

## The future of Biomarkers in Prostate and Bladder Cancer

Prof Wim Van Criekinge, CSO  
9<sup>th</sup> August 2015, Colorado Springs



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# Overview

## Epigenetics

- Introduction
- DNA Methylation & Oncology

## MDxHealth

- *NEXT-GEN*eration (Epi)genetic biomarkers
- Prostate Epigenetic Biomarkers
  - confirmMDx & Beyond
- Bladder Epigenetic Biomarkers

# Overview

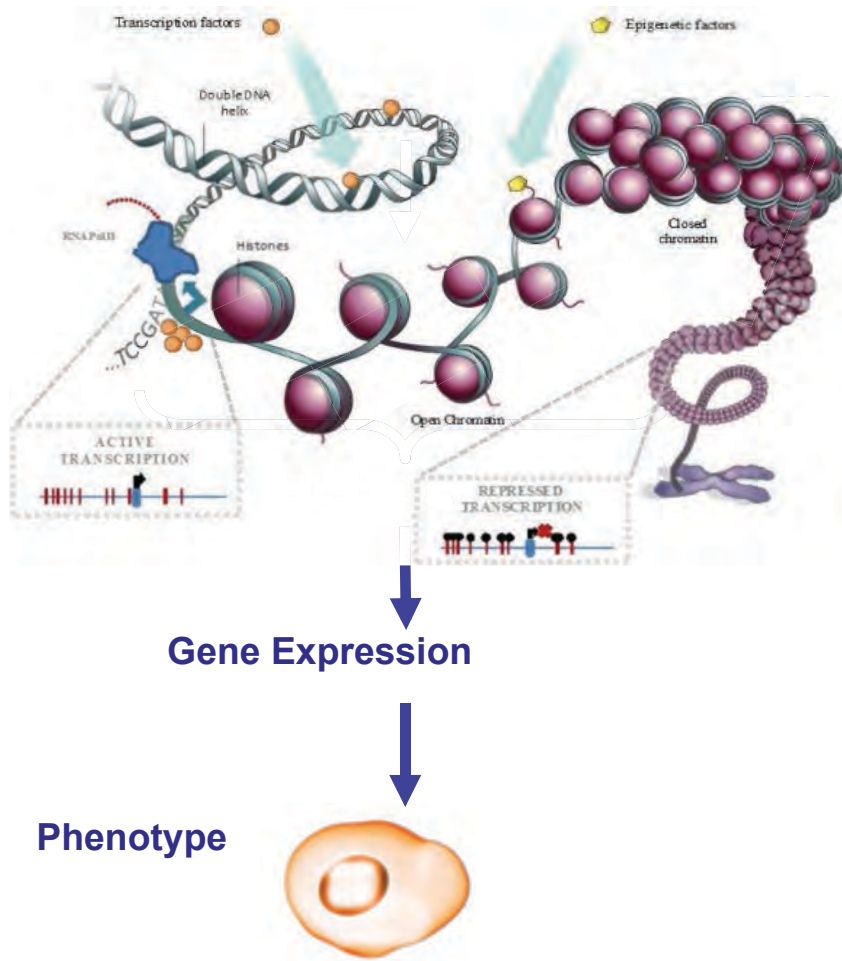
## Epigenetics

- Introduction
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## MDxHealth

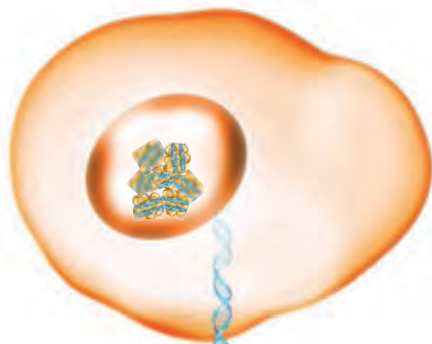
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# Defining Epigenetics



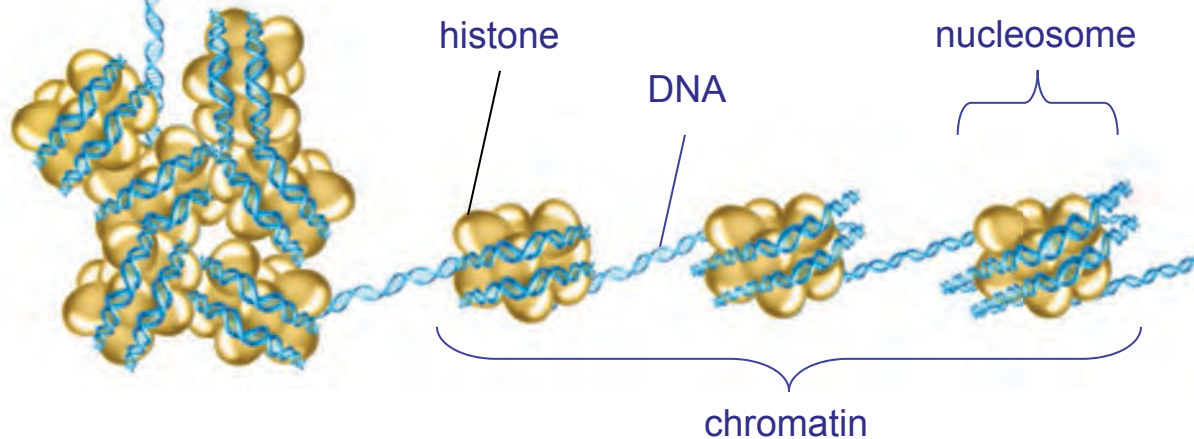
- Reversible changes in gene expression/function without changes in DNA sequence
- Can be inherited from precursor cells
- Allows to (re)use one genomes for different purposes
- Allows to integrate intrinsic with environmental signals

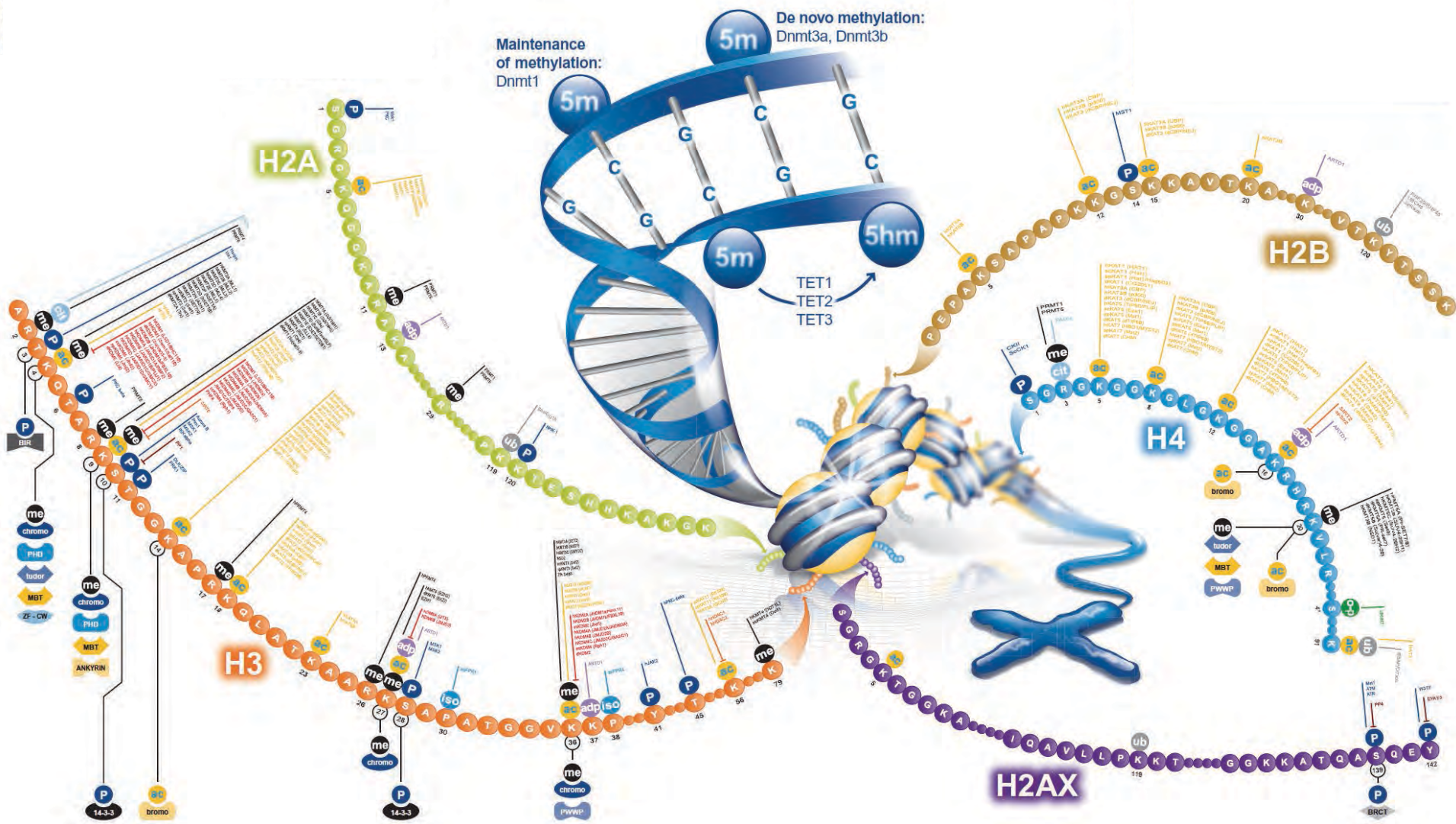
# Chromatin, a Key Component of Epigenetic Regulation



Cellular DNA is packaged into a structure called chromatin

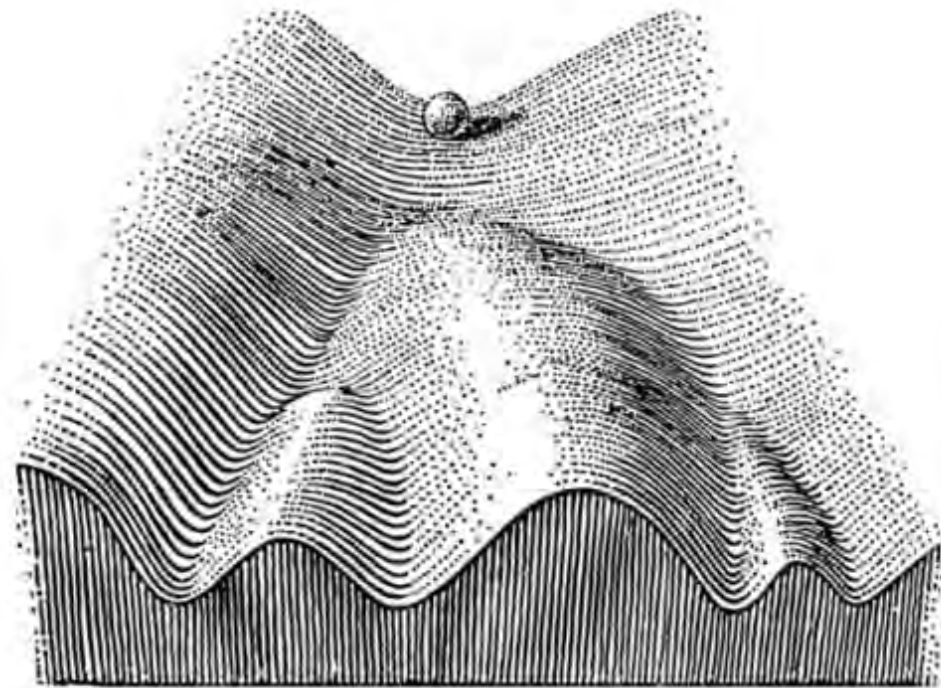
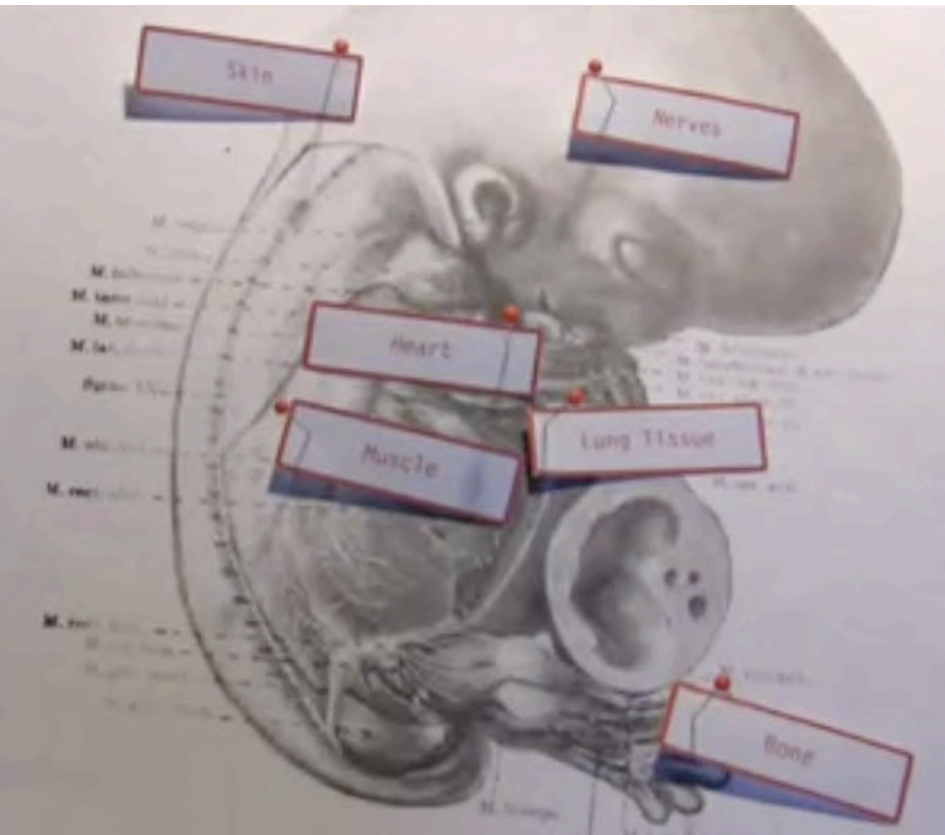
The unit of chromatin is the nucleosome, a complex of a histone tetramer with approx. 147 bp of DNA wound around it





## Evolutionary Perspective

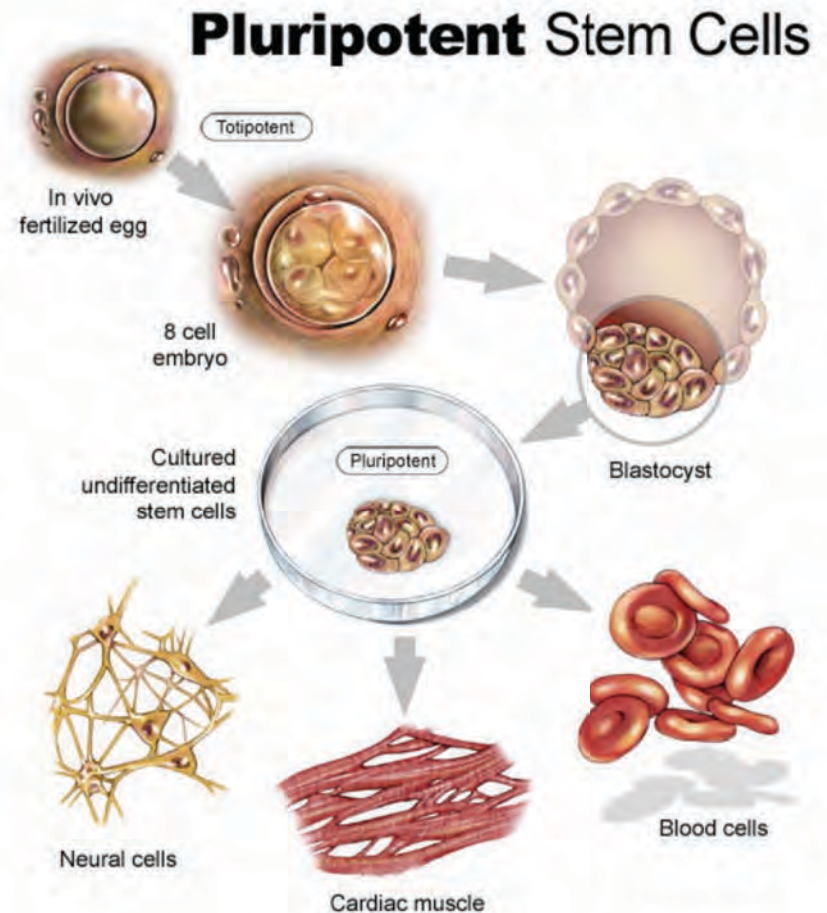
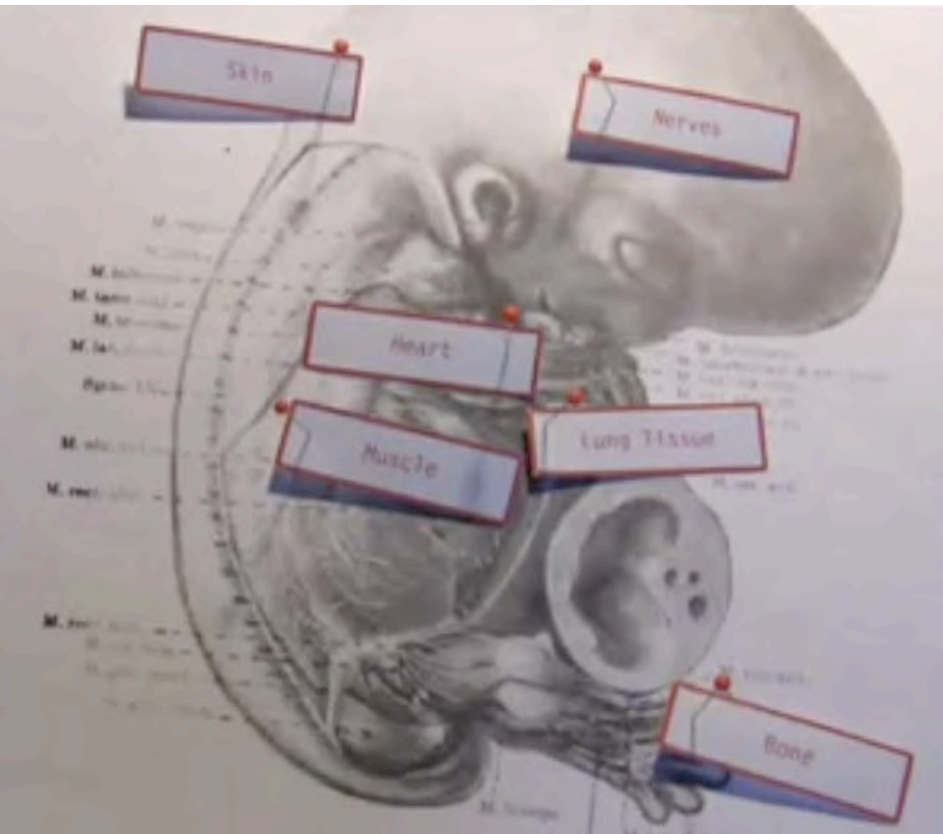
*epigenetic (meta)information = stem cells*



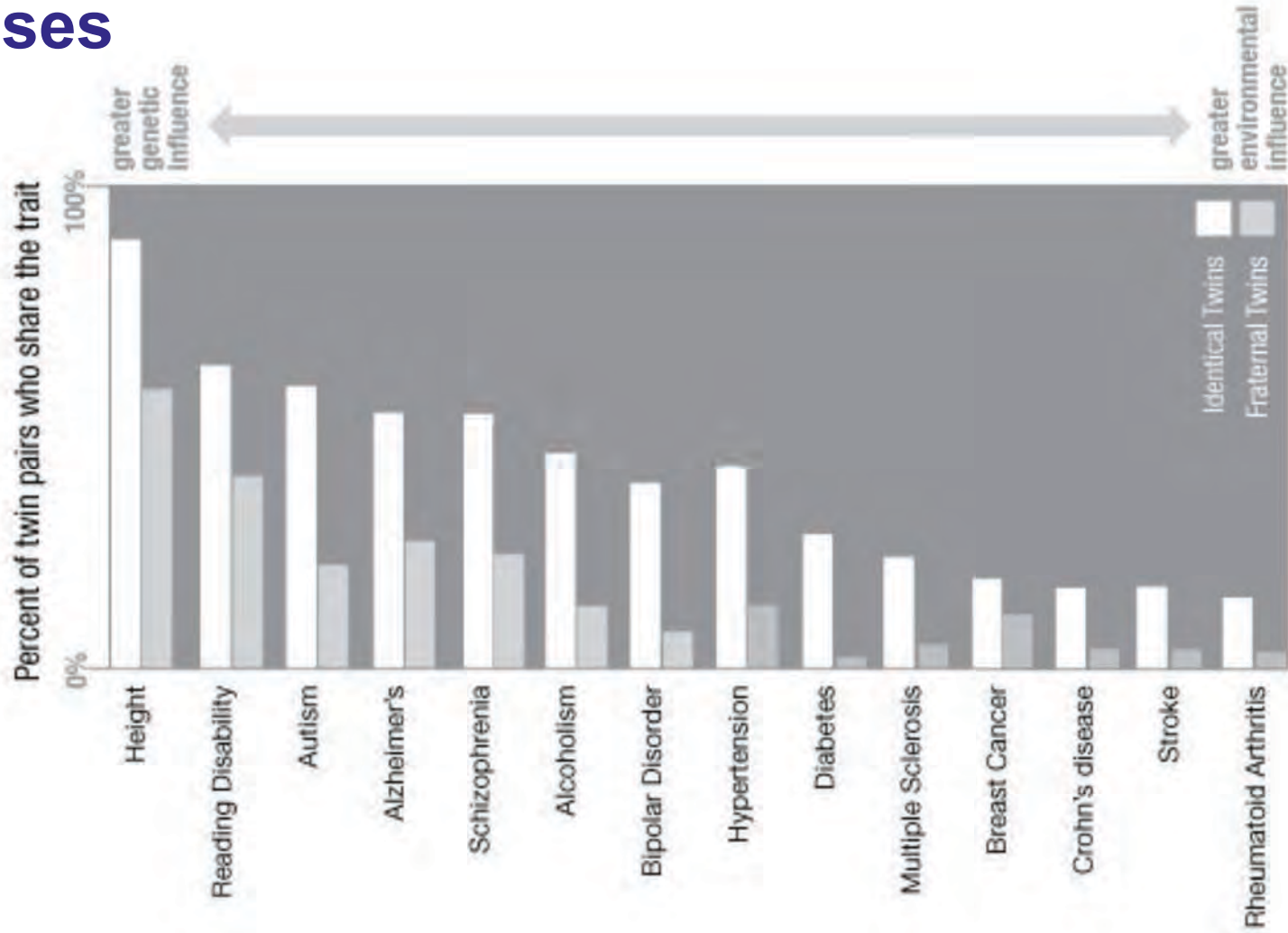
Waddington's Epigenetic Landscape



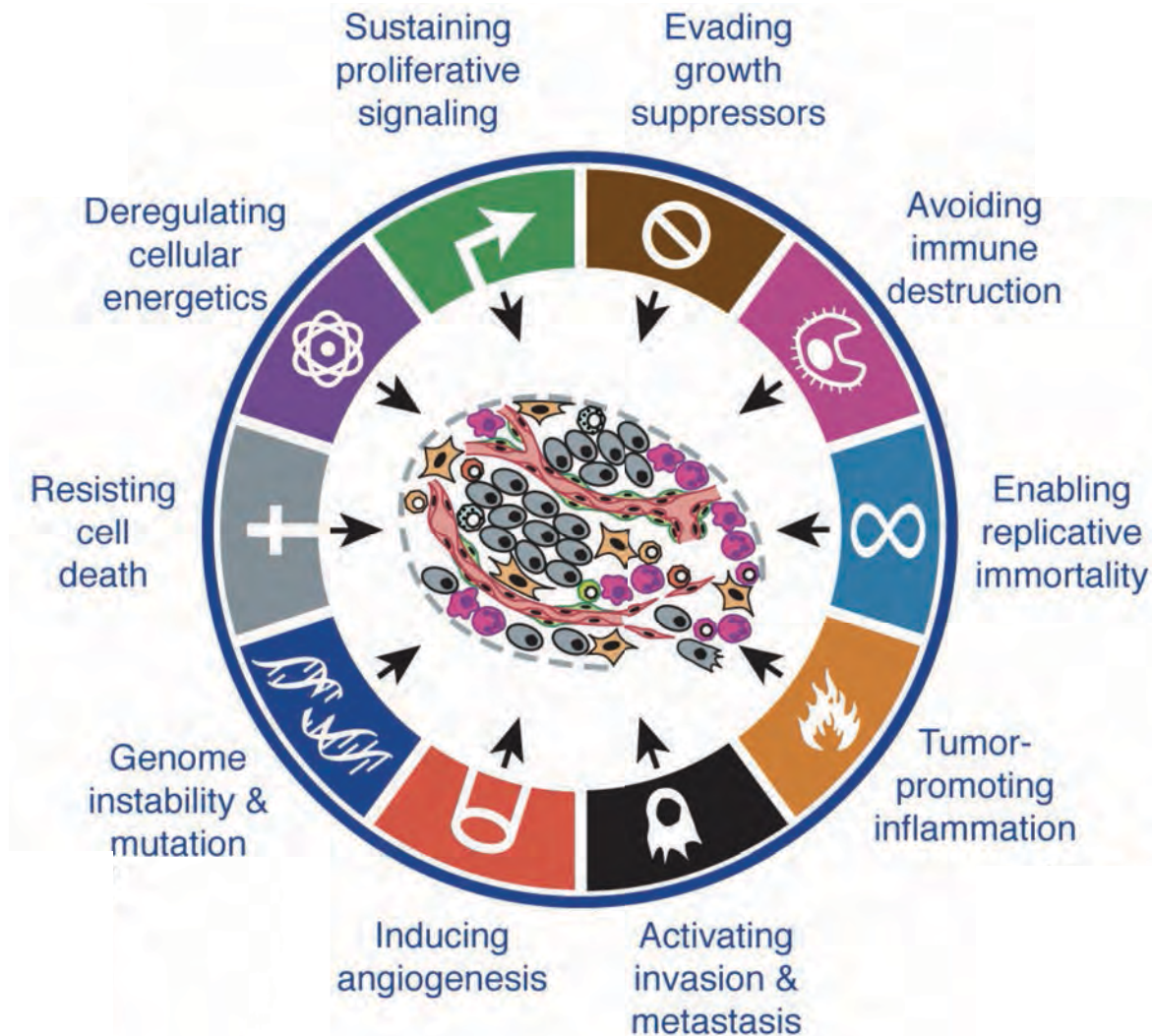
## Evolutionary Perspective *epigenetic (meta)information = stem cells*



# Epigenetics driving etiology of many human diseases

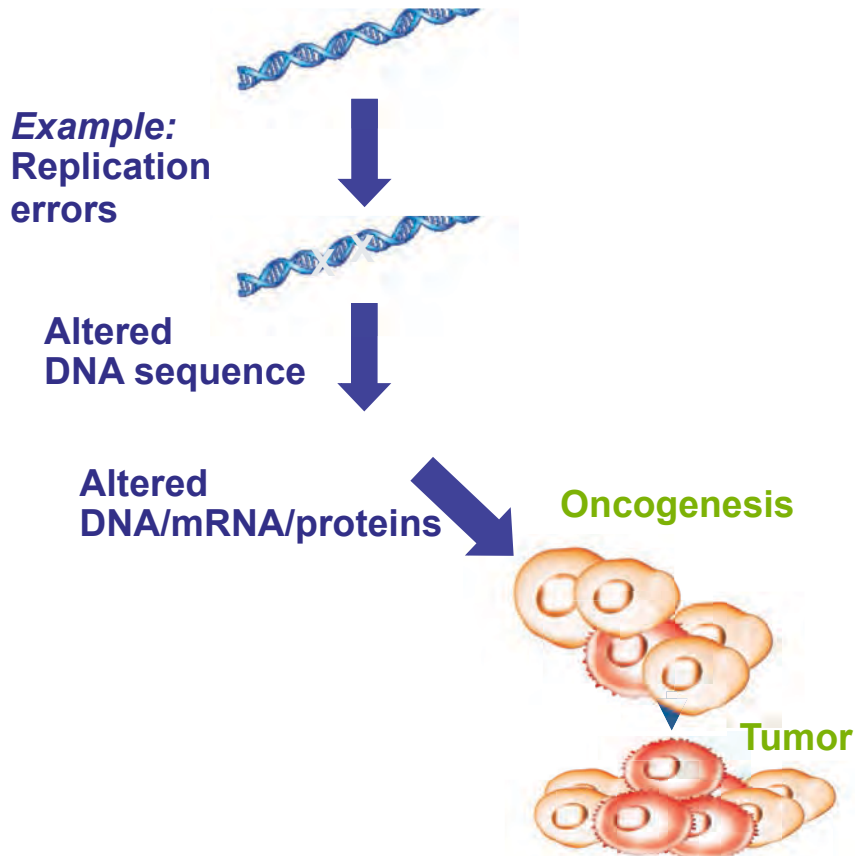


## Cancer is impairing key pathways/modules/networks



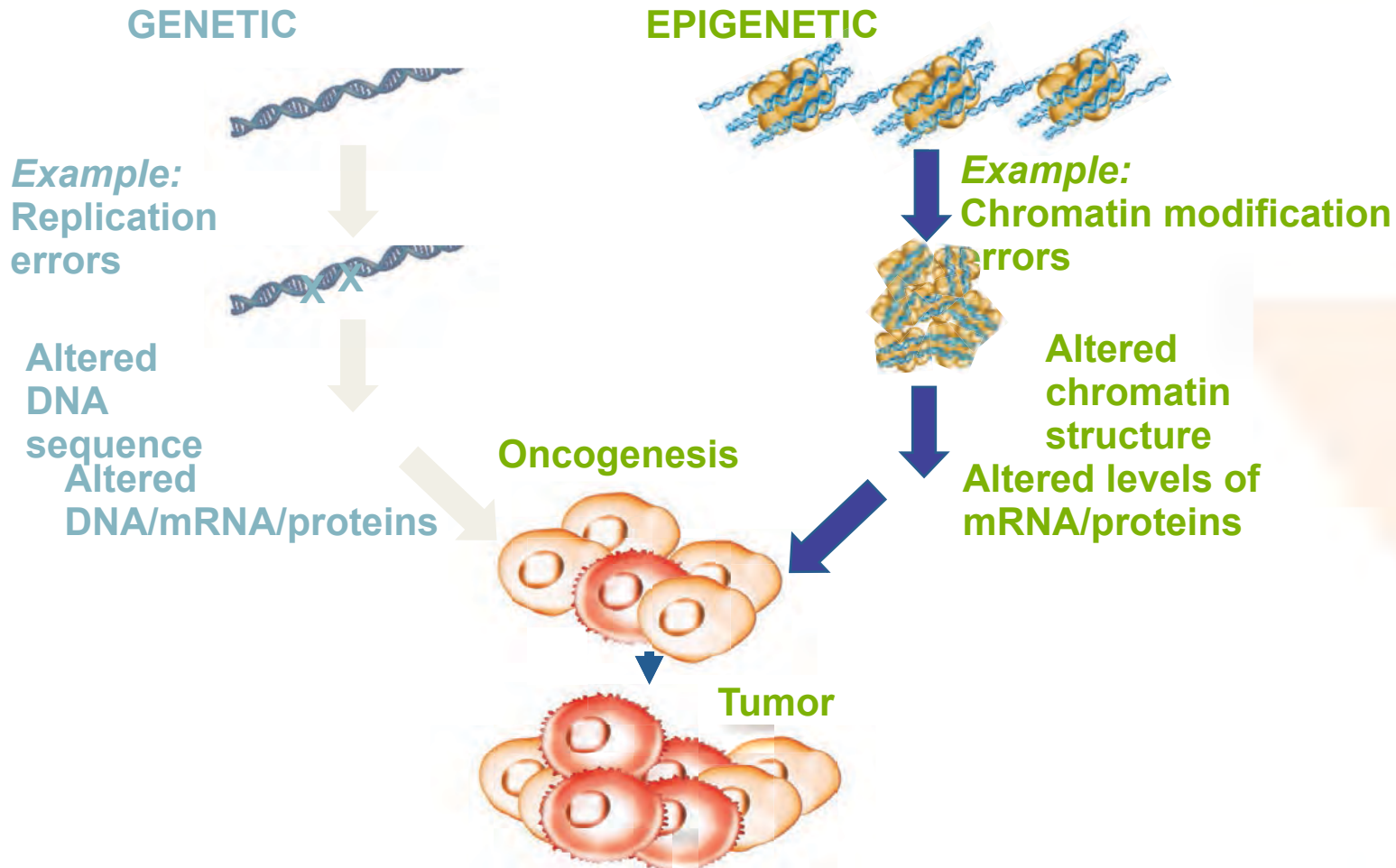
# Historically, Cancer Was Considered to be Driven Mostly by Genetic Changes

## GENETIC

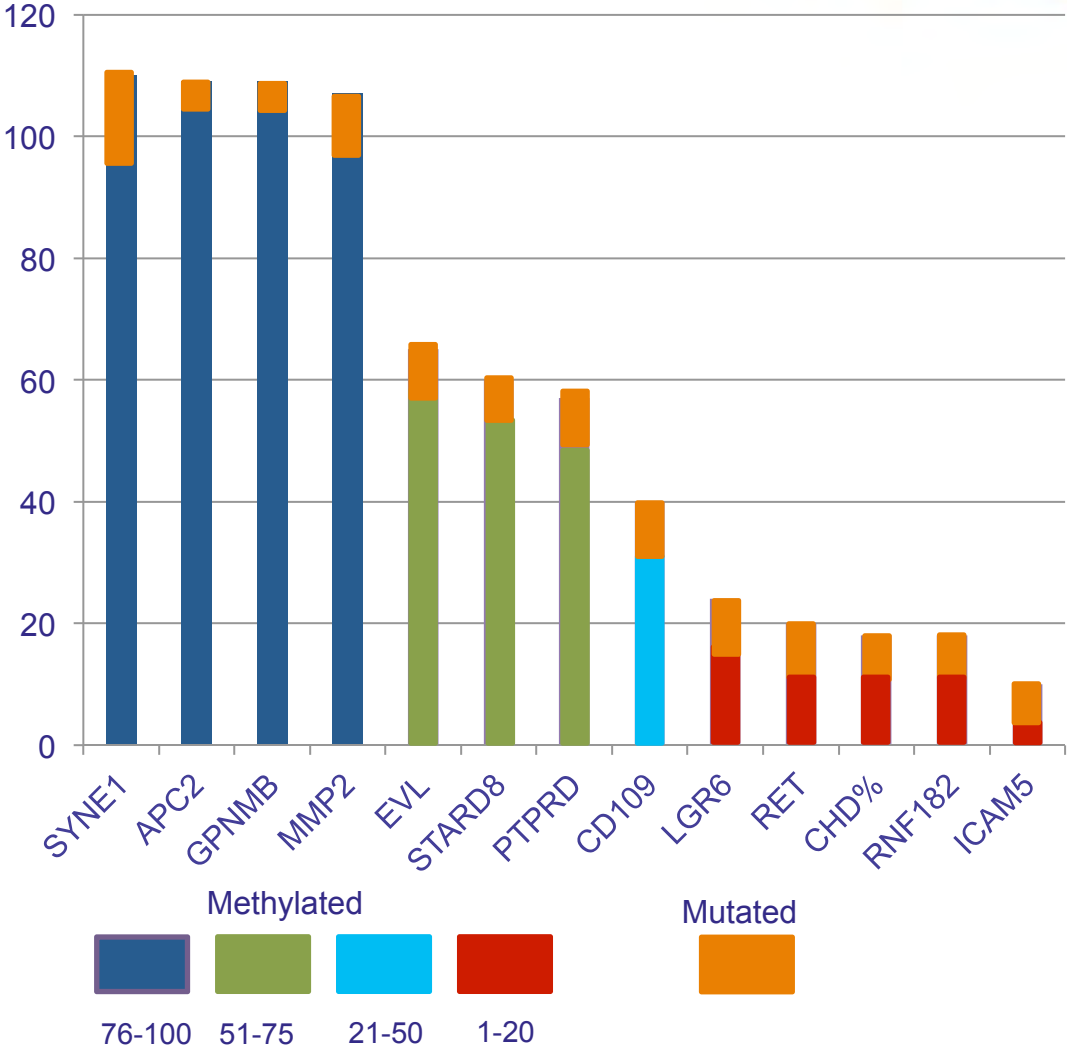


- Mutations in p53
- Activating mutations in RAS
- Mutations or amplifications of the HER-2 gene
- Chromosomal translocations in myeloid cells and the generation of the BCR-ABL fusion protein

## Past decade has shown that Epigenetic Changes are Important in Causing Cancer

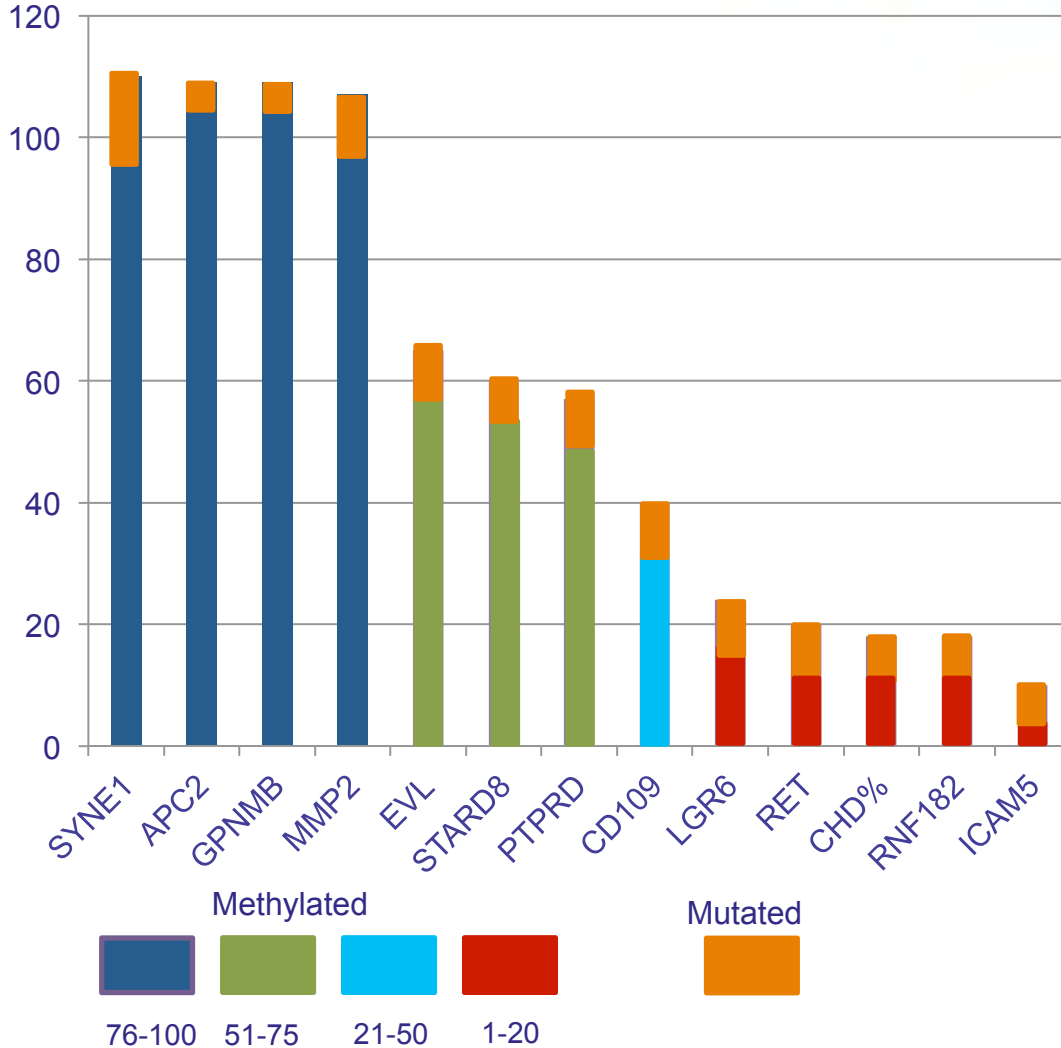


## Example of Methylation vs Mutation: Colon & Breast Cancer



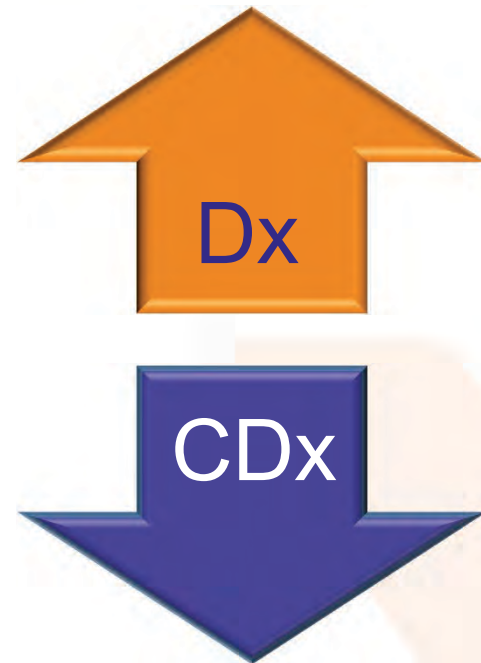
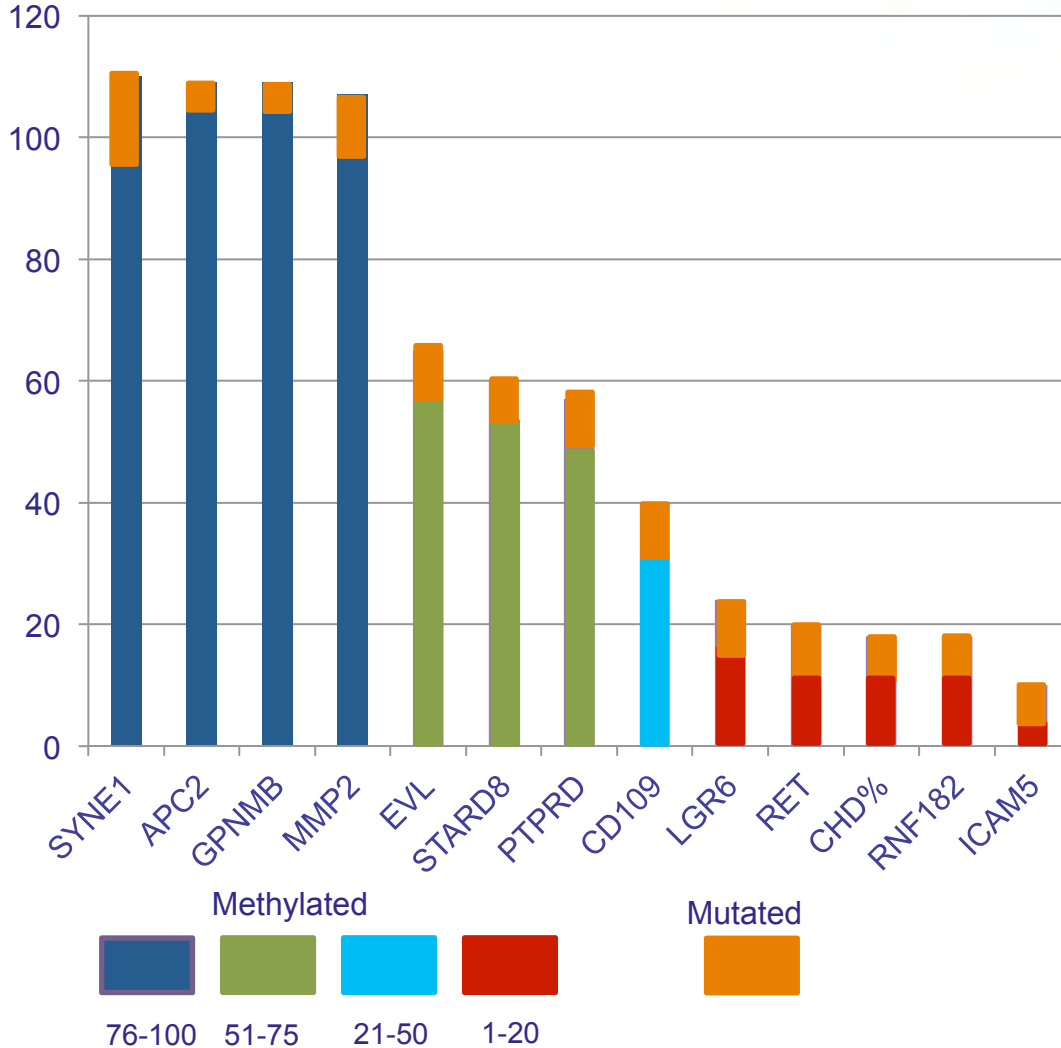
Source: Schuebel et al 2007

## Example of Methylation vs Mutation: Colon & Breast Cancer



Source: Schuebel et al 2007

## Example of Methylation vs Mutation: Colon & Breast Cancer



Source: Schuebel et al 2007



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# Methylation Specific PCR (MSP)

## Step I: Bisulfite Treatment



# Methylation Specific PCR (MSP)

## Step II: Amplification and Detection

Methylated

Un Methylated

PCR

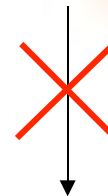
Using methylation specific primers

**C G A C G C G C G U C G U**  
| | | | | | | | | | | | | |  
**G C T G C G C G C A G C A**

**U G A U G U G U G U U G U**  
| | | | | | | | | | | | | |  
**G C T G C G C G C A G C A**



PCR Product



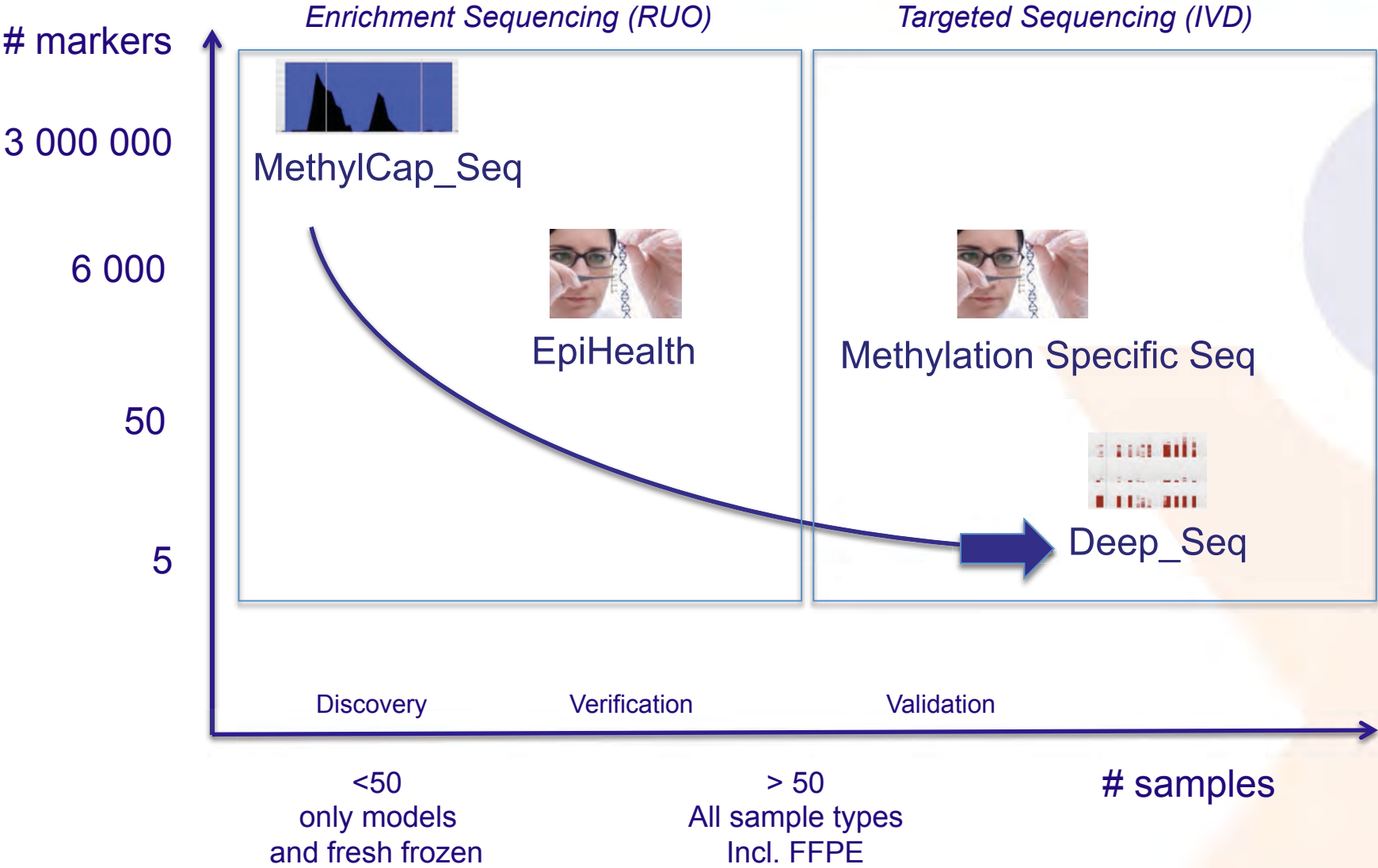
No PCR Product

# DNA Methylation

## compared to competing technologies

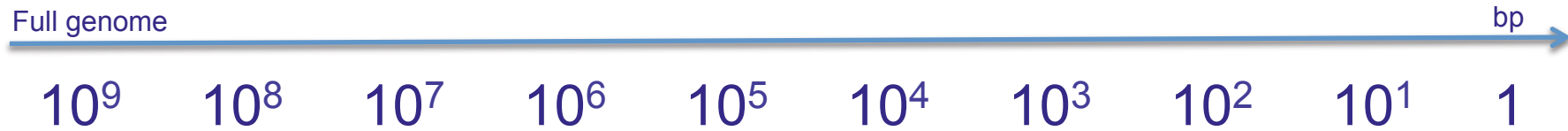
- Frequency of methylation in different cancer tissues is attractive
- Methylation is biologically the most efficient way to shutdown gene
- A small number of biomarkers provides clinically relevant information
- Methylation is highly stable especially relative to mRNA and proteins
- Tumor cell specific methylation patterns detectable in a background of normal cells (higher sensitivity)

## Next Generation Epigenetic Profiling



# Next Generation (Epi)genetic Profiling

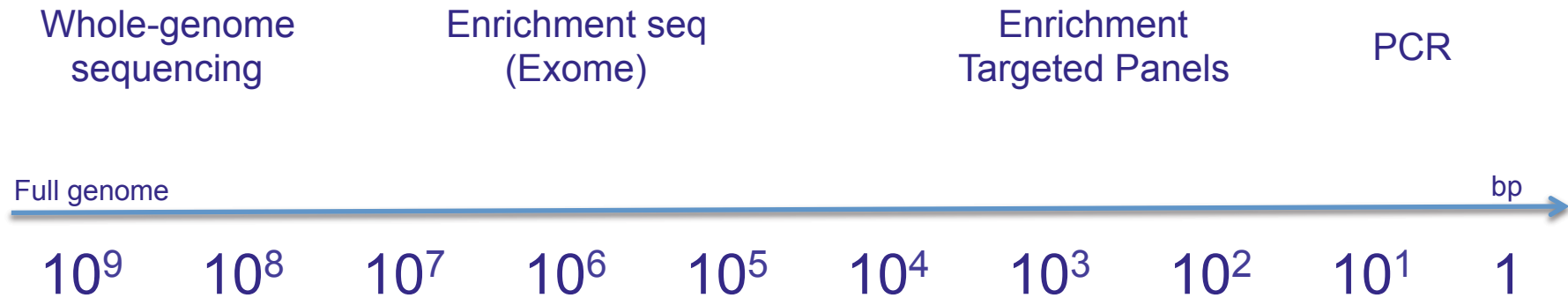
# MDxHealth



# Next Generation (Epi)genetic Profiling

# MDxHealth

G  
E  
N  
E  
T  
I  
C



# Next Generation (Epi)genetic Profiling

# MDxHealth

E  
P  
I

Whole-genome  
Bisulphite seq

Enrichment seq  
(MBD, RRBS)

Probes  
(450-27K)

Enrichment  
Targeted Panels

MSP

G  
E  
N  
E  
T  
I  
C

Whole-genome  
sequencing

Enrichment seq  
(Exome)

Enrichment  
Targeted Panels

PCR

Full genome

$10^9$

$10^8$

$10^7$

$10^6$

$10^5$

$10^4$

$10^3$

$10^2$

$10^1$

1

bp



# Next Generation (Epi)genetic Profiling

# MDxHealth

E  
P  
I

Whole-genome  
Bisulphite seq

Enrichment seq  
(MBD, RRBS)

Probes  
(450-27K)

Enrichment  
Targeted Panels

MSP

G  
E  
N  
E  
T  
I  
C

Whole-genome  
sequencing

Enrichment seq  
(Exome)

Enrichment  
Targeted Panels

PCR

Full genome

bp

$10^9$

$10^8$

$10^7$

$10^6$

$10^5$

$10^4$

$10^3$

$10^2$

$10^1$

1

*RUO  
sequencing*

*Clinical  
PCR*

# Next Generation (Epi)genetic Profiling

# MDxHealth

E  
P  
I

Whole-genome  
Bisulphite seq

Enrichment seq  
(MBD, RRBS)

Probes  
(450-27K)

Enrichment  
Targeted Panels

MSP

G  
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Whole-genome  
sequencing

Enrichment seq  
(Exome)

Enrichment  
Targeted Panels

PCR

Full genome

bp

$10^9$

$10^8$

$10^7$

$10^6$

$10^5$

$10^4$

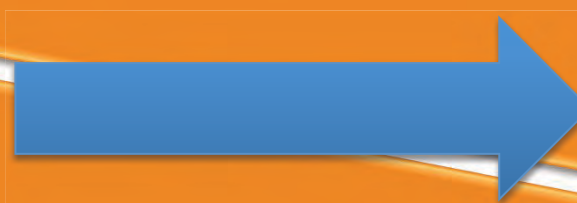
$10^3$

$10^2$

$10^1$

1

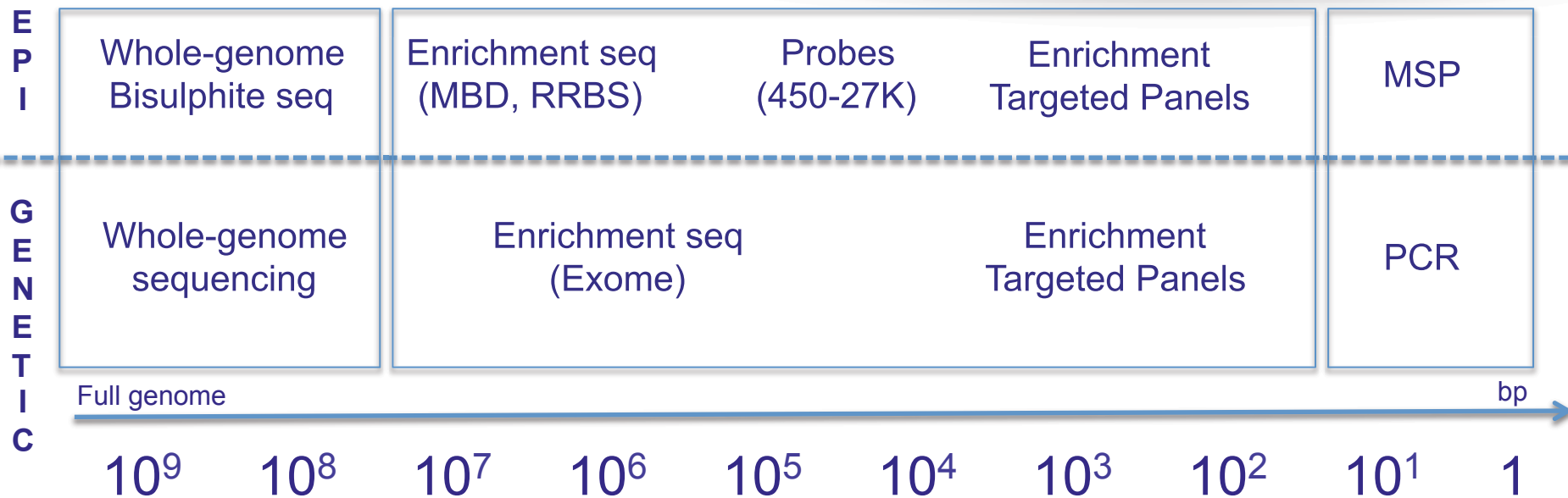
*RUO  
sequencing*



*Clinical  
PCR*

# Next Generation (Epi)genetic Profiling

# MDxHealth



***RUO  
sequencing***



***Clinical  
PCR***



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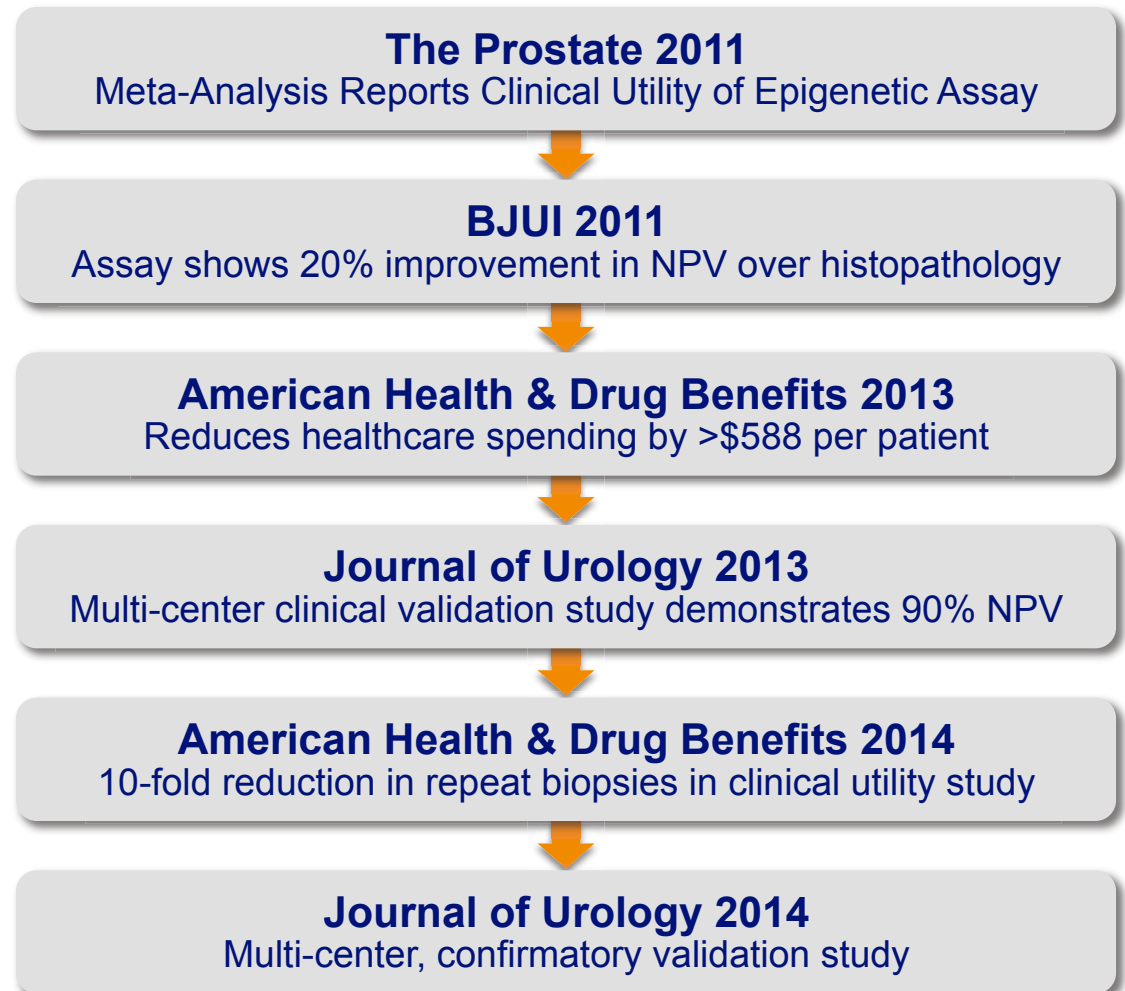
## MDxHealth

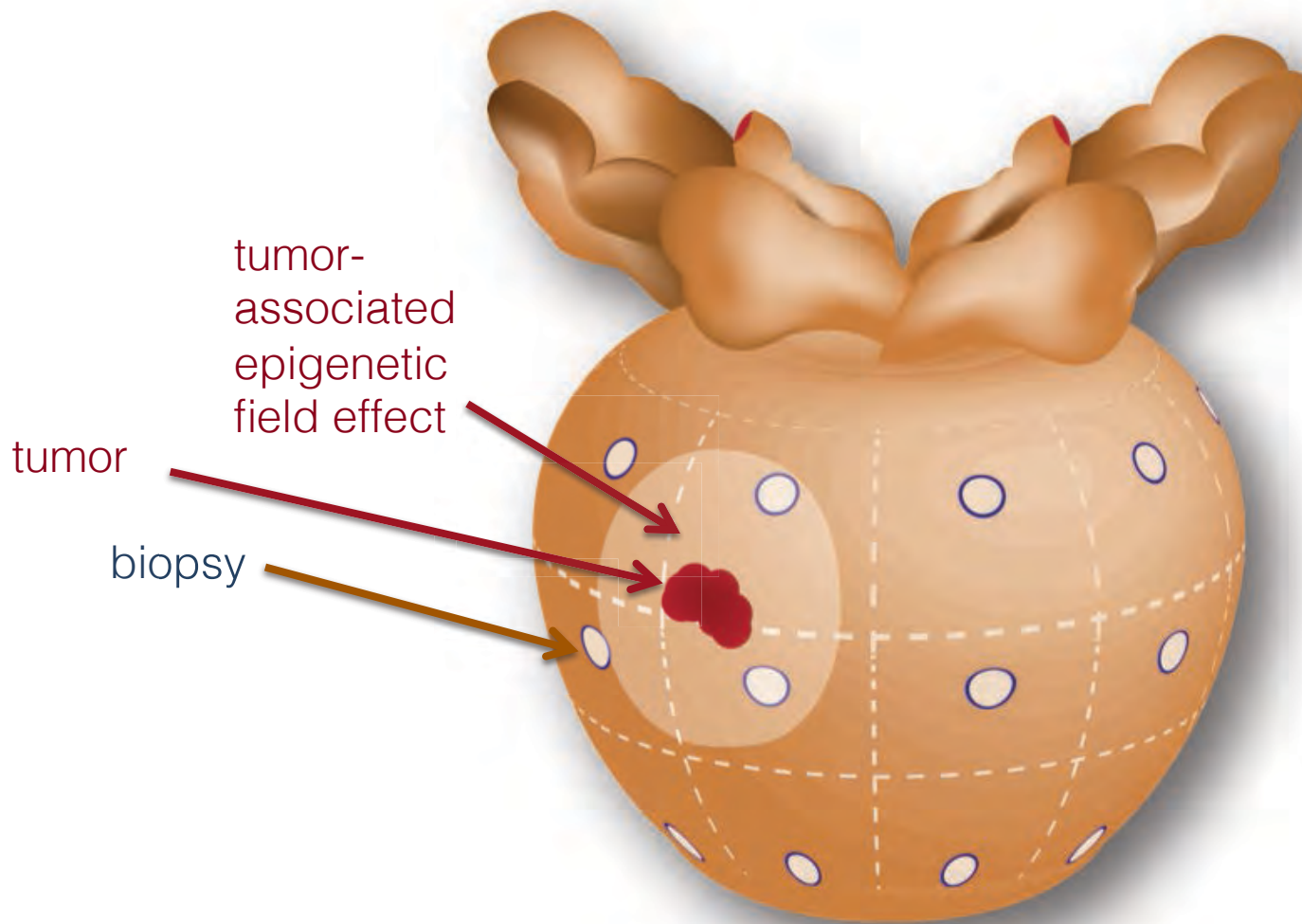
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# ConfirmMDx Background

## Performance of ConfirmMDx genes and methylation technology:

- Reported in over 45+ peer-reviewed scientific publications
- Over 5,000 subjects in studies
- Multinational, academic and community settings
- Prospective and retrospective multicenter, blinded studies





## confirmMDx

Negative Biopsy  
Persistent Risk Factors

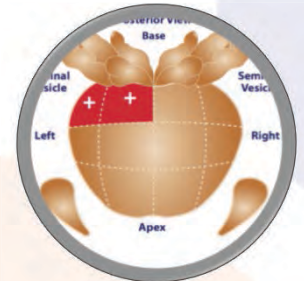
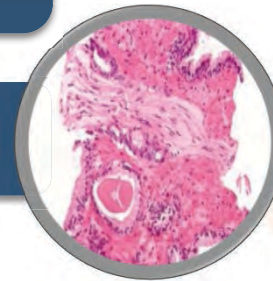
DNA Methylation

NPV ~96% Significant PCa  
NPV ~90% All PCa

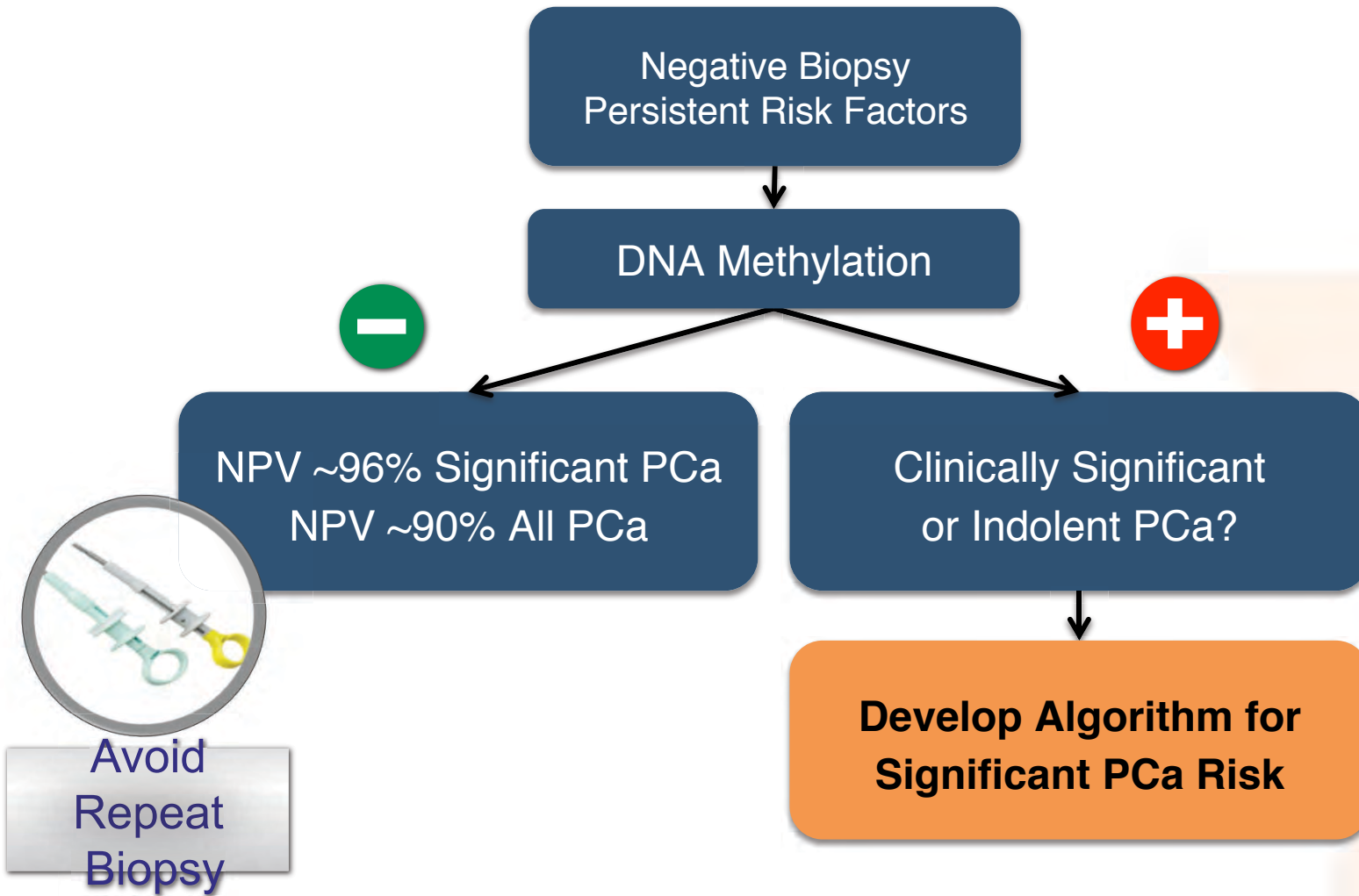
Residual  
Tissue

Prostate  
Mapping

Avoid  
Repeat  
Biopsy



... and beyond





## confirmMDx Risk Score

Core	Weighed Methylation Intensity		
	AP C	GSTP 1	RASSF 1
1	0.73	46.95	1.15
2	0.00	16.05	0.00
3	0.00	0.00	0.00
4	0.00	15.04	0.00
5	0.00	0.00	0.00
6	0.00	0.00	0.00
7	0.00	0.00	0.00
8	0.00	0.00	0.00
9	0.00	0.00	0.00

sum
48.83
16.05
0.00
15.04
0.00
0.00
0.00
0.00
0.00
0.00

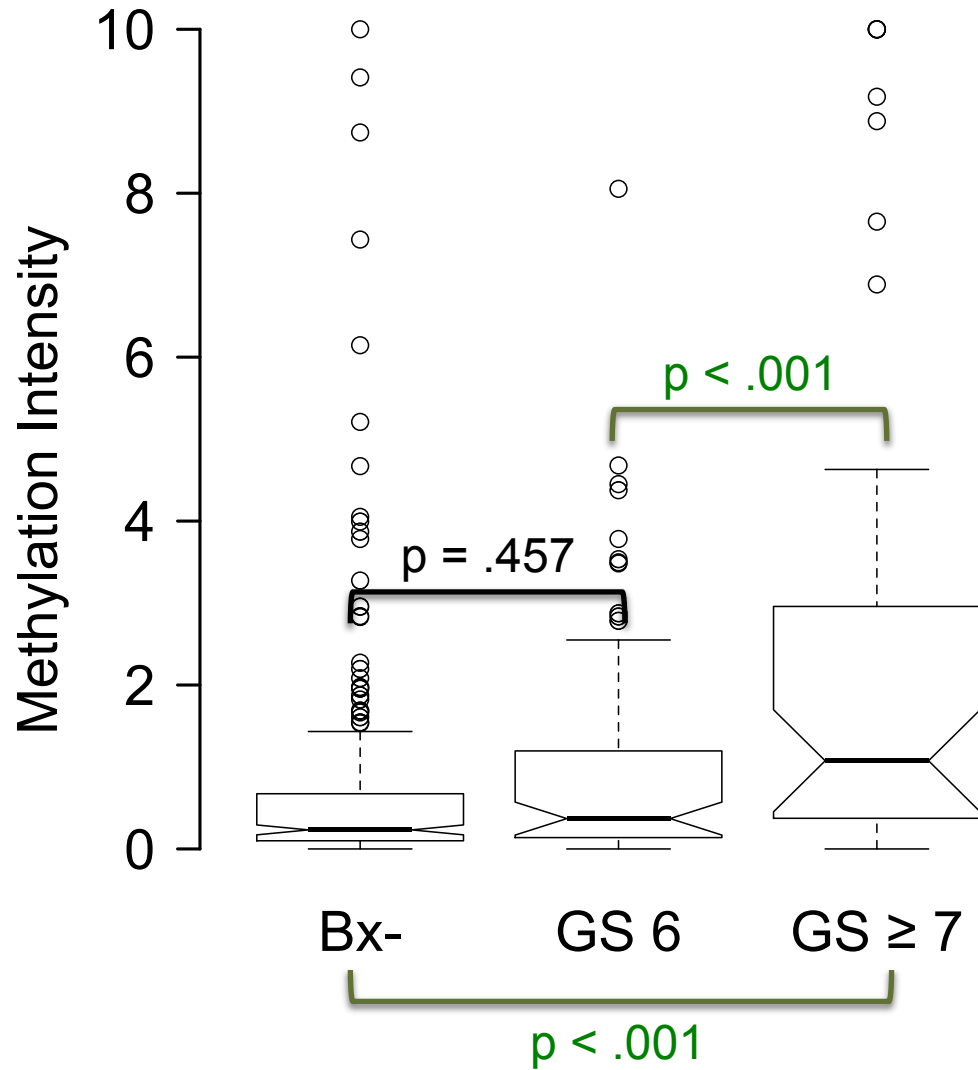
average →

- Age: 71
- Caucasian
- 1<sup>st</sup> Biopsy
- HG PIN

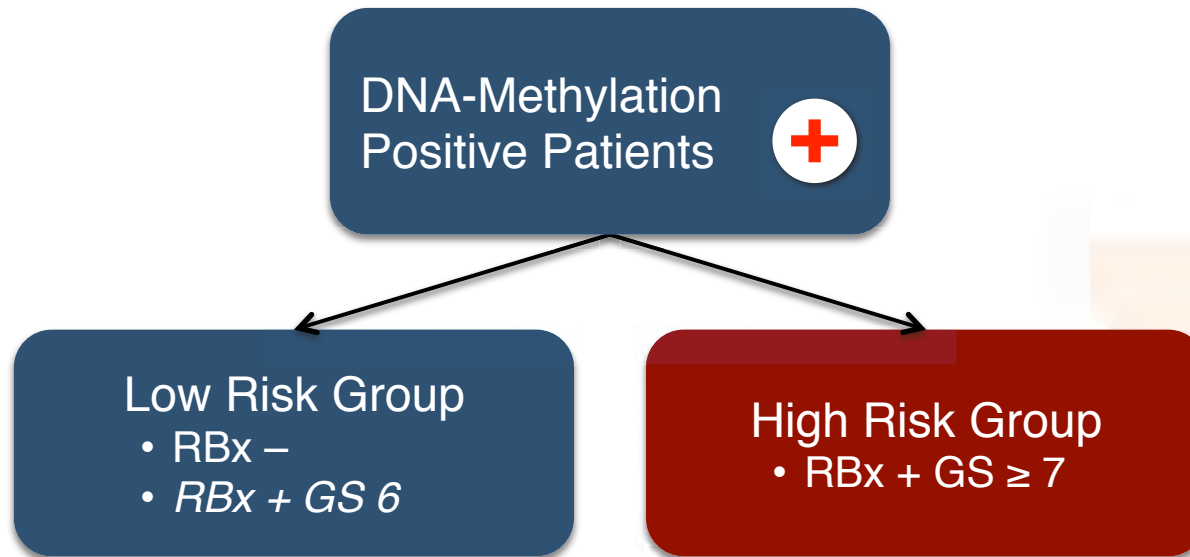
Methylation Intensity
8.88

3/9 cores positives

## confirmMDx Risk Score



## Epigenetic Health Index (EHI) Risk Score to Further Stratify DNA-Methylation Positive Patients



### Algorithm for Risk Stratification Using:

- Epigenetic Risk: Cores Positive and Methylation Intensity
- Clinical Risk Factors: Age, PSA, DRE, Histopathology

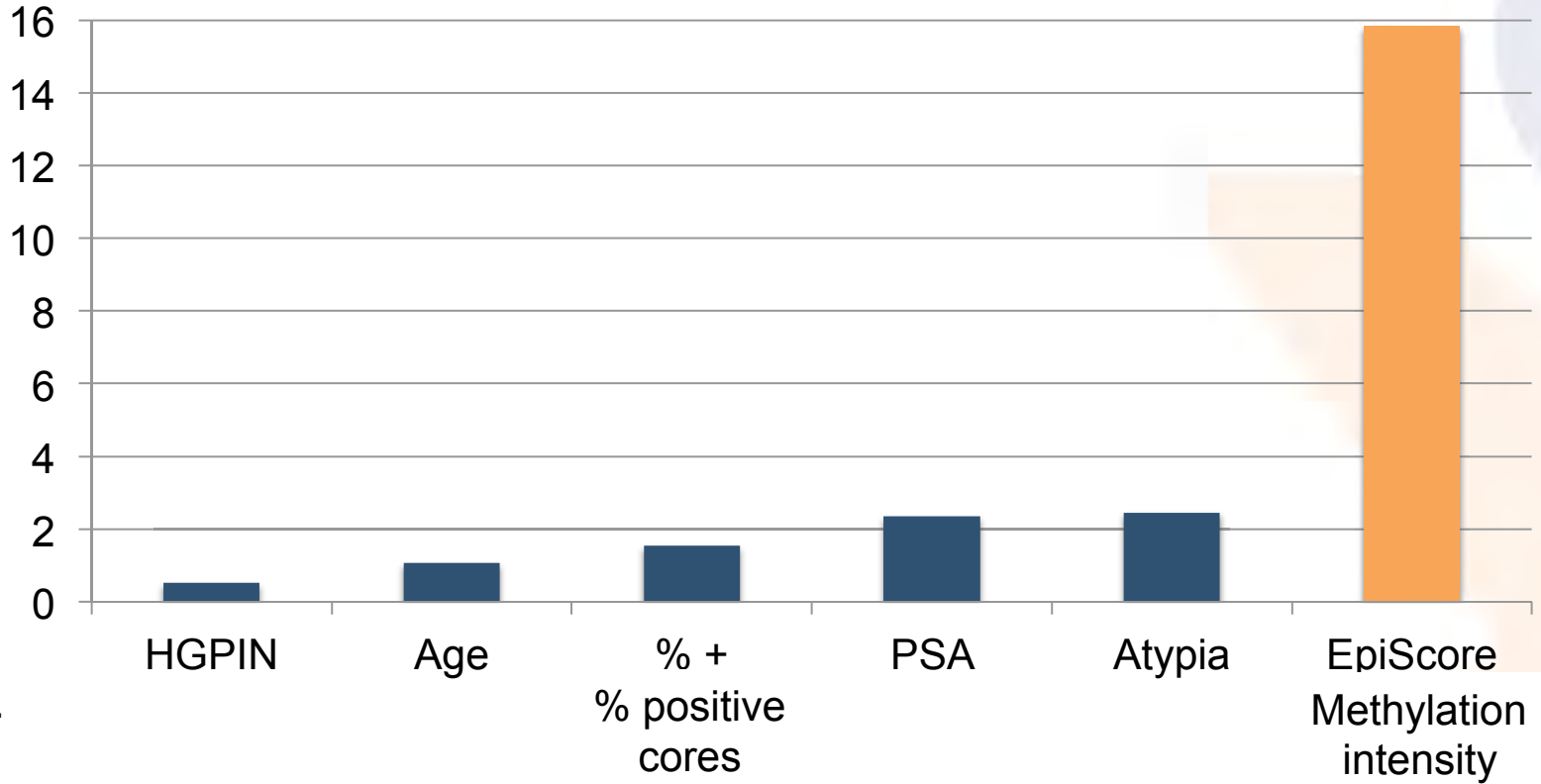
Epigenetic  
Health Index  
(EHI)

# Risk Score Comparison

Parameters		NCCN	PCPTRC2	EHI
Demographic	Age			
	Race			
Clinical	Family history			
	Prior biopsy			
	DRE			
	Pathology of - index Bx			
	GS			
	PSA density			
Molecular	PSA			
	ConfirmMDx+ Bx Cores			
	Methylation Intensity			

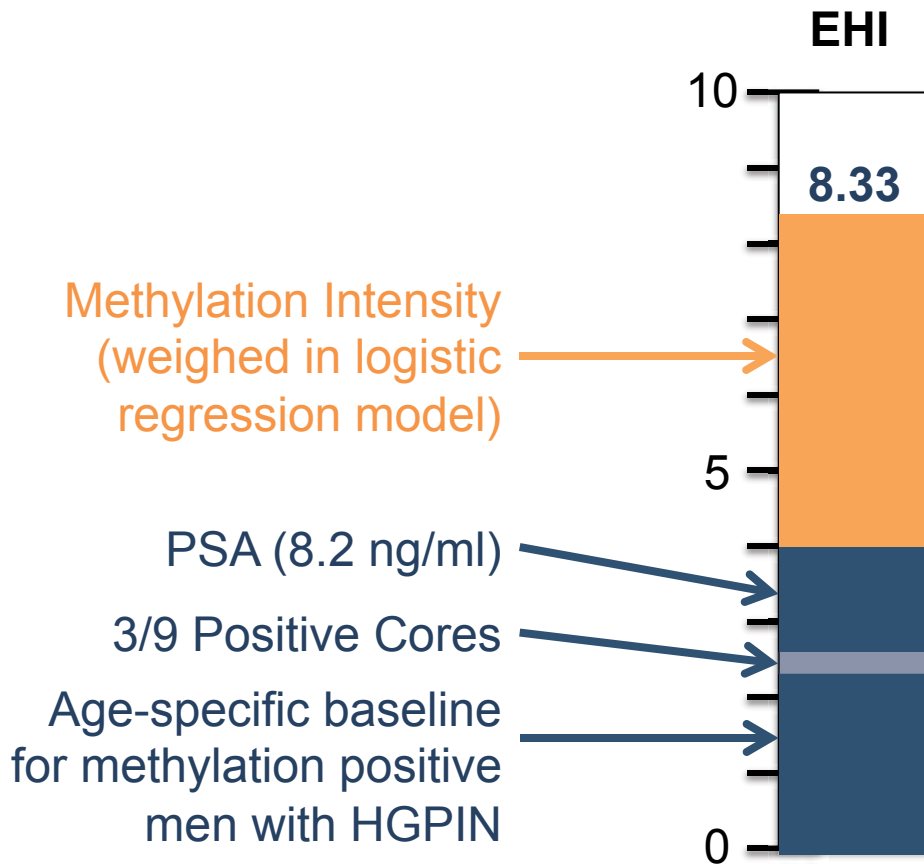
# Epigenetic Health Index (EHI) Multivariate Logistic Regression

Odds Ratio for  
GS  $\geq$  7



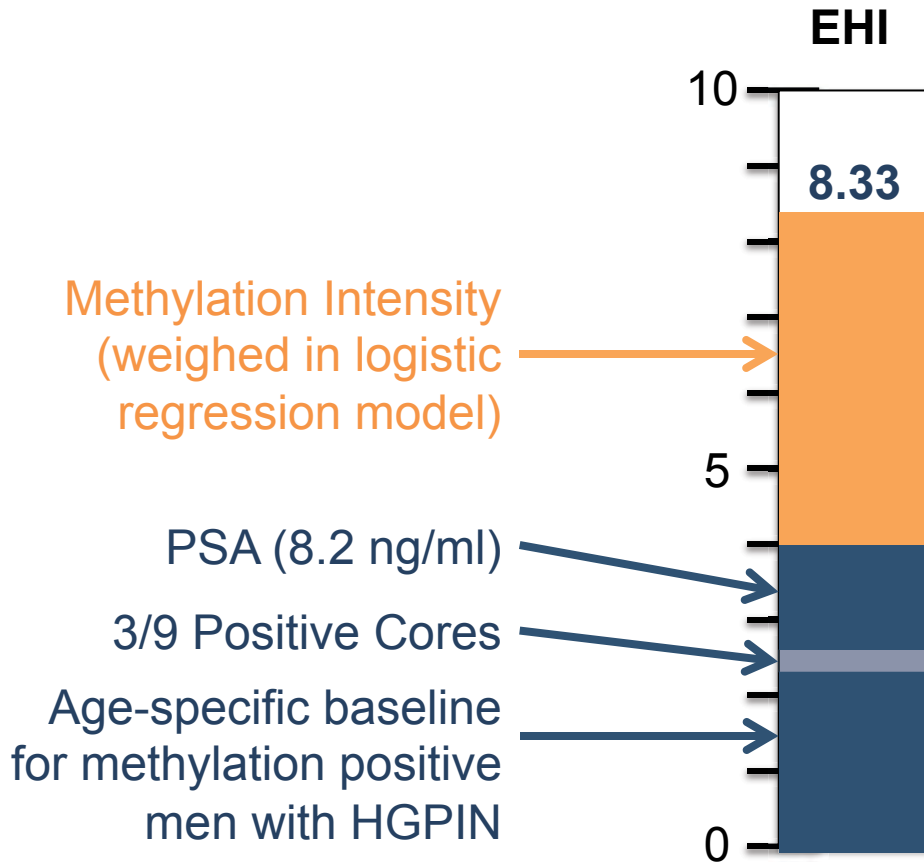
Risk Factor

## Epigenetic Health Index (EHI)



EHI on  
1<sup>st</sup> Biopsy **8.33**

## Epigenetic Health Index (EHI)

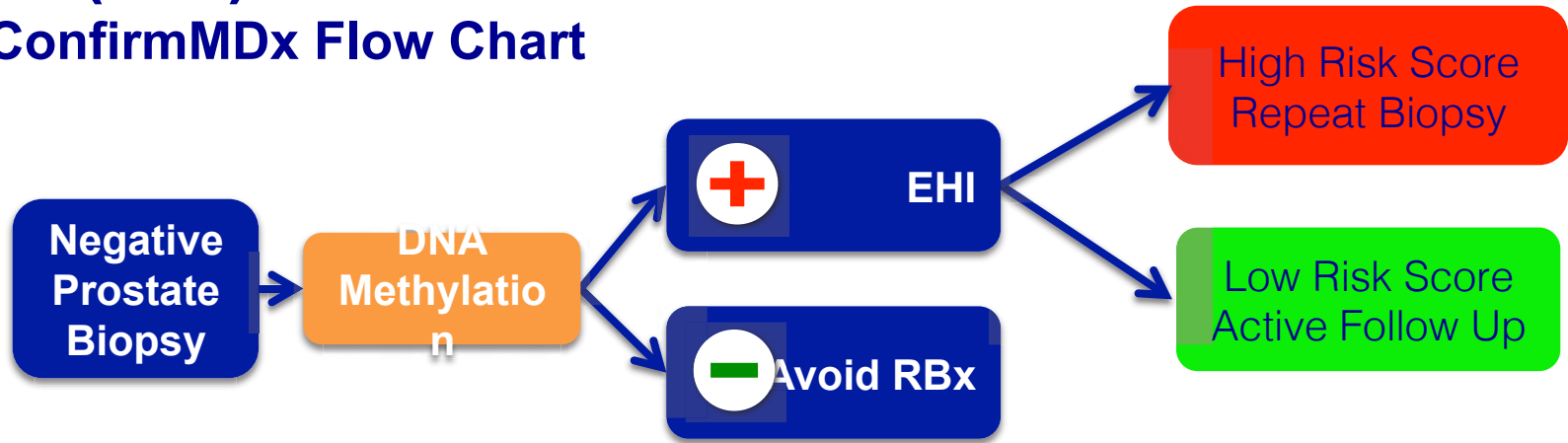


EHI on  
1<sup>st</sup> Biopsy **8.33**

Pathology on  
2<sup>nd</sup> Biopsy **GS 8**

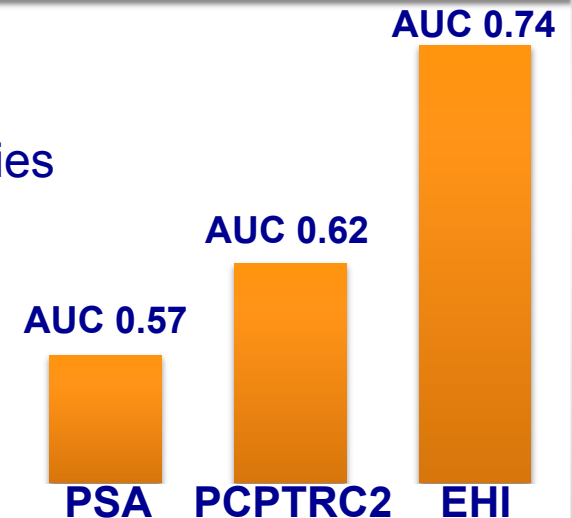
# ConfirmMDx and Epigenetic Health Index (EHI)

## ConfirmMDx Flow Chart



## ConfirmMDx:

- Improves stratification on decision for repeat Biopsies
- Helps reduce unnecessary repeat Biopsies
- EHI identifies men with clinically significant PCa outperforming traditional risk score methods like PSA and PCPTRC2





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- **Bladder Epigenetic Biomarkers**

# Bladder Confirm MDx (2010)

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



European Association of Urology

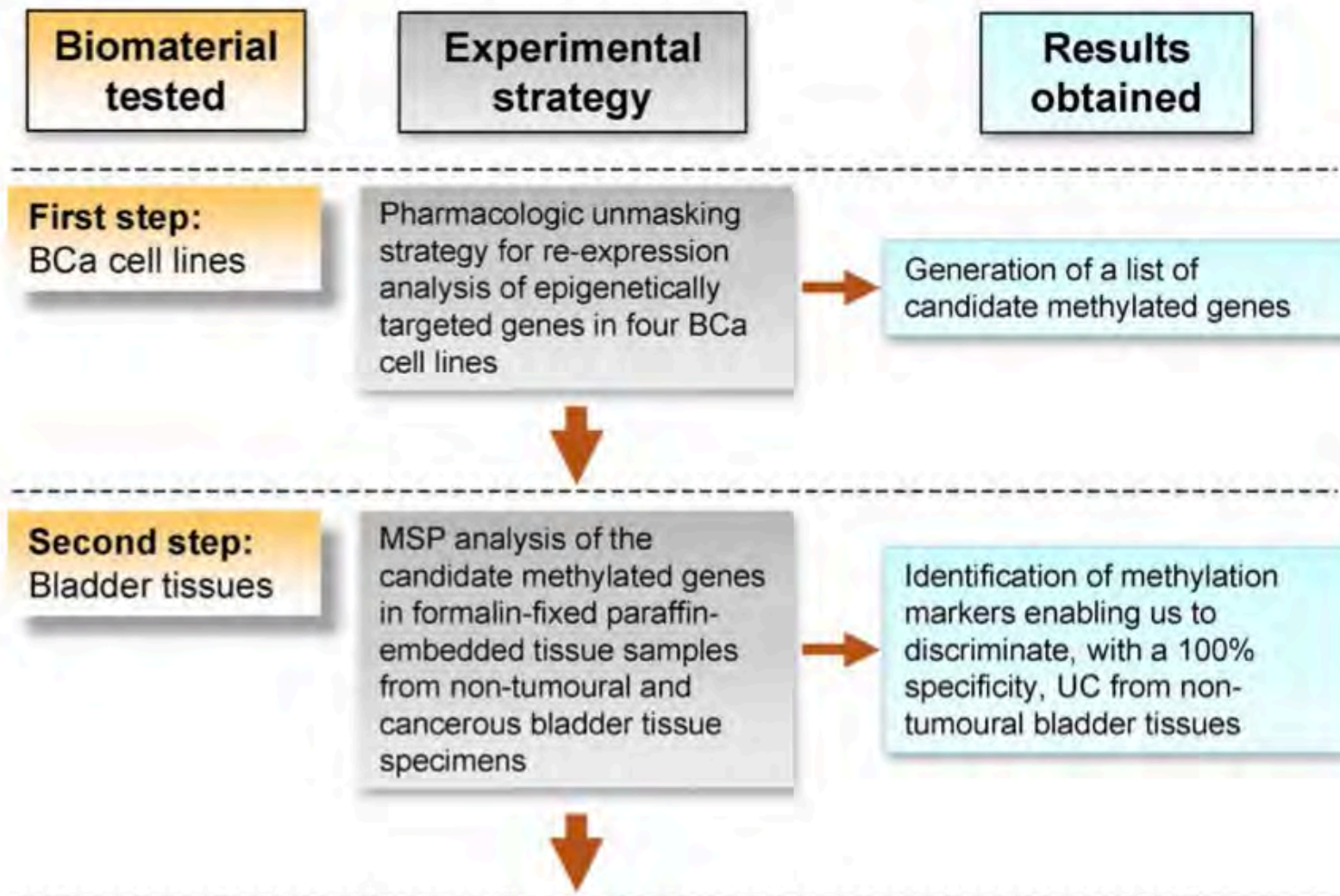


## Bladder Cancer

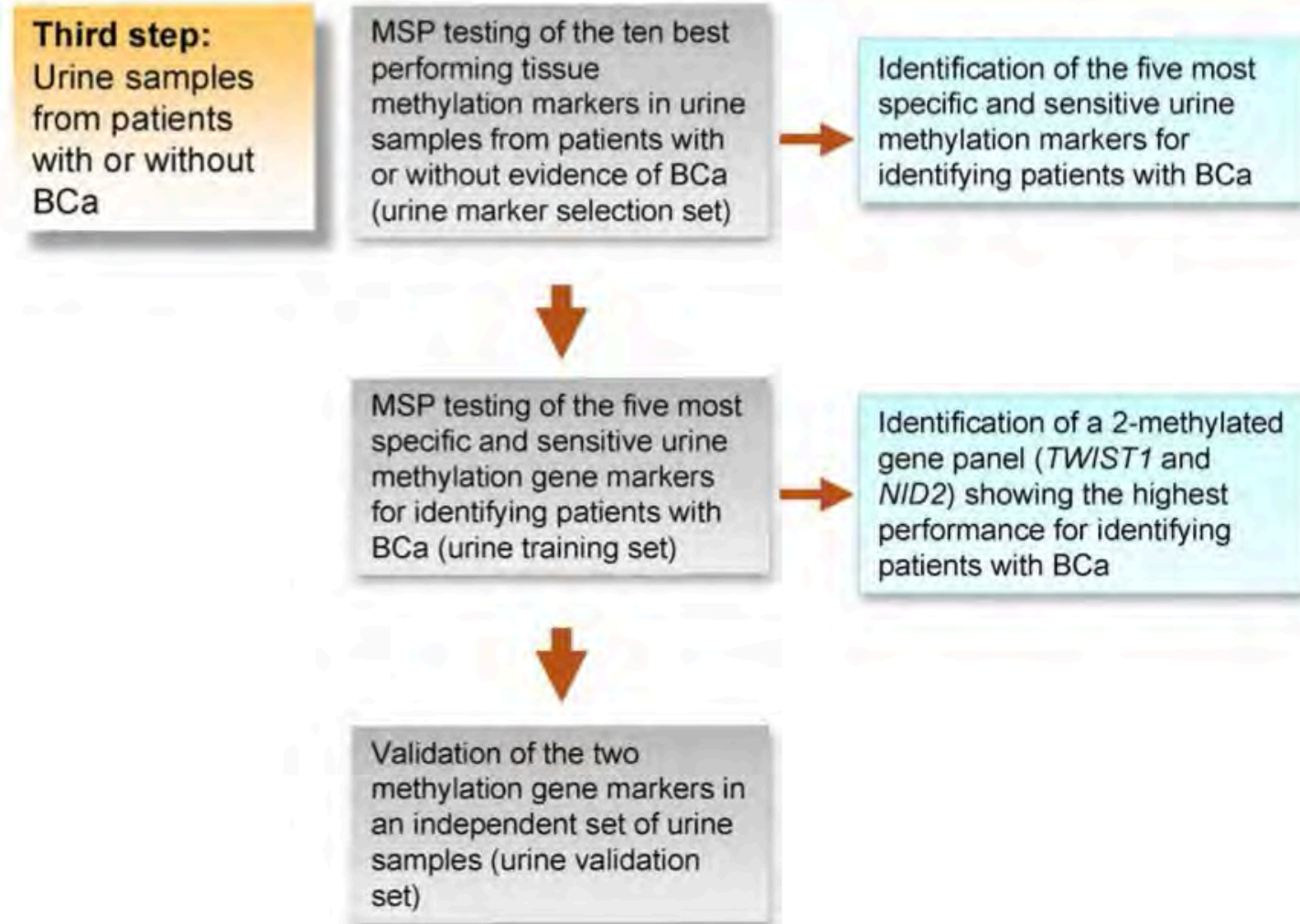
# Identification and Validation of the Methylated *TWIST1* and *NID2* Genes through Real-Time Methylation-Specific Polymerase Chain Reaction Assays for the Noninvasive Detection of Primary Bladder Cancer in Urine Samples

*Isabelle Renard<sup>a</sup>, Steven Joniau<sup>b</sup>, Ben van Cleynenbreugel<sup>b</sup>, Catherine Collette<sup>a</sup>,  
Christophe Naômé<sup>a</sup>, Ilse Vlassenbroeck<sup>a</sup>, Hubert Nicolas<sup>c</sup>, Jean de Leval<sup>d</sup>, Josef Straub<sup>a</sup>,  
Wim Van Criekinge<sup>a</sup>, Wissem Hamida<sup>d</sup>, Majed Hellel<sup>d</sup>, Alexandre Thomas<sup>d</sup>,  
Laurence de Leval<sup>e,f</sup>, Katja Bierau<sup>a</sup>, David Waltregny<sup>d,f,\*</sup>*

# Bladder Confirm MDx



# Bladder Confirm MDx



# Biomarkers validated by independent studies

DNA AND CELL BIOLOGY  
Volume 32, Number 7, 2013  
© Mary Ann Liebert, Inc.  
Pp. 386–392  
DOI: 10.1089/dna.2013.2030

## Hypermethylation of *TWIST1* and *NID2* in Tumor Tissues and Voided Urine in Urinary Bladder Cancer Patients

Zeynep Yegin,<sup>1</sup> Sezgin Gunes,<sup>1</sup> and Recep Buyukalpelli<sup>2</sup>

Bladder cancer like other cancers arises from the accumulation of many genetic and epigenetic changes that lead to the activation of proto-oncogenes or inactivation of tumor suppressor genes. We aimed to investigate the methylation patterns of *Twist homolog 1 (TWIST1)* and *nidogen-2 (NID2)* genes in bladder cancer. Fifty six histologically confirmed bladder tumor samples and paired 24 urine samples constituted the study group and was compared with 15 age- and gender-matched noncancerous individuals. DNA was purified from both tumor and urine samples. The methylation status of the two genes was analyzed by methylation-specific polymerase chain reaction (MSP) in both urinary bladder cell carcinoma samples and urine samples. Sensitivity and specificity values of the method were assessed and compared with the results of the cytology test. Me-

of the urine samples, respectively. The sensitivity of *TWIST1* and *NID2* genes (87.5% and 95.8% in urine samples, respectively), was higher compared with urine cytology (62.5%) for cancer detection. The sensitivity of any of the two genes was 88.8% (8/9) for low-grade cases. The sensitivity of urine cytology was 33.3% for the same low-

grade cases. To be used in the early noninvasive diagnosis of bladder cancer, the combined methylation analysis of *TWIST1* and *NID2* genes may be a simple, noninvasive, sensitive, and specific method for detecting cancer cells in urine.

# Biomarkers validated by independent studies

OPEN ACCESS Freely available online

PLOS ONE

## Diagnosis of Bladder Cancer Recurrence Based on Urinary Levels of *EOMES*, *HOXA9*, *POU4F2*, *TWIST1*, *VIM*, and *ZNF154* Hypermethylation

Thomas Reinert<sup>1</sup>, Michael Borre<sup>2</sup>, Anders Christiansen<sup>1</sup>, Gregers G. Hermann<sup>3</sup>, Torben F. Ørntoft<sup>1</sup>, Lars Dyrskjød<sup>1\*</sup>

**1** Department of Molecular Medicine, Aarhus University Hospital, Aarhus, Denmark, **2** Department of Urology, Aarhus University Hospital, Aarhus, Denmark, **3** Department of Urology, Frederiksberg Hospital, Copenhagen University, Frederiksberg, Denmark

### Abstract

**Background:** Non muscle invasive bladder cancer (NMIBC) has the highest recurrence rate of any malignancy and as many as 70% of patients experience relapse. Aberrant DNA methylation is present in all bladder tumors and can be detected in urine specimens. Previous studies have identified DNA methylation markers that showed significant diagnostic value. We evaluated the significance of the biomarkers for early detection of tumor recurrence in urine.

**Methodology/Principal Findings:** The methylation levels of *EOMES*, *HOXA9*, *POU4F2*, *TWIST1*, *VIM*, and *ZNF154* in urine specimens were measured by real-time PCR (MethyLight). We analyzed 390 urine sediments from 184 patients diagnosed with NMIBC. Urine from 35 age-matched control individuals was used to determine the methylation baseline levels. Recurrence was diagnosed by cystoscopy and verified by histology. Initially, we compared urine from bladder cancer patients and healthy individuals and detected significant hypermethylation of all six markers ( $P < 0.0001$ ) achieving sensitivity in the range 82%–89% and specificity in the range 94%–100%. Following, we validated the urinary hypermethylation for use in recurrence surveillance and found sensitivities of 88–94% and specificities of 43–67%. *EOMES*, *POU4F2*, *VIM* and *ZNF154* were more frequently methylated in urine from patients with higher grade tumors ( $P \leq 0.08$ ). Univariate Cox regression analysis showed that five markers were significantly associated with disease recurrence; *HOXA9* (HR=7.8,  $P=0.006$ ), *POU4F2* (HR=8.5,  $P=0.001$ ), *TWIST1* (HR=12.0,  $P=0.015$ ), *VIM* (HR=8.0,  $P=0.001$ ), and *ZNF154* (HR=13.9,  $P < 0.001$ ). Interestingly, for one group of patients ( $n=15$ ) we found that hypermethylation was consistently present in the urine samples despite the lack of tumor recurrences, indicating the presence of a field defect.

**Conclusion/Significance:** Methylation levels of *EOMES*, *HOXA9*, *POU4F2*, *TWIST1*, *VIM*, and *ZNF154* in urine specimens are promising diagnostic biomarkers for bladder cancer recurrence surveillance.

# Biomarkers validated by independent studies



ORIGINAL ARTICLE

## A Noninvasive Multianalyte Urine-Based Diagnostic Assay for Urothelial Cancer of the Bladder in the Evaluation of Hematuria

R. Jeffrey Kames, MD; Cecilia A. Fernandez, PhD; and Anthony P. Shuber, MS

### Abstract

**Objective:** To test whether a noninvasive urine-based multianalyte diagnostic readout assay that uses protein and DNA biomarkers can risk stratify patients with hematuria into those who are or are not likely to have bladder cancer and those who should receive standard care.

**Patients and Methods:** This prospective, observational, multicenter, single-assessment study was conducted between June 12, 2009, and April 15, 2011. Eligible patients presented with hematuria and as part of their evaluation underwent cystoscopy. Urine samples were analyzed for the presence of mutant *FGFR3* and quantified matrix metalloproteinase 2 and the hypermethylation of *TWIST1* and *NID2*. A patient's chance of having (positive predictive value [PPV]) or not having (negative predictive value [NPV]) cancer was determined by *FGFR3* alone or by all 4 biomarkers, respectively.

**Results:** Cystoscopy/biopsy diagnosed 690 of 748 patients as negative and 58 as positive for bladder cancer. Of 21 patients identified by *FGFR3* as highly likely to have cancer, 20 were also positive by cystoscopy/biopsy, resulting in a PPV of 95.2% (20 of 21), with specificity of 99.9% (689 of 690). The 4-marker combination identified 395 patients as having a low likelihood of cancer. Of these, 56.2% (388 of 690) also had negative biopsy/cystoscopy findings, resulting in an NPV of 98.2% (388 of 395). In total, 416 of the 748 patients with hematuria (55.6%) were identified with extremely high NPV and PPV to have or not have bladder cancer.

**Conclusion:** This multianalyte assay accurately stratified patients with high confidence into those who likely do or do not have bladder cancer. This test was developed to enhance and not to eliminate referrals for urologic evaluation.

# Biomarkers validated by independent studies

## MP-06.01

### A 3-Gene DNA-Methylation Biomarker Panel Sensitively Detects Bladder Cancer and Discriminates Between High-grade and Low-grade Disease in Voided Urine

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**Introduction and Objectives:** Voided urine provides an excellent source of exfoliated bladder cells and is ideal to detect bladder cancer (BC) biomarkers. Using two different genome-wide methylation-array profiling platforms

in Toronto, CA and Liège, BE, several differential relevant genes (incl. TWIST1, NID2 and RUNX3) versus high grade (HG) BCs were commonly identified. Methylation of the 3 genes to identify BC in urine LG and HG BC.

**Methods:** Voided urine from patients with LG (n=34) as well as from BC-free controls (noBC, n=34) was analyzed in the urinary assay. Methylation levels (percent methylated) were obtained for each sample. Association between LG disease vs. noBC was investigated using pairwise comparisons (BC versus no BC; HG versus noHG) using Mann-Whitney U-test. Univariate regression models were used to create ROC curves and combined biomarker discrimination, respectively detecting BC (versus no BC) and HG (versus LG) the area under the curve (AUC).

**Results:** Median PMRs for HG, LG and no BC were significantly different for each gene (TWIST1: HG: 22, LG: 1, noBC:0; NID2: HG: 27.4, LG: 7.5, noBC: 4.7; RunX3: HG:3.5, LG:0.01, noBC: 0; all p<0.001). The PMRs for all genes were significantly higher in BC than in noBC cases (all p<0.001) and in HG BC compared to LG/noBC cases (all p<0.001). The AUC to predict BC was 0.83 (95%CI: 0.76-0.9) for TWIST1, 0.81 (95%CI: 0.72-0.89) for NID2 and 0.73 (95%CI: 0.64-0.82) for RunX3. The AUC to predict HG BC was 0.86 (95%CI: 0.78-0.94) for TWIST1, 0.8 (95%CI: 0.71-0.9) for NID2 and 0.77 (95%CI: 0.67-0.86) for RunX3. When combining all 3 genes, the AUC was 0.87 (95%CI: 0.8-0.94) to predict BC and 0.87 (95%CI: 0.79-0.95) to predict HG BC.

**Conclusions:** Combination of the 3 epigenetic markers is a very promising tool for sensitive and specific detection of BC and discrimination between HG and LG BC in voided urine.

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**Conclusions:** Combination of the 3 epigenetic markers is a very promising tool for sensitive and specific detection of BC and discrimination between HG and LG BC in voided urine.



# Overview DNA based bladder cancer markers

detection

prognosis

TWIST1  
NID2

epigenetic

# Overview DNA based bladder cancer markers

## detection

## prognosis

TWIST1  
NID2  
VIM

OSR1  
ONECUT  
2  
OTX1

GSTP1  
RASSF1  
A  
APC

FHIT  
LAMC2  
SFRP1  
PMF1  
ISL1

epigenetic

p16  
CHH1  
MLL2  
ARID1A  
KDM6A

RUNX3  
TIMP3  
SOX1  
HIC1  
LINE1  
HOXA9

ALDH1A3  
PCDH7  
ITIH5  
KLF4

genetic

FGFR3  
P53  
hTERT

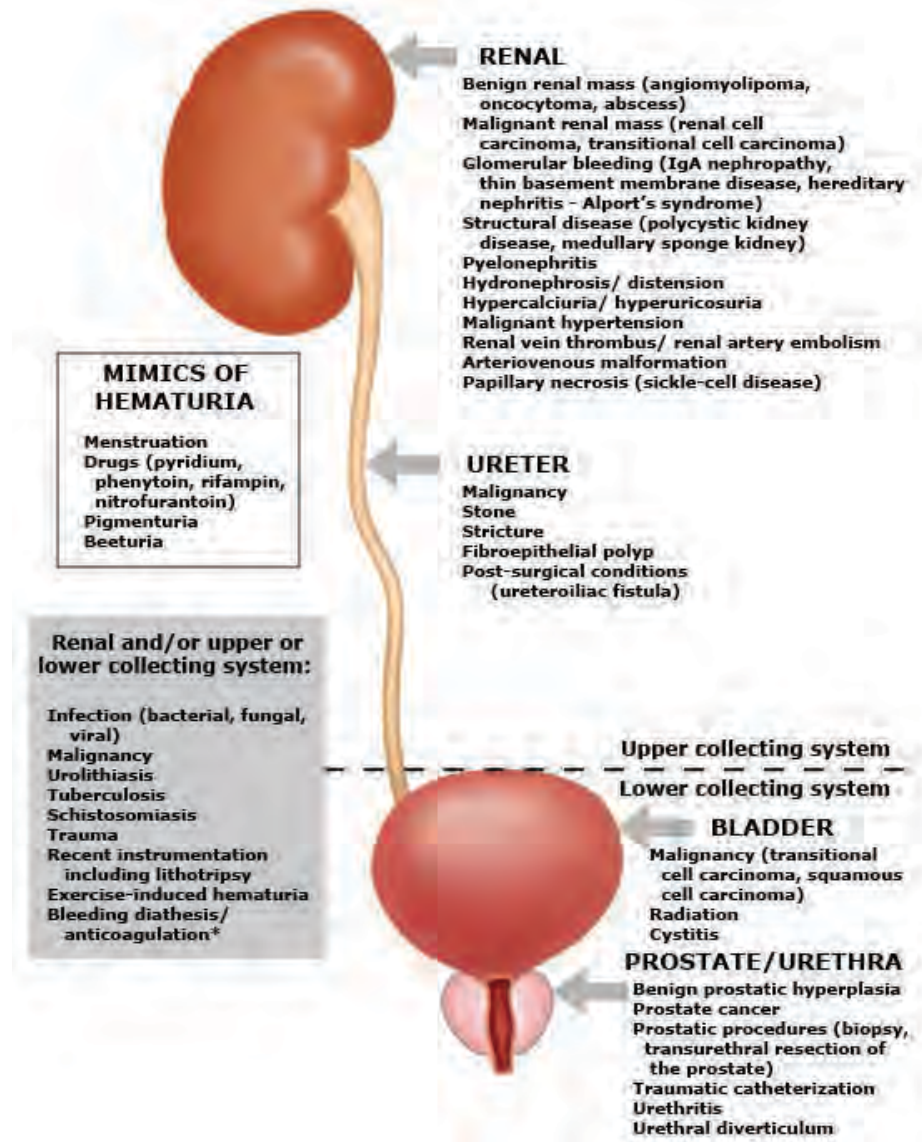
EP300, MLL3, MLL2, ARID1A, KDM6A, ATM, ATRX, BRCA2, ATR, STAG2, ERCC2, PDGFRA, CDKN2A, RB1, CDKN1A, NF1, PIK3CA, FBXW7, CDH1, NFE2L2, MALAT1, NCOR1, PRX

# Select best biomarker panel for detecting BC in urine of patients with Hematuria

## Hematuria



## Bladder tumor 3-28%



# Validation Study / case-control / 160 Patients

MSP

TWIST1  
NID2

(TWIST1 neutral)

SNaPshot

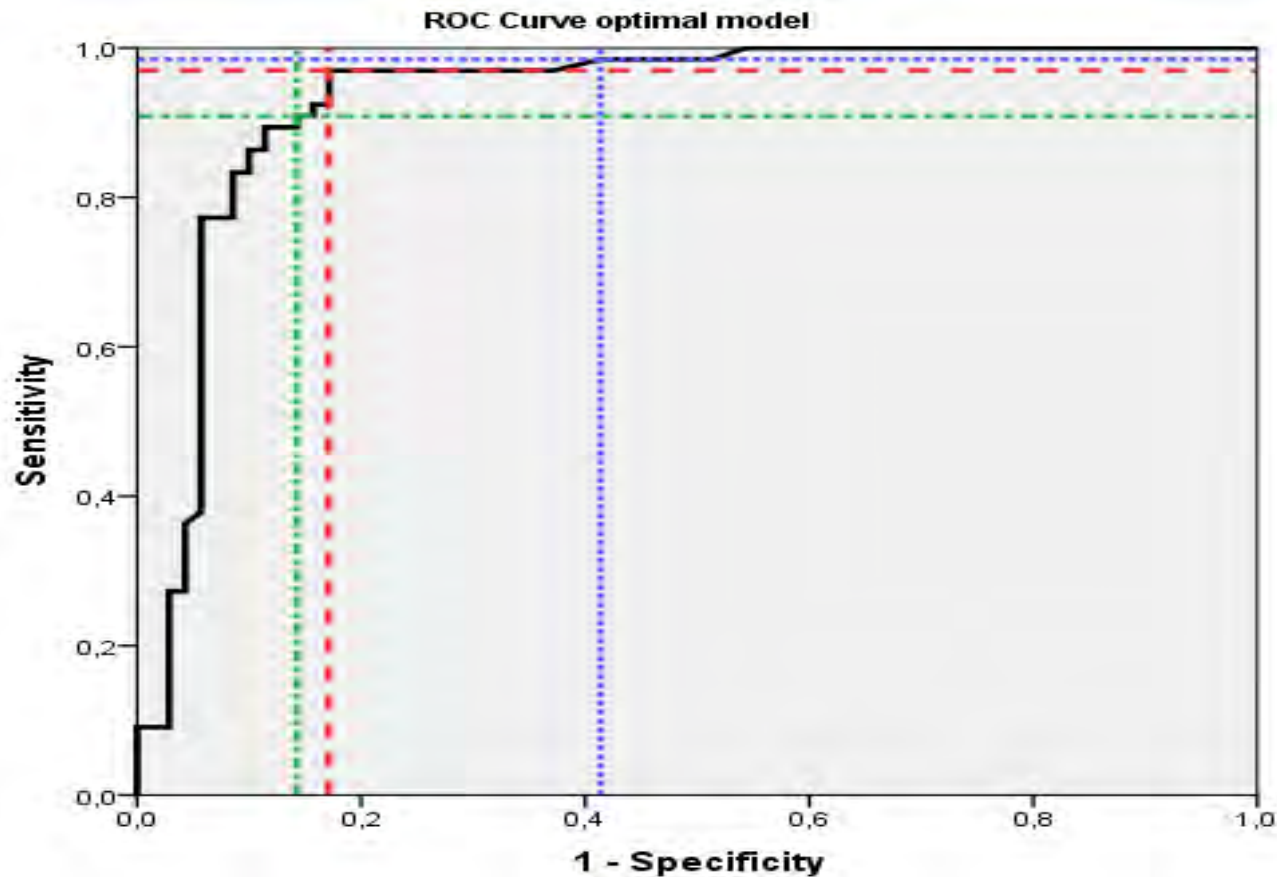
ONECUT2  
OTX1

Mutation

FGFR3  
TERT  
PIK3CA  
KRAS  
NRAS  
HRAS

# Optimal model: NPV > 99%, 97%

sensitivity



Line	Cut-off	Sensitivity (%)	Specificity (%)	PPV 5% prev	PPV 10% prev	NPV 5% prev	NPV 10% prev
	0.1233907	98.5	58.6	11.3	21.0	1	99.8
	0.1965208	97.0	82.9	23.2	38.8	99.9	99.6
	0.3530504	90.9	85.7	25.4	41.6	99.5	98.8

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# Conclusions

- A limited number of bladder cancer specific methylation markers can be measured in urine to accurately detect the presence of bladder cancer in hematuria patients
- ConfirmMDx for Bladder can be used as a rule-in for cystoscopy (in case of hematuria) with a very high NPV and very high sensitivity thereby resulting in a significant reduction in the number of cystoscopies.
- It represents a significant improvement in PPV as compared to standard of care. Potential in the recurrence setting is actively investigated



# Q&A

## Epigenetics

- Introduction
- DNA Methylation & Oncology

## MDxHealth

- *NEXT-GEN*eration (Epi)genetic biomarkers
- Prostate Epigenetic Biomarkers
  - confirmMDx & Beyond
- Bladder Epigenetic Biomarkers