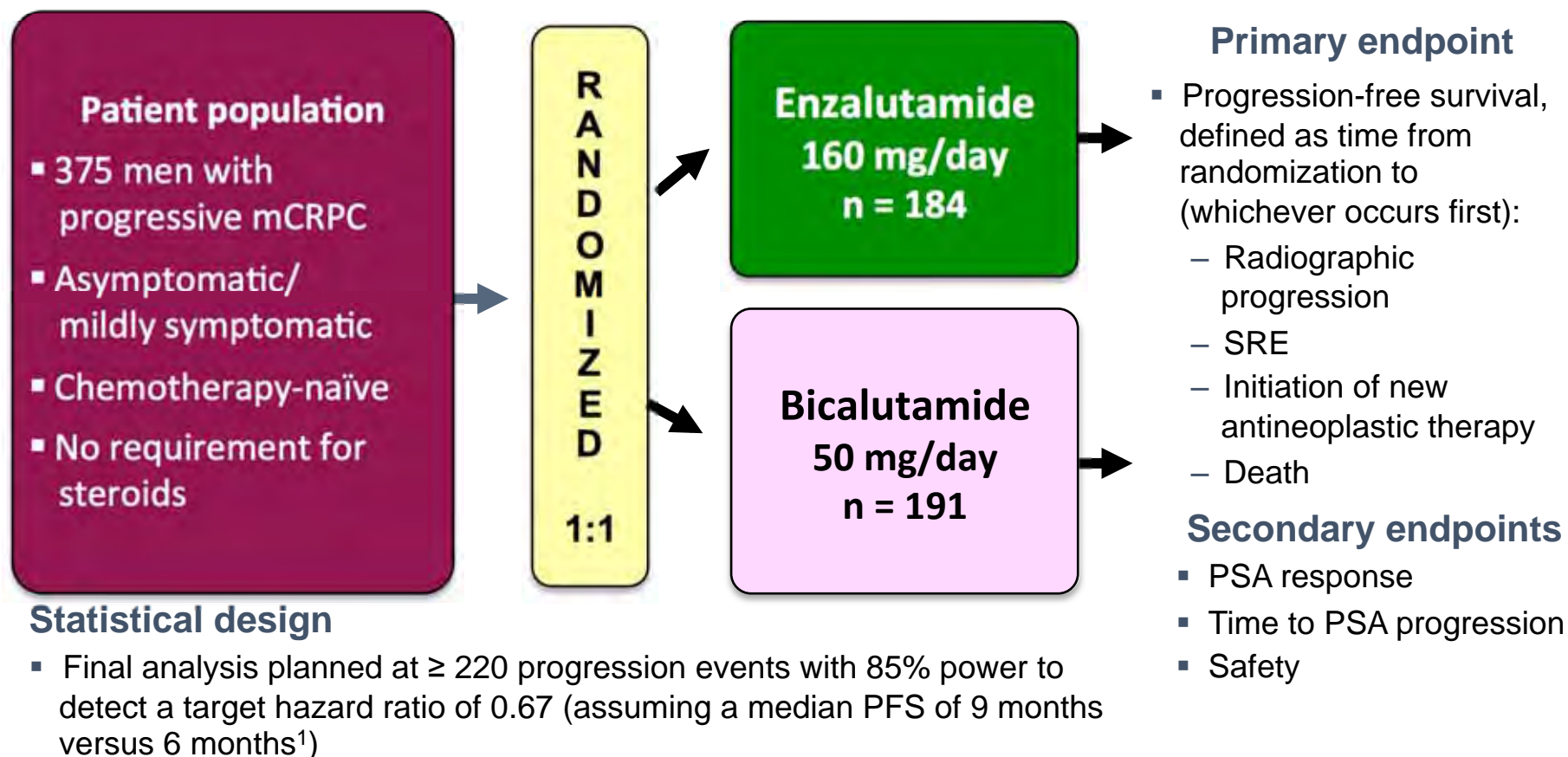
## Anti-Androgen with No Agonist Effects

1. MDV3100 oral hormonal agent to target androgen receptor (AR) signaling.
2. A new class of Androgen Receptor Signaling Inhibitors (ARSI) that affects multiple steps in the androgen receptor signaling pathway (translocation and DNA binding).
3. No impact on T
4. Does not require steroids





# TERRAIN: A Phase 2 Efficacy and Safety Study of Enzalutamide vs Bicalutamide in mCRPC: Study Design

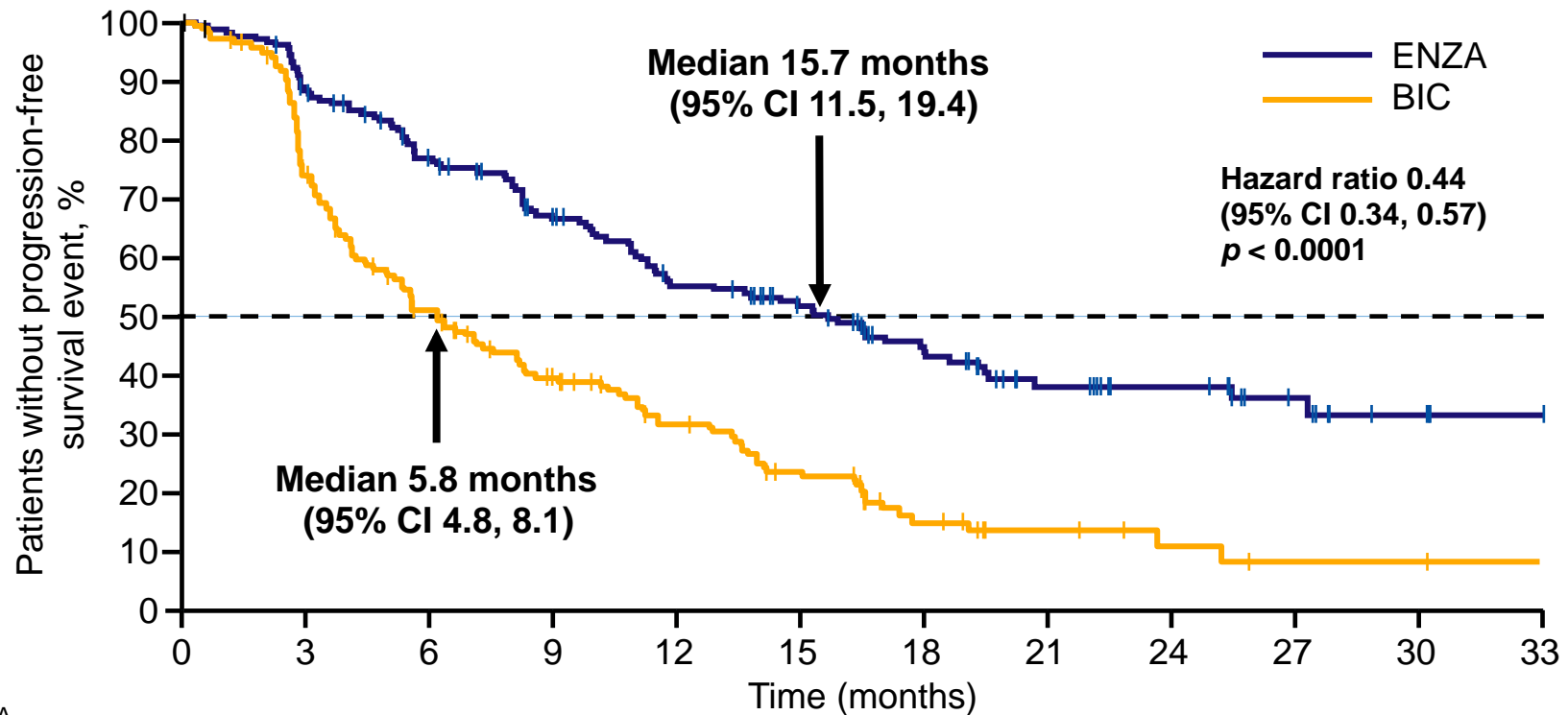


mCRPC = metastatic castration-resistant prostate cancer; PSA = prostate-specific antigen; SRE = skeletal-related event  
[www.clinicaltrials.gov](http://www.clinicaltrials.gov) (NCT01288911).

1. Kucuk O, et al. *Urology*. 2001;58:53-58.

Heidenreich A, et al. EAU Congress. March 20-24, 2015; Madrid, Spain.

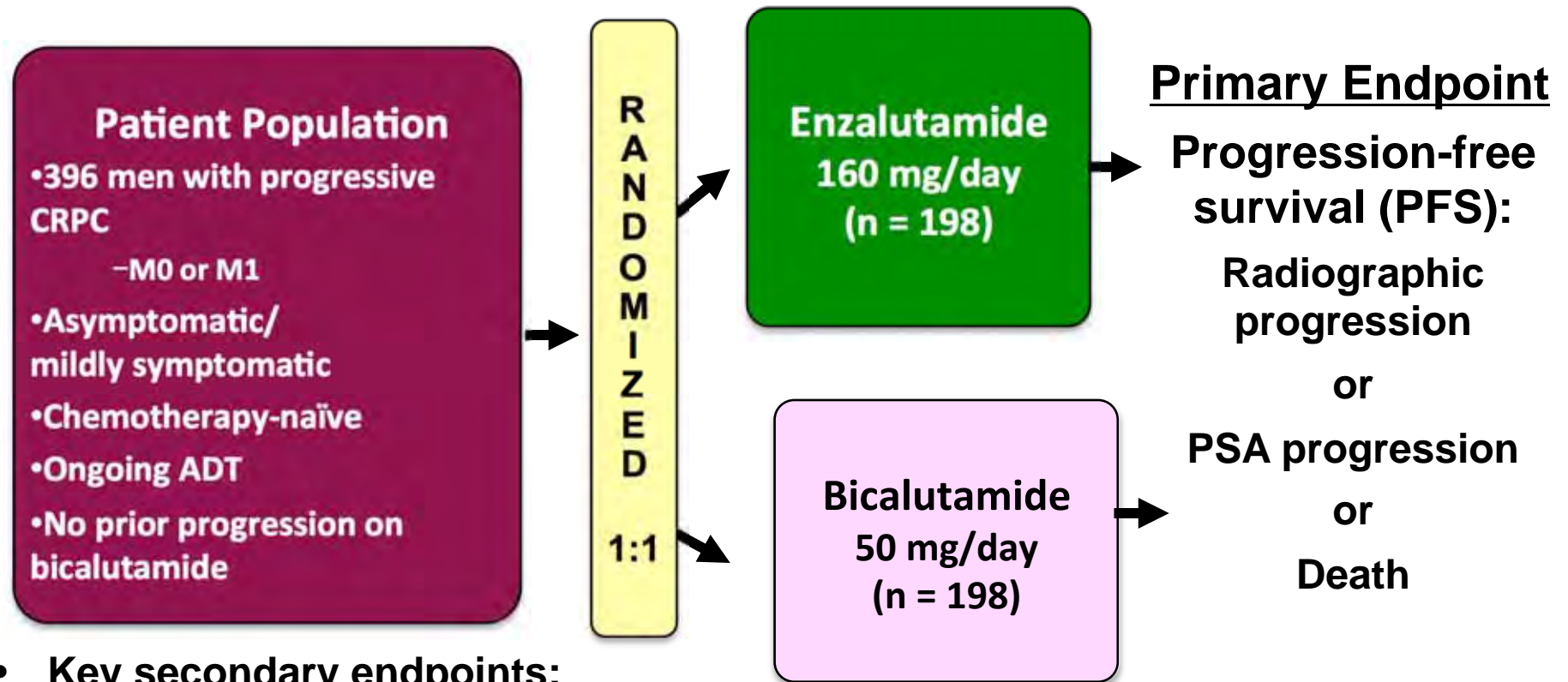
# TERRAIN: A Phase 2 Efficacy and Safety Study of Enzalutamide vs Bicalutamide in mCRPC: Progression-Free Survival



	0	3	6	9	12	15	18	21	24	27	30	33
ENZA Patients at risk	184	159	131	107	86	71	52	33	21	13	8	5
BIC Patients at risk	191	133	85	61	44	30	13	7	4	2	2	1

BIC = bicalutamide; CI = confidence interval; ENZA = enzalutamide; mCRPC = metastatic castration-resistant prostate cancer  
Heidenreich A, et al. EAU Congress. March 20-24, 2015; Madrid, Spain.

# STRIVE: Study Design

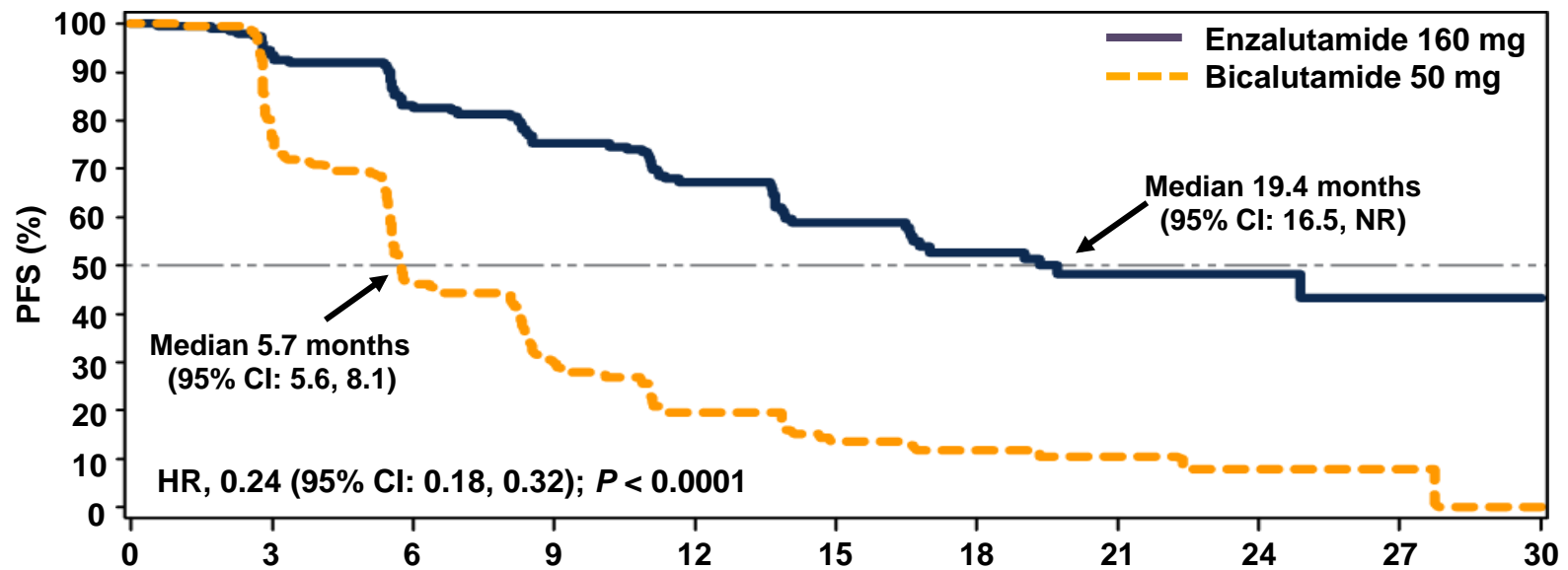


- **Key secondary endpoints:**
  - Time to PSA progression
  - PSA response
  - rPFS (M1 population only)

ClinicalTrials.gov identifier: NCT01664923

ADT = androgen deprivation therapy; CRPC = castration-resistant prostate cancer; M0 = nonmetastatic; M1 = metastatic; PSA = prostate-specific antigen; rPFS = radiographic PFS..  
Penson D et al. AUA Annual Meeting. May 15 -19, 2015; New Orleans.

# STRIVE: Progression-Free Survival

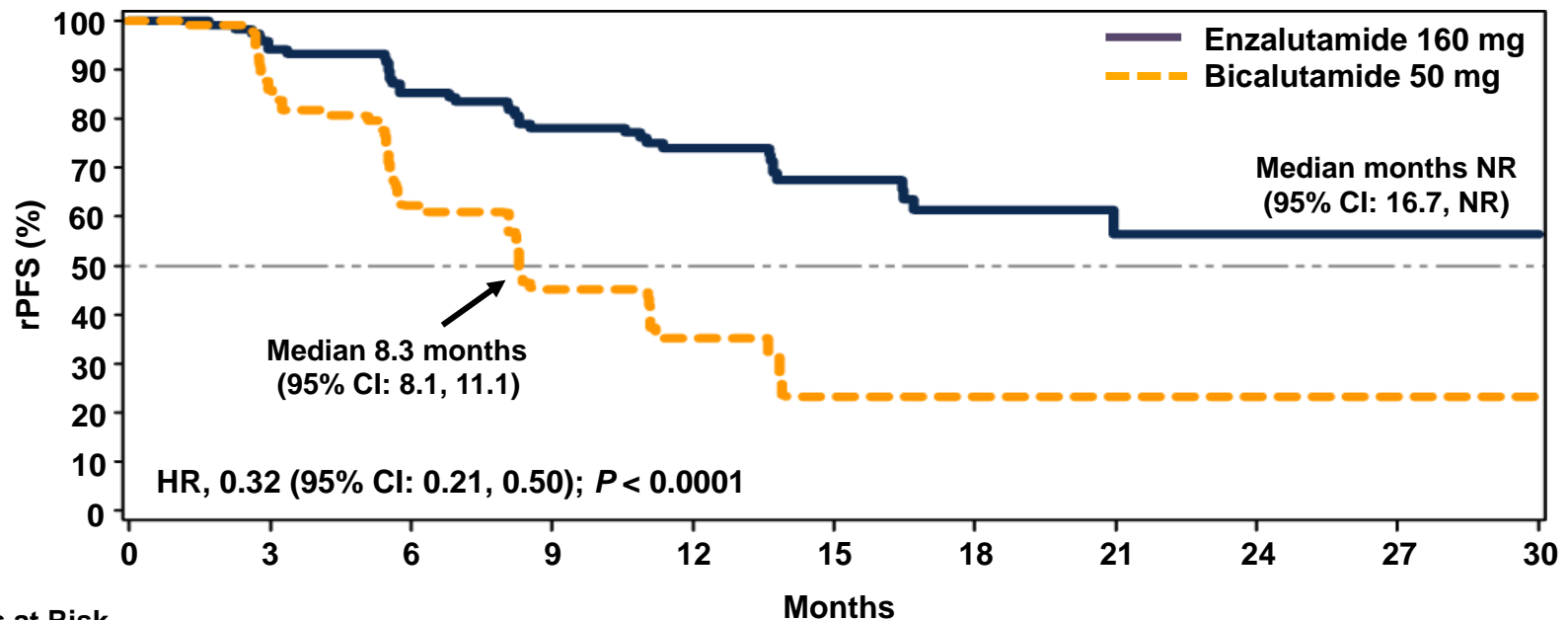


## Patients at Risk

Enzalutamide	198	171	150	131	101	66	43	24	16	5	0
Bicalutamide	198	138	80	51	29	17	9	5	3	1	0

CI = confidence interval; HR = hazard ratio; NR = not reached

# STRIVE: rPFS (radiographic) in M1



## Patients at Risk

	0	3	6	9	12	15	18	21	24	27	30
Enzalutamide	128	111	94	85	63	40	24	11	7	3	0
Bicalutamide	129	86	46	28	11	5	3	2	1	1	0

- **rPFS defined as the time from randomization to the first objective evidence of radiographic progression (soft tissue or bone) or death from any cause**

CI = confidence interval; HR = hazard ratio; M1 = metastatic; NR = not reached; rPFS = radiographic PFS

# TRIVE Conclusions

First trial to demonstrate that enza + ADT more efficacious than bicalutamide plus ADT in M0 and M1 CRPC patients:

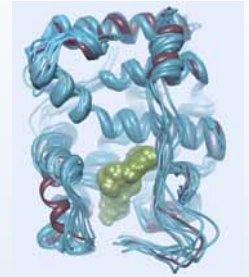
- Prolonged PFS
- Prolonged time to PSA progression
- Higher PSA response rates
- Prolonged rPFS

More profound androgen blockade, enza had more fatigue, hot flashes, hypertension more falls and dizziness.

More constipation, diarrhea, anemia, and urinary tract infections were observed in the bicalutamide arm.

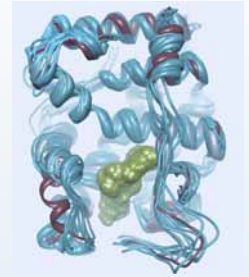
Follow up PROSPER phase 3 trial includes only M0 CRPC

# Enzalutamide Administration



- Administration
  - 160mg (4, 40mg capsules) once daily
  - May be taken with or without food
  - Do not chew, crush, dissolve or open the capsule.
- Dose Modifications
  - If  $\geq$  grade 3 toxicity, delay for 1 week or until symptoms improve to  $\leq$  grade 2, then continue at same or reduced dose

# Enzalutamide Adverse Events



- Fatigue
- Dizziness
- Hot flash
- Headache
- Peripheral edema
- Infections
- Falls and related injuries
- Lowers seizure threshold
- Diarrhea
- Musculoskeletal Pain
  - Hypertension
- LFT abnormalities
- Hallucinations



# Ongoing Enzalutamide Clinical Trials

Clinical trial	Phase	Description	Status
FERRAIN CT01288911	2	ENZA vs. bicalutamide after ADT in mCRPC	Data available
STRIVE CT01664923	2	ENZA vs. bicalutamide after ADT in M0/M1 CRPC	Data available
Neoadjuvant CT01547299	2	Randomized, open-label ENZA neoadj therapy for patients undergoing RP for localized PC	Data available
TRATO (TBP) CT01995513	2	Abiraterone + prednisone ± ENZA in patients progressing on ENZA	In follow up
PROSPER CT02003924	3	ADT ± ENZA in M0 CRPC without prior chemotherapy	Open
FORWARD CT01977651	2	Open-label extension in CRPC patients	Open
TRUMPET CT02380274	4	Prospective observational cohort study	Open

Not including IIT's

# Ongoing Enzalutamide Clinical Trials

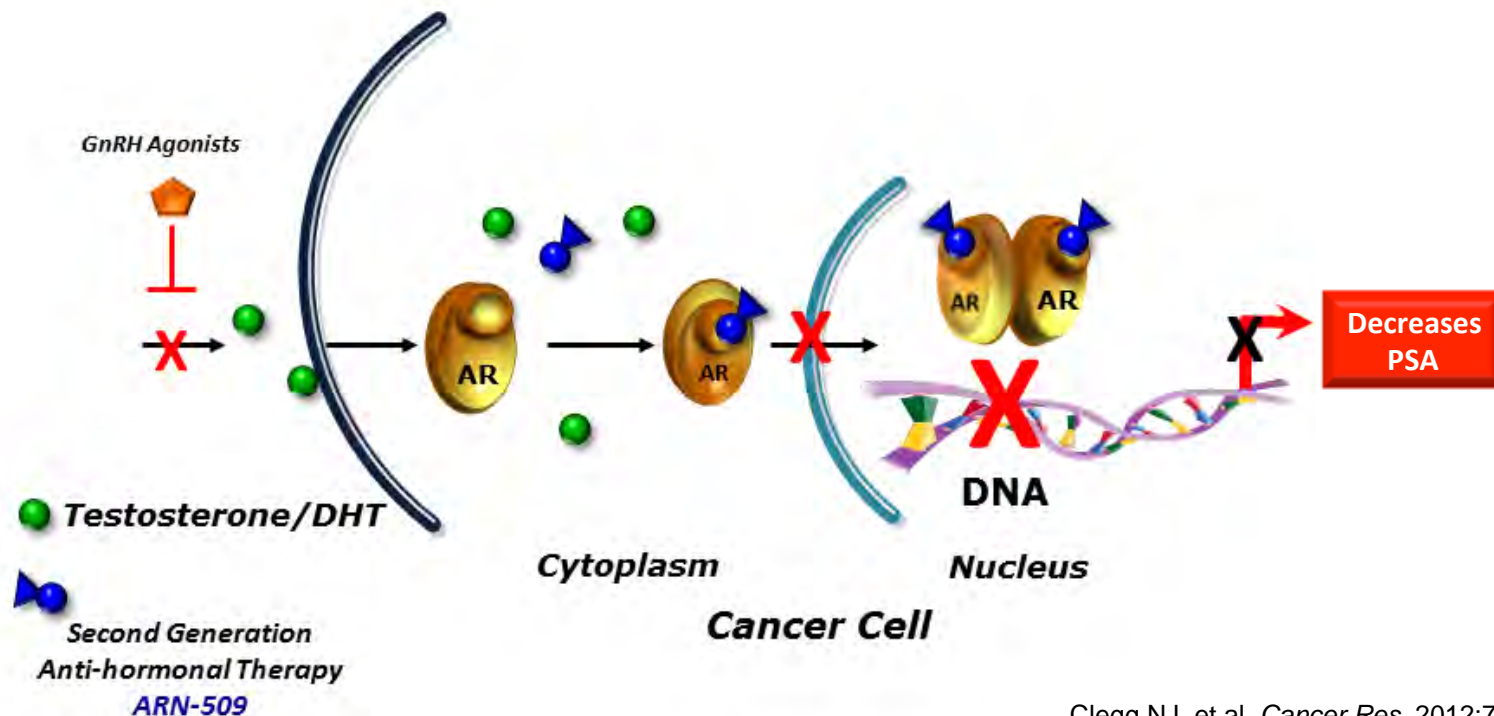
Clinical trial	Phase	Deescription	Status
EMBARK NCT02319837	3	Randomized, 3-arm trial of ENZA vs. ENZA + Leuprolide vs. Placebo + Leuprolide for patients with non-metastatic prostate cancer and rapidly rising PSA after initial local therapy	Open
ASPIRE	4	International Prostate Cancer Registry	Open

## Comparison of Abiraterone Acetate and Enzalutamide

	Abiraterone acetate	Enzalutamide
<b>Mechanism of action</b>	CYP17 inhibition	Antiandrogen
<b>Efficacy after docetaxel</b>	OS, PFS	OS, PFS
<b>Efficacy before docetaxel</b>	PFS, OS (NS)	PFS, OS
<b>Major potential adverse effects</b>	Hypertension Hypokalemia LFT abnormalities	Seizures Hypertension ALT elevation
<b>Requires prednisone</b>	Yes	No
<b>Cost</b>	\$\$\$\$/-	\$\$\$\$

# ARN-509 Antagonizes and Blocks Androgen Receptor/DNA Binding and Inhibits Tumor Growth

- ARN-509: competitively inhibits AR-androgen binding; 7-10 X higher affinity than bicalutamide
- AR antagonism impairs AR activation and AR signaling
- ARN-509 inhibits AR-mediated nuclear localization and DNA binding/transcription



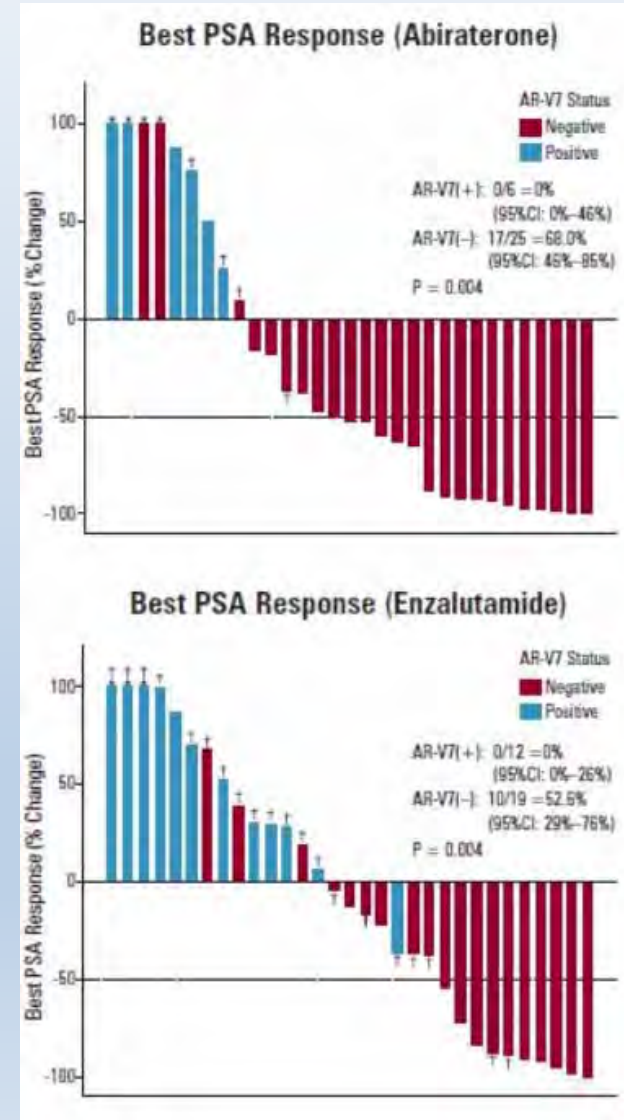
# ARN-509 Clinical Trials

Patient Population	Description	Study ID	NCT Number	Phase 1	Phase 2	Phase 3
Non-metastatic CRPC	M0 patients	SPARTAN	NCT01946204		Currently recruiting	
M1	ARN-509 vs LHRH agonist	-	NCT01790126		Currently recruiting	
mCRPC	Combo w/abiraterone	-	NCT02123758	Currently recruiting		

# Molecular Profiling

## Precision/Personalized Therapy

- AR-V7: an Androgen Receptor splice variant expressed about 20-fold higher in patients with CRPC
- If present, may indicate resistance to abiraterone or enzalutamide
- May allow more targeted therapies

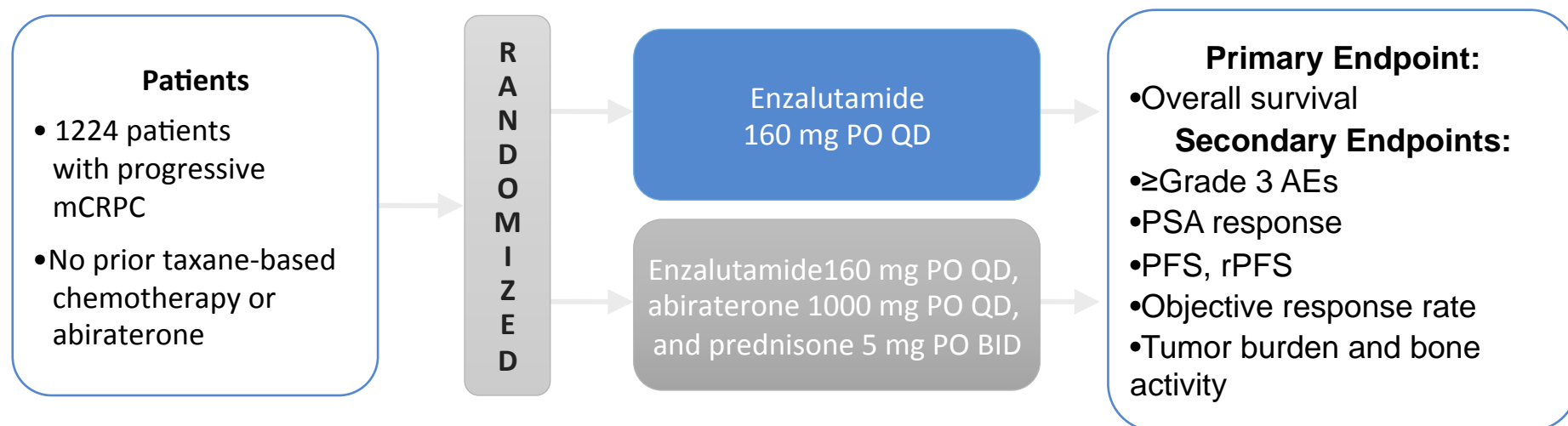


# Abiraterone/Enzalutamide Combo Trials<sup>1</sup>

## Phase 2, single-arm combo safety study

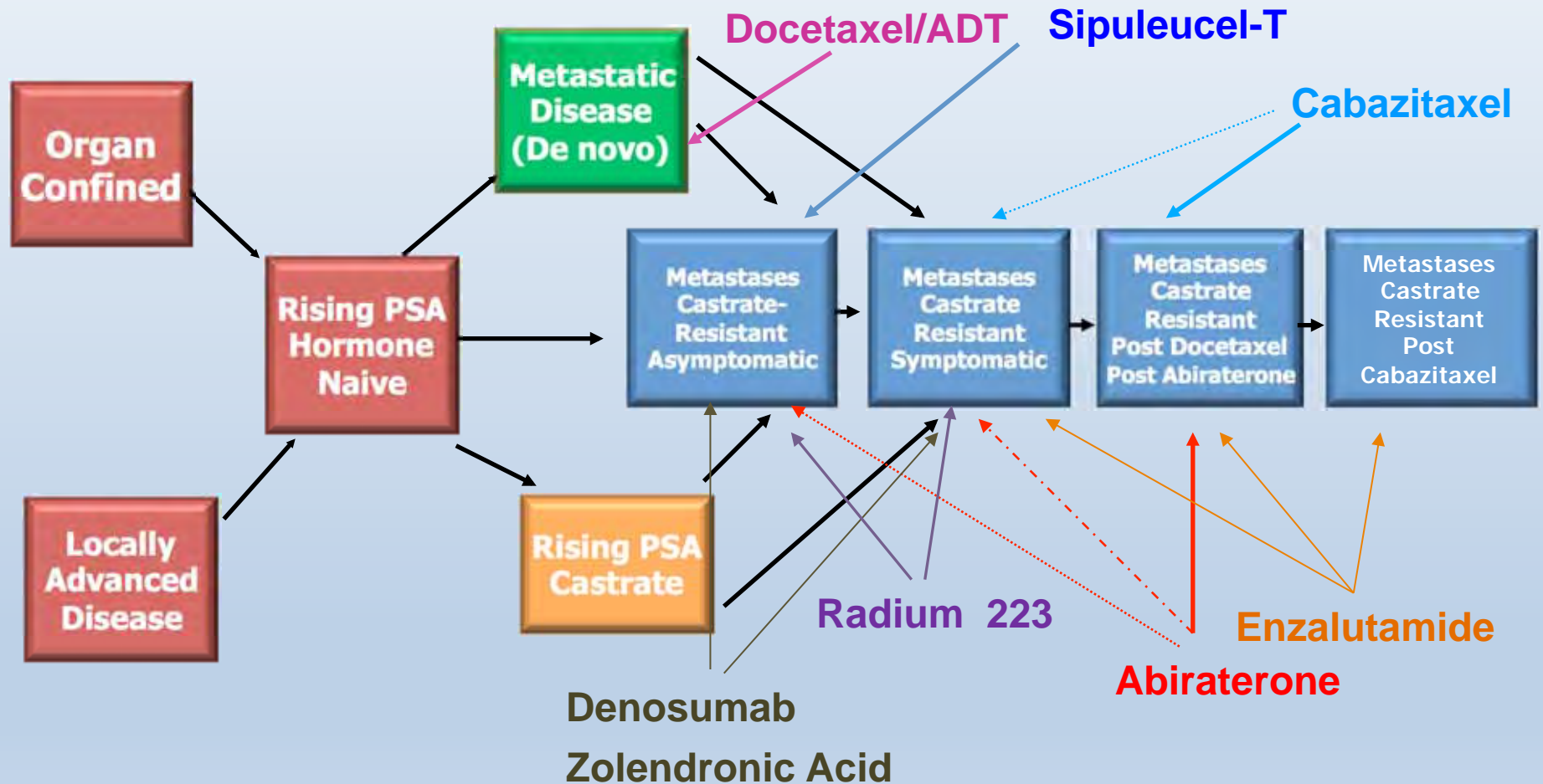
**ALLIANCE** (formerly ACOSOG, CALGB, NCCTG)

- Phase 3, randomized, open-label
- Estimated completion December 2019



1. <http://clinicaltrials.gov>.

How to administer, when to administer, and how to combine these newer agents will be an ongoing challenge in the coming years.





# Prostate cancer patients have good reason to hope

New treatments show promise in slowing disease

---

**Karen Weintraub**

Special for USA TODAY

---

Jim Kiefert of Olympia, Wash., has been battling prostate cancer for 23 years. The retired school administrator, 74, has never been more optimistic about his prospects.

For the first time, thanks to a handful of drug approvals over the past 2½ years, there are now multiple options for treating advanced prostate cancer. The newest drug, enzalutamide (brand name Xtandi), came on the market in September with the best survival data ever for prostate cancer.

None of the new drugs is a cure. Re-



KEVIN P. CASEY FOR USA TODAY

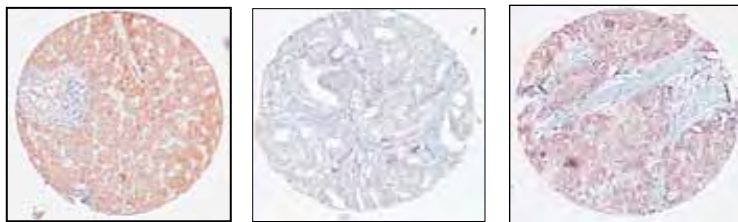
**Jim Kiefert, 74, is still rowing and exercising 23 years after his cancer diagnosis. He has benefited from two drug trials in the past decade.**



END

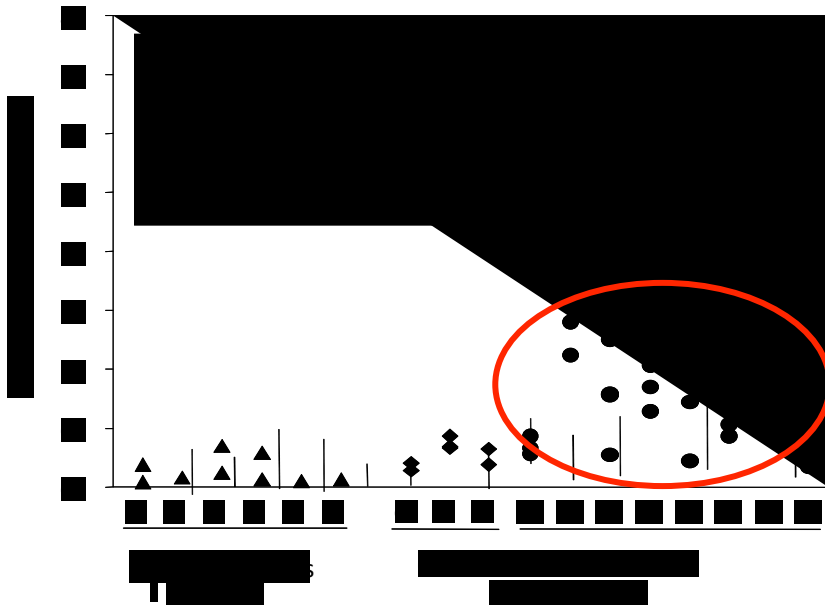
# Intratumoral Androgen Levels Are Increased Due To Overexpression of The Androgen Synthetic Enzymes

## Squaline Monooxygenase

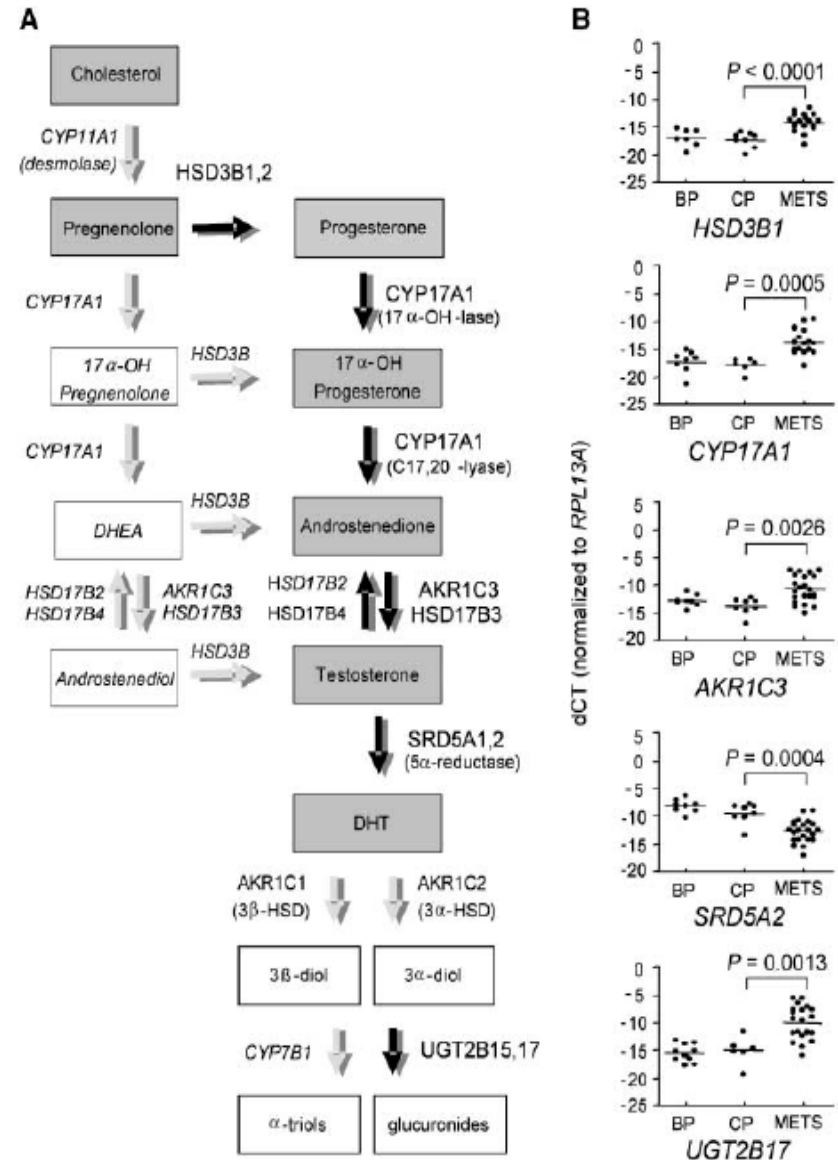


**LIVER**  
Positive control      Non-castrate metastatic      Castrate metastatic

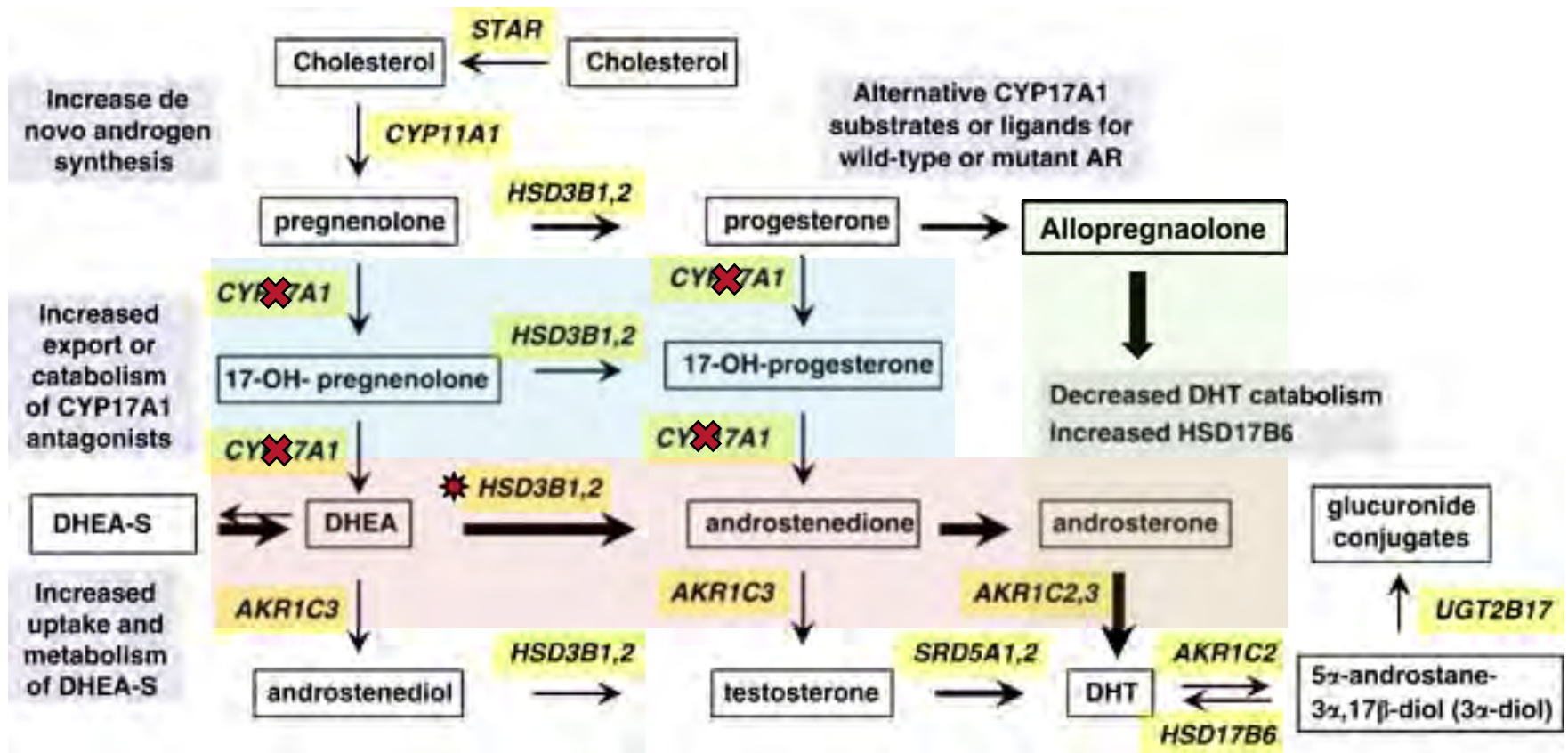
Gerald et al, Amer J Pathol 164:217, 2004



Montgomery et al. Cancer Res 68:4447, 2008



# Intracrine Synthesis of Androgens

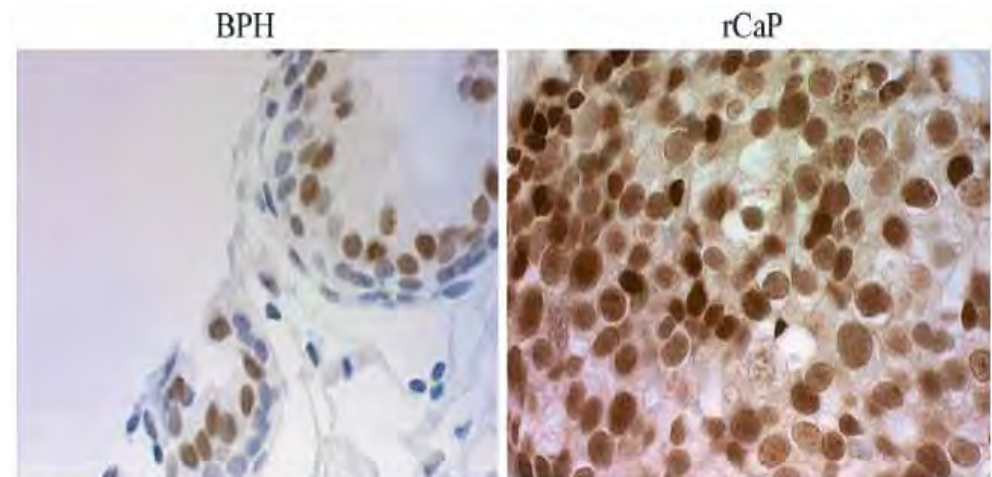


\*A mutation in 3 $\beta$ HSD1 occurs in a subset of human CRPC tumors that blocks degradation of the enzyme

✗ Abiraterone acetate

# AR amplifications and overexpression

- Overexpression of AR occurs in the majority of CRPC
  - Elevated gene copy number ~80%
  - High-level of amplification ~30%
  - CTC from mCRPC found high level of gene amplification in 38-63% of the cases
  - AR amplification has correlated to response to second endocrine treatment



*Fig. 1* Photomicrographs of androgen receptor expression. Androgen receptor expression was similar visually in benign prostate (*left*) and recurrent prostate cancer (*right*) obtained by transurethral resection, fixed in formalin, embedded in paraffin, antigen-retrieved, and immunostained with antiandrogen receptor monoclonal antibody. Photomicrographs were reduced from  $\times 400$ .

Mohler et al., *Clin Cancer Res.* 10(2):440-8, 2004

- AR gene amplification only partially explains AR overexpression
  - AR regulating miRNAs
  - Deregulation of transcription factors and/or co-regulators
    - NF- $\kappa$ B binds to AR promoter and increases AR mRNA/protein levels
    - Loss RB1 associated with overexpression of AR via increase in E2F1

Waltering et al., *Molecular and Cellular Endocrinology* 360 (2012) 38-43

# Agents with OS Benefit in mCRPC

Drug	Trial	Comparator	Primary Endpoint	FDA Approval
<b>Chemotherapy-naïve</b>				
Abiraterone acetate + prednisone	COU-AA-302	Placebo + prednisone	OS benefit 5.2 months*	2012
Sipuleucel-T	IMPACT	Placebo	OS benefit 4.1 months	2010
Radium-223	ALSYMPCA	Placebo	OS benefit 3.6 months	2013
Enzalutamide	PREVAIL	Placebo	OS benefit 2.2 months (interim analysis)	2014
<b>Post-chemotherapy</b>				
Abiraterone acetate + prednisone	COU-AA-301	Placebo + prednisone	OS benefit 4.6 months	2011
Enzalutamide	AFFIRM	Placebo	OS benefit 4.8 months	2012
Cabazitaxel + prednisone	TROPIC	Mitoxantrone + prednisone	OS benefit 2.4 months	2010
Docetaxel + prednisone	TAX327	Mitoxantrone + prednisone	OS benefit 2.4 months	2004

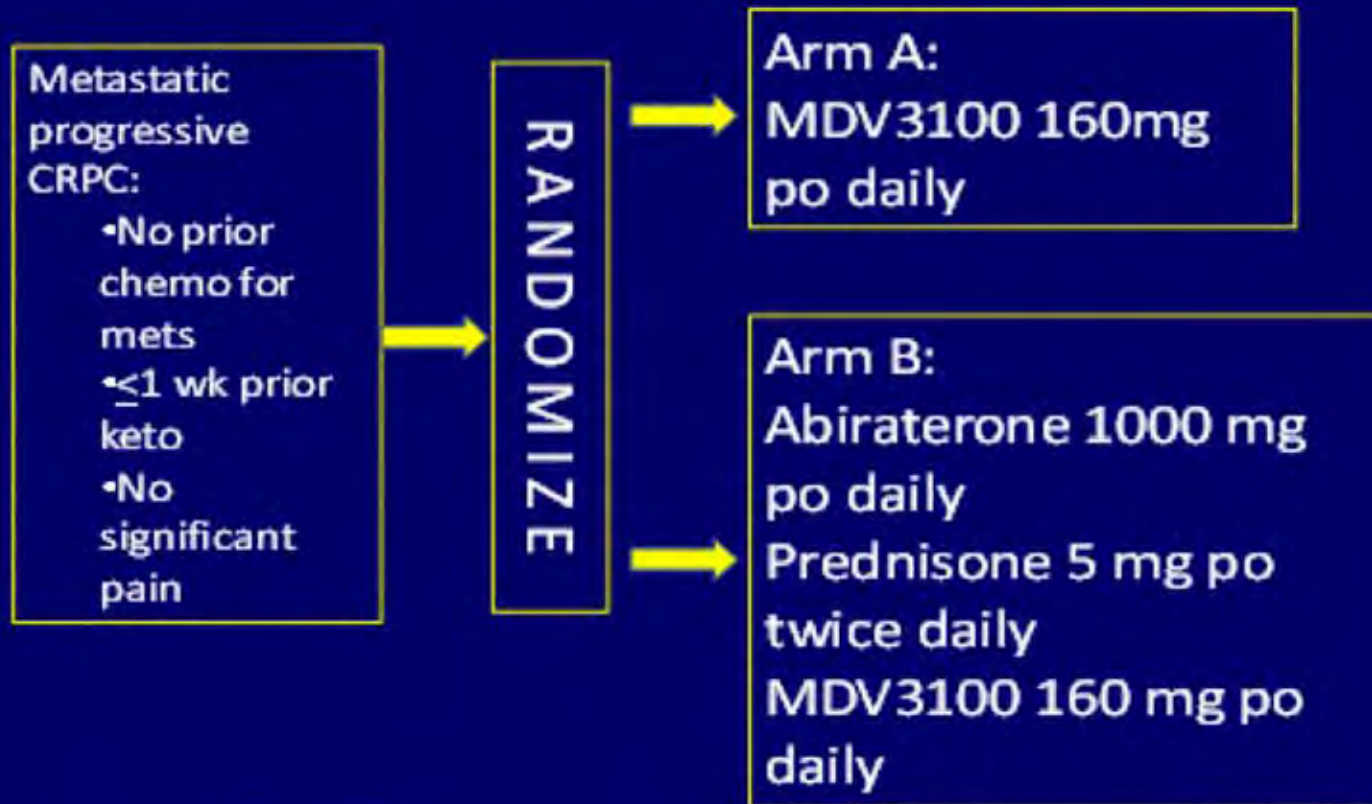
\*P=0.0151. Did not meet the prespecified value for statistical significance.

Adapted Gomella LG et al. Canadian J Urol. 2014;21:7091

# NCI Intergroup Trial – ALLIANCE

## PI- Michael Morris

### Design Schematic



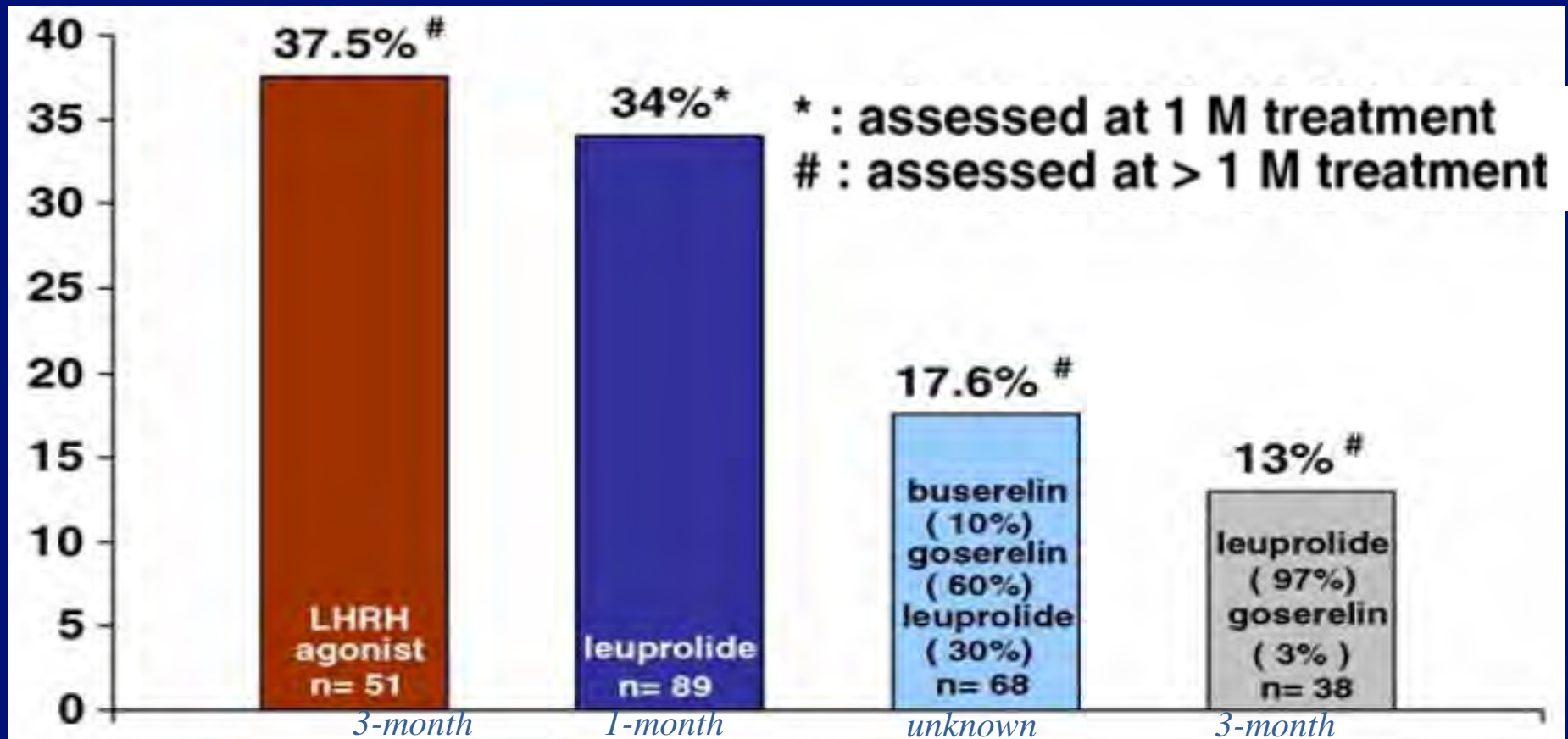
Anticipated HR of 0.77 in favor of Arm B. N=1224. Final analysis to be conducted after 616 deaths. a one-sided type I error rate of 0.025, power of 0.90, accrual rate of 34 patients/month



# Novel Agents Targeting the Androgen Pathway

Agent	Function	Phase
Abiraterone Acetate	CYP 17 $\alpha$ -hydroxylase\12,20-lyase inhibitor	FDA approved
TAK-700	CYP 17,20 lyase inhibitor	-Phase III
Enzalutamide (MDV3100)	Anti-androgen\androgen receptor signaling inhibitor	FDA Approved
ARN-509	Anti-androgen	-Phase III
AZD3514	AR down-regulator\anti-androgen	-Phase I
TOK-001	Anti-androgen\CYP 17 inhibitor	-Phase I-II
EPI-001	Anti-androgen\N-terminal Domain	-pending clinical trials

# Hormone Naïve Disease- Percentage of patients who fail to reach testosterone $\leq 20$ ng/dL with LH-RH agonists



Morote J et al. Urol Int. 2006;77(2):135-8.

McLeod D et al. Urology 2001;58(5):756-61.

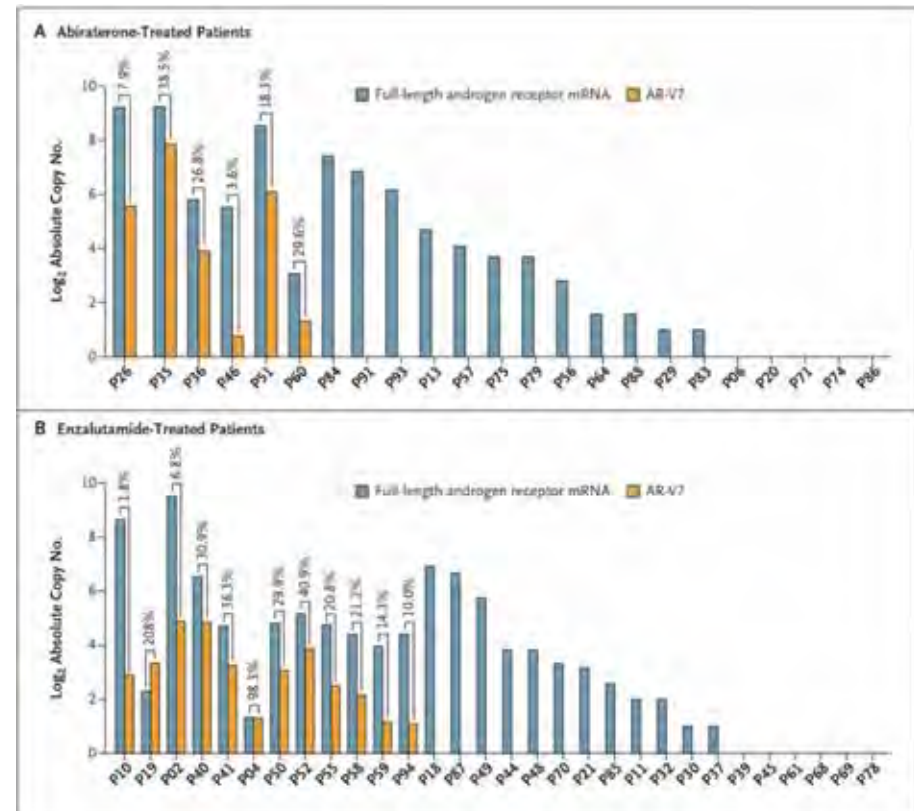
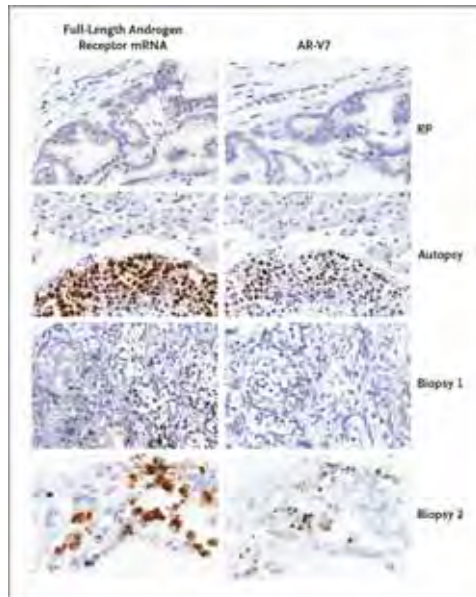
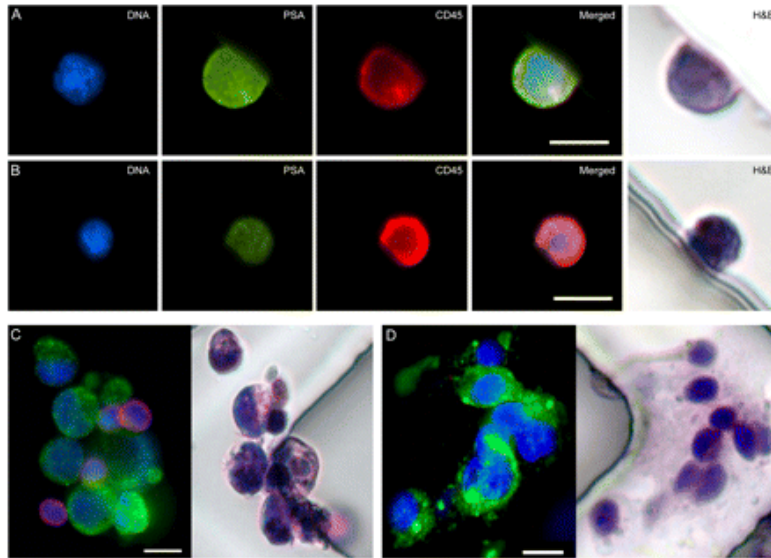


Kawakami J et al. J Urol 2002;167(Suppl. 4):288.

Oefelein MG et al. J Urol 2000;164(3 Pt 1):726-9.

Adapted from Tombal B & Berges R. Eur Urol Suppl 2005;4:30-6

# AR-V7 and Resistance to Enzalutamide and Abiraterone in Prostate Cancer



# Testosterone Levels with GnRH Agents

retrospective data: less than half of men taking GnRH analogs have a serum T consistently  $< 20$  ng/dL; Agonists may be better

Breakthrough ( $>50$  ng/dL) in about 25% of patients on GnRH analogs

Currently, castrate level of serum testosterone is defined as  $\leq 50$  ng/dL

- Current definition of castrate level is based on older detection technology (isotope derivative technique)
- Actual castrate level may be much lower using newer methodologies (eg, radioimmunoassay, chemiluminescence)

Morote J, et al. *J Urol*. 2007;178:1290-1295

Scher HI, et al. *J Clin Oncol*. 2008;26:1148-1159.

Novara G, et al. *Urol Int*. 2009;82:249-255.

# 2015 CRPC Treatment Options

- Secondary hormonal manipulation
- Androgen/androgen receptor manipulation
  - Enzalutamide (anti-androgen)
  - Abiraterone Acetate (CYP17 inhibitor, stops adrenal androgens)
- Radiopharmaceuticals
  - Radium 223
- Immunotherapy
  - Sipuleucel-T
- Chemotherapy
  - Docetaxel (1<sup>st</sup> line)
  - Cabazitaxel (2<sup>nd</sup> line)

## Prostate cancer patients have good reason to hope

New treatments show promise in slowing disease

Karen Weintraub  
Special for USA TODAY

Jim Kiefert of Olympia, Wash., has been battling prostate cancer for 23 years. The retired school administrator, 74, has never been more optimistic about his prospects.

For the first time, thanks to a handful of drug approvals over the past 2½ years, there are now multiple options for treating advanced prostate cancer. The newest drug, enzalutamide (brand name Xtandi), came on the market in September with the best survival data ever for prostate cancer. None of the new drugs is a cure. Re-



Jim Kiefert, 74, is still rowing and exercising 23 years after his cancer diagnosis. He has benefited from two drug trials in the past decade.